# **Job Profile: Health Improvement Practitioner**

**Job Title: Health Improvement Practitioner** 

Salary Range: £34,629 - £40,171

This job profile is for use during recruitment, setting objectives as part of the performance management process and other people management purposes. It does not form part of an employee's contract of employment.

### **About Camden Learning**

Camden Learning is a local education partnership established in 2017 and jointly owned by Camden Council and Camden's schools. A company limited by guarantee, it was created for the benefit of all our children and schools, with a core focus on school improvement. We have made good progress in building Camden Learning and developing greater capacity locally for a school-led system. We have a strong relationship with schools and have worked closely with leaders to put the architecture in place to provide stronger and more creative connections between them.

We have a fantastic opportunity for an enthusiastic, self-motivated and innovative children and young people's Health Improvement Practitioner to develop, deliver and evaluate health improvement interventions with children, young people and families. The post holder will be required to work with early years, schools, after school clubs, youth clubs and holiday clubs and provide training, advice and support, that aim to prevent obesity and address other Public Health priority areas

#### **About The Role**

We are seeking an enthusiastic, self-motivated and innovative children and young people's Health Improvement Practitioner to develop, deliver and evaluate health improvement interventions with children, young people and families, and provide training, advice and support, that aim to prevent obesity and address other Public Health priority areas such as immunisations, early years, breastfeeding, asthma, smoking prevention and other health-related topic areas. The post holder will be required to work across a variety of settings including early years, schools, after school clubs, youth clubs and holiday clubs and support settings to achieve healthy setting awards, as well as undertake other related activities to support health improvement outcomes for settings. The post holder will also work in partnership with colleagues from within Camden Learning and across Camden Council, to work towards shared goals including increasing uptake to the Healthy Start scheme and supporting Camden Learning and schools to improve school attendance.

The successful candidate will be based in Camden Learning and be part of the Health and Wellbeing Team which is commissioned by Public Health. The team offers a two-tiered approach, comprising both universal health improvement to children and young people in Camden as well as more targeted interventions to groups considered at higher risk.

# Outcomes or objectives that this role will deliver:

In this role you will be required to support the delivery of the Little Steps to Heathy Lives Programme (aligned to Healthy Early Years London), including the roll out to childminders and private, voluntary and independent nurseries

You will be required to engage Early Years settings and other settings including schools, after school clubs and holiday schemes, with a whole setting approach to health improvement, including engaging in healthy setting awards.

You will be developing, delivering and evaluating evidence-based health improvement interventions that encourage children, young people and families to be physically active, eat healthily and engage in positive health behaviours

You will support the delivery of the universal offer to children and young people's settings with a focus on demonstrable improvements to health outcomes including onward referrals to public health services.

You will be required to deliver and evaluate training to staff and settings with demonstrable outcomes, including training staff to hold effective conversations on weight and weight related behaviours.

You will be expected to be proactive and use initiative to ensure that performance objectives are achieved as well as supporting a range of topic areas and undertake other related health improvement activities.

#### **About You**

It is essential for this role that you have a degree in Public Health/Health Promotion/Health Improvement/Nutrition/Physical Activity or equivalent knowledge gained in a health improvement role with responsibility across Public Health priority areas such as supporting the best start in life, healthy eating, and physical activity as well as knowledge of up-to-date Public Health guidance

You will need experience of developing and directly delivering evidence-based health improvement interventions including knowledge of how to evaluate changes in behaviour.

Experience of working directly with children and young people is essential.

The successful candidate will have an understanding/experience of working with Early Years settings and partners from the public, private and third sector to facilitate health improvement activities.

You will have excellent communication skills that ensure complex messages can be communicated appropriately to different audiences.

You will be required to have intermediate MS Office experience and work as part of a multi-disciplinary health improvement team

#### **Work Environment:**

The main base of work is the office at 5 Pancras Square, though the post holder may be expected to work remotely and from other settings when required. Much of the work will take place in the community at settings such as children's centres, nurseries and schools.

# **People Management Responsibilities:**

No management responsibility

# **Relationships:**

The post holder will work closely with the Integrated Early Years' Service, children's centres, Camden primary and secondary schools, After School Clubs, Youth settings and colleagues within Camden Learning.

# **Diversity & Inclusion**

We want Camden Learning to be a great place to work and to ensure that our communities are represented across our workforce. A vital part of this is ensuring we are a truly inclusive organisation that encourages diversity in all respects, including diversity of thinking. We particularly welcome applications from Black, Asian and those of Other Ethnicities, LGBT+, disabled and neurodiverse communities to make a real difference to our residents so that equalities and justice remains at the heart of everything we do.

# **Asking for Adjustments**

Camden Learning is committed to making our recruitment practices barrier-free and as accessible as possible for everyone. This includes making adjustments or changes for disabled people, neurodiverse people or people with long-term health conditions. If you would like us to do anything differently during the application, interview or assessment process, including providing information in an alternative format, please contact us on 020 7974 6655, at resourcing@camden.gov.uk or post to 5 Pancras Square, London, N1C 4AG.