

Job Profile Information: *Health and Wellbeing Consultant-Mental Health*

This supplementary information for *Health and Wellbeing Consultant-Mental Health* is for guidance for Job Level 3 Zone 2

Camden Way Category 3

It is for use during recruitment, setting objectives as part of the performance management process and other people management purposes. It does not form part of an employee's contract of employment.

Role Purpose:

To lead on the introduction, development and delivery of support to Camden schools on positive mental health and resilience, including using the Islington mental health and resilience in schools (iMHARS) framework:

Example outcomes or objectives that this role will deliver:

- To work with senior leaders and staff responsible for mental health in Camden schools to audit practice, identify strengths and challenges and identify ways forward, using the iMHARS framework
- To provide advice and guidance to Camden schools of evidence based practice to support children and young people's mental health and resilience
- To promote a whole school approach to mental health and resilience across Camden schools and facilitate inter-school working and sharing of good practice
- To provide training for schools and in other settings, where relevant, on mental health and wellbeing, implementing a whole school approach and related issues to improve mental health outcomes for children, young people and their families
- To identify, develop, produce, disseminate and evaluate creative and accessible guidance that can be used across the statutory, voluntary and community sectors to improve the provision of mental health education and promotion for children, young people and their families.
- To provide workshops for parents and carers on supporting their children's mental health
- To support schools to record, monitor, report and evaluate mental health activities
- To target support for schools working with children, young people and families at risk of poorer health outcomes
- To monitor and provide regular updates of support to schools and of the implementation of iMHARS in Camden schools
- To undertake other duties commensurate to the grade of the post.

People Management Responsibilities:

- No Management responsibility

Relationships;

- To work as part of the Health and Wellbeing Team and contribute to the work on the Healthy School Programme
- To work with senior leaders, middle managers eg Mental Health Lead, PSHE Coordinator and teachers in schools
- To work in partnership with Islington's Health Improvement Consultant-mental health who will provide leadership, support and advice for the development and implementation of iMHARS in Camden
- To work with internal and external partners, agencies and services, including CAMHS and Educational Psychologists to meet the needs of Camden schools to support children and young people's mental health and wellbeing

Work Environment:

Office-based work and work with staff in schools

Technical Knowledge and Experience:

- Either: a relevant degree level qualification (for example psychology, public health), or a professional qualification of an equivalent level in education, health or social care
- Experience of working with staff in schools and other partners to effect change
- Substantial experience of strategic planning and project management
- Experience of facilitating and evaluating whole school reviews and staff training
- Ability to rapidly build credibility with busy teachers, senior school leaders and other school staff and earn their trust and confidence
- Excellent communication skills, including the ability to write clear and concise reports and communicate with, influence and motivate a wide range of people including head teachers, school staff and other professionals.
- Excellent understanding of children's mental health and the concept of resilience
- Highly developed understanding of schools
- Effective presentation and facilitation skills, including for staff professional development and parent workshops
- Ability to use initiative, organise and prioritise work, meet tight deadlines and to work both independently and as part of a team
- Strong practical problem-solving and project management skills and the ability to effectively use ICT to support and enhance the work
- Experience of working in collaboration with other agencies to promote positive outcomes for children and their families.
- Ability to put in place robust systems to evaluate work, demonstrate effectiveness and the impact on outcomes for children, young people and families

Camden Way Five Ways of Working

In order to continue delivering for the people of Camden in the face of ever increasing financial pressure, we need to transform the way we do things. We call this the Camden Way. The Camden Way is a key part of our transformation strategy often referred to as the transformation triangle which links the Camden Plan, the Camden Way and the Financial Strategy together.

The Camden Way illustrates the approach that should underpin everything we do through five ways of working:

- Deliver for the people of Camden
- Work as one team
- Take pride in getting it right
- Find better ways
- Take personal responsibility

For further information on the Camden Way please select the attached [HERE](#)