



## **DAYLIGHT & SUNLIGHT**

### **INTERNAL DAYLIGHT AND SUNLIGHT REPORT**

#### **Phoenix Yard**

65-69 Kings Cross Road, London WC1X 9LW

**22 January 2020**

GIA No: **14861**

## PROJECT DATA:

Client **RPS Group**  
Architect **Shepherd Epstein Hunter**  
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Project Number **14861**

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# 1 EXECUTIVE SUMMARY

The purpose of this report is to ascertain whether the proposed development will provide residential accommodation considered acceptable in terms of daylight and sunlight.

In accordance with BRE guidance, all habitable rooms have been assessed for daylight quantum (Average Daylight Factor - ADF) and distribution (No Sky Line - NSL and Room Depth Criterion - RDC).

All rooms but one significantly exceed the minimum levels recommended both for daylight quantum and distribution and will therefore offer excellent daylight amenity. The remaining room is a bedroom which achieves daylight quantity in line with guidance and marginally lower sky visibility. In addition, all rooms are designed in accordance with BRE's RDC, where applicable.

Living areas have also been assessed for sunlight, with reference to BRE's Annual Probable Sunlight Hours method of assessment. Excellent levels of sunlight can be seen in all living areas bar one, whose main window has a northerly aspect which inherently results in lower sunlight availability. This living area will however benefit from excellent levels of daylight, well above the minima recommended.

We can therefore conclude that the proposed scheme makes excellent use of the available daylight and sunlight and will provide future occupants with excellent daylight and sunlight amenity.

## 2 INTRODUCTION

The proposed development at 65-69 Kings Cross Road is for a two storey extension of the existing building to provide commercial and residential accommodation. Part of 69 Kings Cross Road will also be converted to residential.

GIA has been instructed to provide a report upon the potential availability of Daylight and Sunlight to the proposed residential accommodation within the scheme prepared by Shepherd Epstein Hunter. GIA was specifically instructed to carry out the following:

- To create a 3D computer model of the proposal based upon drawings prepared by Shepherd Epstein Hunter;
- Carry out a daylight assessment using the methodologies set out in the BRE guidance for Average Daylight Factor, No-Sky Line and Room Depth Criterion;
- Carry out a sunlight assessment using the methodologies set out in the BRE guidance for Annual Probable Sunlight Hours (APSH) to the fenestration facing within 90° of due south;
- Setting out the analysis and our findings.

### 3 BRE GUIDELINES

The Building Research Establishment (BRE) have set out in their handbook 'Site Layout Planning for Daylight and Sunlight a Guide to Good Practice (2011)', guidelines and methodology for the measurement and assessment of daylight and sunlight within proposed buildings.

The guide also provides advice on site layout planning to determine the quality of daylight and sunlight within open spaces between buildings.

It is important to note, however, that this document is a guide and states that its aim *"is to help rather than constrain the designer"*.

The document provides advice, but also clearly states that it *"is not mandatory and this document should not be seen as an instrument of planning policy."* The report also acknowledges in its introduction that *"in special circumstances the developer or planning authority may wish to use different target values. For example, in a historic city centre a higher degree of obstruction may be unavoidable if new developments are to match the height and proportions of existing buildings."*

It is an inevitable consequence of the built up urban environment that daylight and sunlight will be more limited in these areas. It is well acknowledged that in such situations there may be many other conflicting and potentially more important planning and urban design matters to consider other than just the provision of ideal levels of daylight and sunlight.

#### 3.1 DAYLIGHT

The BRE set out various methods for assessing the daylight within a proposed building within section 2.1 and Appendix C of the handbook. These are summarised below.

##### Vertical Sky Component (VSC)

This method of assessment can be undertaken using a skylight indicator or a Waldram diagram. It measures from a single point, at the centre of the window (if known at the early design stage), the quantum of sky visible taking into account all external obstructions. Whilst these obstructions can be either other buildings or the general landscape, trees are usually ignored unless they form a continuous or dense belt of obstruction.

The VSC method is a useful 'rule of thumb' but has some significant limitations in determining the true quality of daylight within a proposed building. It does not take into account the size of the window, any reflected light off external obstructions, any reflected light within the room, or the use to which that room is put. Appendix C of the guide goes into more detail on these matters and sets forward alternative methods for assessment to overcome these limitations.

Appendix C of the BRE guide: Interior Daylighting Recommendations, states:

*"The British Standard Code of practice for daylighting (BS 8206-2) and the CIBSE Lighting Guide LG 10 Daylighting and window design contain advice and guidance on interior daylighting. The guidance contained in this publication (BR 209) is intended to be used with BS 8206-2 and LG 10. Both these publications refer to BR 209."*

*For skylight BS 8206-2 and LG 10 put forward three main criteria, based on average daylight factor (ADF); room depth; and the position of the no sky line."*

These assessments are set out below.

##### Average Daylight Factor (ADF)

*"If a predominantly daylight appearance is required, then the ADF should be 5% or more if there is no supplementary electric lighting, or 2% or more if supplementary electric lighting is provided. There are additional recommendations for dwellings of 2% for kitchens, 1.5% for living rooms and 1% for bedrooms."*

*These additional recommendations are minimum values of ADF which should be attained even if a predominantly daylit appearance is not achievable."*

This method of assessment takes into account the total glazed area to the room, the transmittance quality of the glazing proposed, the total area of the room surfaces including ceilings and floors, and the internal average reflectance for the room being assessed. The method also takes into account the Vertical Sky Component and the quantum of reflected light off external surfaces.

This is, therefore, a significantly more detailed method of assessment than the Vertical Sky Component method set out above.

#### **Room Depth Criterion (RDC)**

Where it has access to daylight from windows in one wall only, the depth of a room can become a factor in determining the quantity of light within it. The BRE guidance provides a simple method for examining the ratio of room depth to window area. However, whilst it does take into account internal surface reflections, this method also has significant limitations in that it does not take into account any obstructions outside the window and therefore draws no input from the quantity of light entering the room.

#### **No Sky Line (NSL)**

This third method of assessment is a simple test to establish where within the proposed room the sky will be visible through the windows, taking into account external obstructions. The assessment is undertaken at working plane height (850mm above floor level) and the method of calculation is set out in Appendix D of the BRE handbook.

Appendix C of the BRE handbook states *"If a significant area of the working plane (normally more than 20%) lies beyond the no sky line (ie it receives no direct skylight) then the distribution of daylight in the room will look poor and supplementary electric lighting will be required."* To guarantee a satisfactory daylight uniformity, the area which does not receive direct skylight should not exceed 20% of the floor area, as quantified in the BS 8206 Part2 2008.

#### **Summary**

The Average Daylight Factor gives a more detailed assessment of the daylight within a room and takes into account the highest number of factors in establishing a quantitative output.

However, the conclusion of Appendix C of the BRE guide states:

*"[All three of] the criteria need to be satisfied if the whole of the room is to look adequately daylit. Even if the amount of daylight in a room (given by the Average Daylight Factor) is sufficient, the overall daylight appearance will be impaired if its distribution is poor."*

In most urban areas it is important to recognise that the distribution of daylight within a room may be difficult to achieve, given the built up nature of the environment. Consequently, most local authorities seek to ensure that there is sufficient daylight within the room as determined by the Average Daylight Factor calculation. However, the additional recommendations of the BRE and British Standard for residential accommodation, set out above, ought not to be overlooked.

## 3.2 SUNLIGHT

The BRE provide guidance in respect of sunlight quality for new developments within section 3.1 of the handbook. It is generally acknowledged that the presence of sunlight is more significant in residential accommodation than it is in commercial properties, and this is reflected in the BRE document.

It states, “in housing, the main requirement for sunlight is in living rooms, where it is valued at any time of the day, but especially in the afternoon. Sunlight is also required in conservatories. It is viewed as less important in bedrooms and in kitchens where people prefer it in the morning rather than the afternoon.”

The BRE guide considers the critical aspects of orientation and overshadowing in determining the availability of sunlight at a proposed development site.

The guide proposes minimizing the number of dwellings whose living room face solely north unless there is some compensating factor such as an appealing view to the north, and it suggests a number of techniques to do so. Further more, it discusses massing solutions with a sensitive approach to overshadowing, so as to maximize access to sunlight.

At the same time it acknowledges that the site’s existing urban environment may impose orientation or overshadowing constraints which may not be possible to overcome.

To quantify sunlight access for interiors where sunlight is expected, it refers to the BS 82606-2 criterion of Annual Probable Sunlight Hours. APSH is defined as “the total number of hours in the year that the sun is expected to shine on unobstructed ground, allowing for average levels of cloudiness at the location in question.” In line with the recommendation, APSH is measured from a point on the inside face of the window, should the locations have been decided. If these are unknown, sunlight availability is checked at points 1.6m above the ground or the lowest storey level on each main window wall, and no more than 5m apart. If a room has multiple windows on the same wall or on adjacent walls, the highest value of APSH should be taken into account. If a room has two windows on opposite walls, the APSH for each can be added together.

The summary of section 3.1 of the guide states as follows:

*“In general, a dwelling or non-domestic building which has a particular requirement for sunlight, will appear reasonably sunlit provided that:*

- *At least one main window faces within 90 degrees of due south, and*
- *The centre of at least one window to a main living room can receive 25% of annual probable sunlight hours, including at least 5% of annual probable sunlight hours in the winter months between 21 September and 21 March. ”*

In paragraph 3.1.11 the BRE guidance suggests that if a room faces significantly North of due East or West it is unlikely to meet the recommended levels proposed by the BS 8206-2. As such, it is clear that only windows facing within 90 degrees of due South can be assessed using this methodology.

It is also worth noting how paragraph 5.3 of the BS 8206-2 suggests that with regards to sunlight duration “the degree of satisfaction is related to the expectation of sunlight. If a room is necessarily north facing or if the building is in a densely-built urban area, the absence of sunlight is more acceptable than when its exclusion seems arbitrary”.



### 3.3 FURTHER RELEVANT INFORMATION

Further information can be found in The Daylight in Urban Areas Design Guide (Energy Saving Trust CE257, 2007) which provides the following recommendation with regards to VSC levels in urban areas:

*"If 'theta' (Visible sky angle) is greater than 65° (obstruction angle less than 25° or VSC at least 27 percent) conventional window design will usually give reasonable results.*

*If 'theta' is between 45° and 65° (obstruction angle between 25° and 45°, VSC between 15 and 27 percent), special measures such as larger windows and changes to room layout are usually needed to provide adequate daylight.*

*If 'theta' is between 25° and 45° (obstruction angle between 45° and 65°, VSC from 5 to 15 percent), it is very difficult to provide adequate daylight unless very large windows are used.*

*If 'theta' is less than 25° (obstruction angle more than 65°, VSC less than 5 percent) it is often impossible to achieve reasonable daylight, even if the whole window wall is glazed."*

## 4 METHODOLOGY

In order to undertake the daylight and sunlight assessments set out in the previous pages, we have prepared a three dimensional computer model and used specialist lighting simulation software.

The three dimensional representation of the proposed development has been modelled using the scheme drawings provided to us by Shepherd Epstein Hunter. This has been placed in the context of its surrounding buildings which have been modelled from photogrammetry and OS. This allows for a precise model, which in turn ensures that analysis accurately represents the amount of daylight and sunlight available to the building facades, internal and external spaces, considering all of the surrounding obstructions and orientation.

### 4.1 SIMULATION ASSUMPTIONS

Where no values for reflectance, transmittance and maintenance factor were specified by the designer the following values from *BS 8206-2:2008, Annex A, tables A.1-A.6* were used for the calculation of Average Daylight Factor values. These values are shown in Table 1.

A visible light transmittance of 0.70 has been assumed for glazed surfaces.

Table 01: Typical reflectance, transmittance and maintenance factors

REFLECTANCE VALUES:		MAINTENANCE FACTORS: GLAZING TYPE		TV (Normal)	A.3	A.4	A.5	A.6	TV (Total)
Surrounding	0.2	Triple Low-E (frames modelled)	0.63	8	1	1	1	1	0.58
Pavement	0.2	Triple Low-E (frames not modelled)	0.63	8	1	1	0.8	0.8	0.46
Grass	0.1	Triple Low-E (inclined, frames modelled)	0.63	8	2	1	1	1	0.53
Water	0.1	Triple Low-E (inclined, frames not modelled)	0.63	8	2	1	0.8	0.8	0.42
Yellow brick	0.3	Triple Low-E (horizontal, frames modelled)	0.63	8	3	1	1	1	0.48
Red brick	0.2	Triple Low-E (horizontal, frames not modelled)	0.63	8	3	1	0.8	0.8	0.38
Portland Stone	0.6								
Concrete	0.4								
Internal walls (light grey)	0.68	Double Low-E (frames modelled)	0.70	8	1	1	1	1	0.64
Internal ceiling (white paint)	0.85	Double Low-E (frames not modelled)	0.70	8	1	1	0.8	0.8	0.52
Internal floor (medium veneer)	0.3	Double Low-E (inclined, frames modelled)	0.70	8	2	1	1	1	0.59
Internal floor (light veneer)	0.4	Double Low-E (inclined, frames not modelled)	0.70	8	2	1	0.8	0.8	0.47
		Double Low-E (horizontal, frames modelled)	0.70	8	3	1	1	1	0.53
		Double Low-E (horizontal, frames not modelled)	0.70	8	3	1	0.8	0.8	0.43
		Single (frames modelled)	0.9	8	1	1	1	1	0.83
		Single (frames not modelled)	0.9	8	1	1	0.8	0.8	0.66
		Single (inclined, frames modelled)	0.9	8	2	1	1	1	0.76
		Single (inclined, frames not modelled)	0.9	8	2	1	0.8	0.8	0.60
		Single (horizontal, frames modelled)	0.9	8	3	1	1	1	0.68
		Single (horizontal, frames not modelled)	0.9	8	3	1	0.8	0.8	0.55
		Double Translucent Low-E (frames modelled)	0.74	8	1	1	1	1	0.68
		Double Translucent Low-E (frames not modelled)	0.74	8	1	1	0.8	0.8	0.54
		Double Translucent Low-E (inclined, frames modelled)	0.74	8	2	1	1	1	0.62
		Double Translucent Low-E (inclined, frames not modelled)	0.74	8	2	1	0.8	0.8	0.50
		Double Translucent Low-E (horizontal, frames modelled)	0.74	8	3	1	1	1	0.56
		Double Translucent Low-E (horizontal, frames not modelled)	0.74	8	3	1	0.8	0.8	0.45

TRANSMITTANCE VALUES	TV
Triple glazing (Low-E): Pilkington K Glass 4/12/4/12/4 Argon filled 90%	0.63
Double glazing (Low-E):	0.70
Single glazing: Pilkington Optifloat Clear 4mm Annealed	0.90
Translucent glazing (Low-E): Pilkington Optifloat Opal - 4mm K / 16/4mm Opal	0.74

## 5 CONCLUSIONS

### 5.1 CONCLUSIONS ON DAYLIGHT

In order to ascertain the levels of daylight within the proposed development, all the habitable rooms have been assessed for daylight quantum (expressed as Average Daylight Factor or ADF) and distribution (expressed as No Sky Line or NSL, and Room Depth Criterion or RDC). The assessment results are given in Section 7 of this report.

The assessments show that the proposed development sees levels of daylight in line with or above guidance for ADF, with a number of rooms significantly exceeding the minimum recommendations.

In terms of daylight distribution, eight of the nine rooms meet or exceed BRE's recommendation for NSL, thus providing good levels of sky visibility. The only room falling short of recommendation does so only marginally. In addition, all rooms have been designed in accordance with BRE's RDC.

Overall, the proposed development offers excellent daylight amenity for its future occupants.

### 5.2 CONCLUSIONS ON SUNLIGHT

BRE states that sunlight is most appreciated in living areas and the greatest expectation of sunlight is within south facing rooms. Therefore, Probable Sunlight Hours assessments have been undertaken both annually (ASPH) and in winter (WPSH) for all living rooms with a window facing within 90 degrees of due south.

The results given in Section 7 show that the proposed development delivers very well sunlit living areas, overall. Three of the four living rooms significantly exceed both annual and winter levels of PSH recommended by BRE, with levels throughout the year between 56% and 64% (where 25% is the minimum recommended) and in winter between 18% and 23% (when 5% is the minimum recommended).

The only living room falling short of recommendation does so owing to its main aspect being northerly, which means it has a lower expectation for sunlight. Its secondary window is oriented within 90 degrees of due south and as such the room has been assessed. However, this secondary window looks into the courtyard, where the access to sunlight is inherently restricted. Nevertheless, this room achieves an ASPH level of 19%, compared to the 25% recommended for rooms with a southerly aspect. In winter, low-angle sunlight is more obstructed as is typical of courtyard arrangements. It should be noted that this room enjoys excellent daylight levels, well above the minimum, and will therefore still be bright even with lower levels of direct sunlight.

Overall, we can conclude that the proposed development offers very good levels of sunlight throughout the year.

## 6 SITE OVERVIEW

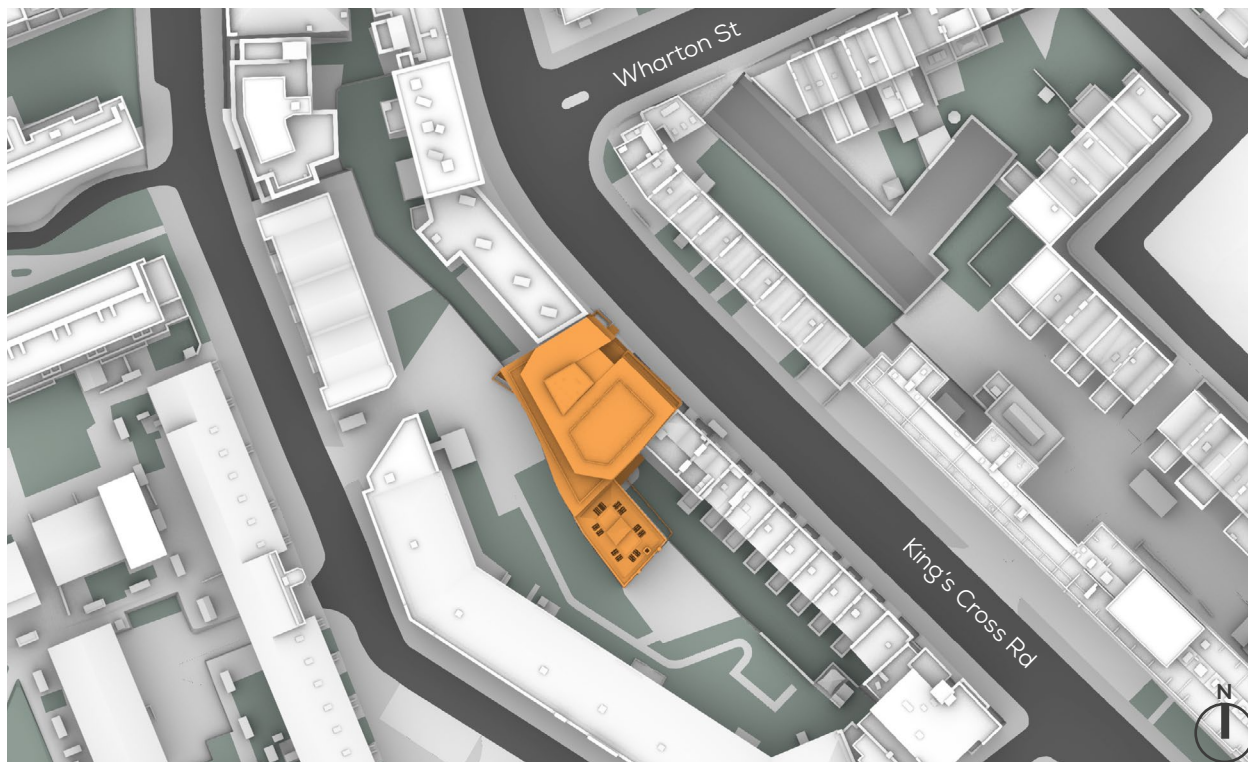


Fig. 01: Top view

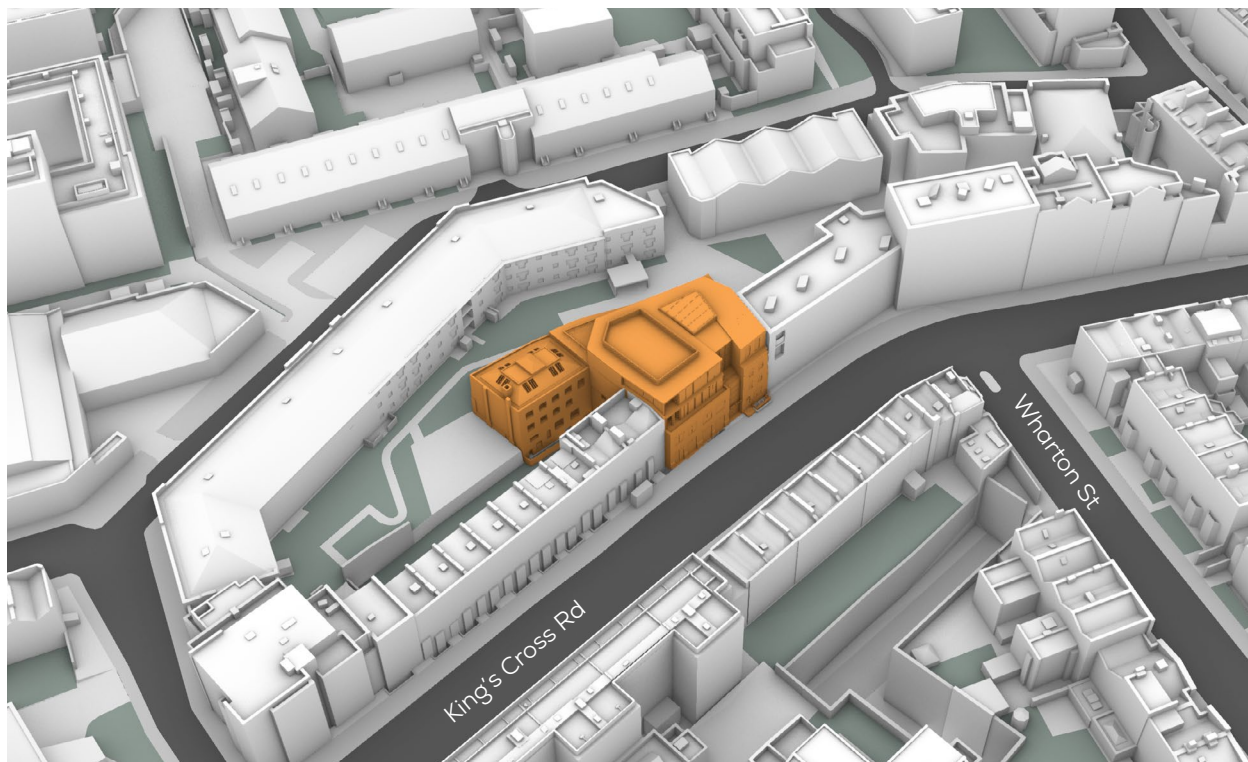


Fig. 02: Perspective view

# 7 INTERNAL DAYLIGHT AND SUNLIGHT ASSESSMENTS

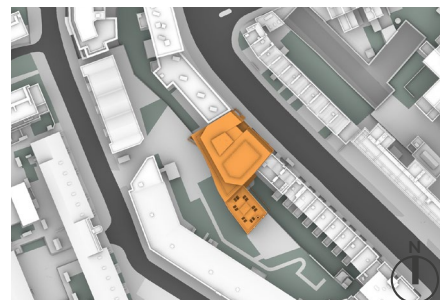
## First Floor

		DAYLIGHT QUANTUM	DAYLIGHT DISTRIBUTION		SUNLIGHT QUANTUM (PROBABLE SUNLIGHT HOURS)	
ROOM REF.	ROOM USE	ADF (%)	NSL (%)	RDC	ANNUAL	WINTER
PHOENIX YARD - FIRST FLOOR						
1	L/K/D	3.4	99	N/A	56	18
2	Bedroom	1	77	MET		
3	Bedroom	1.6	96	MET		

Table 02: Assessment Data



Fig. 03: Floor Plan





Second Floor

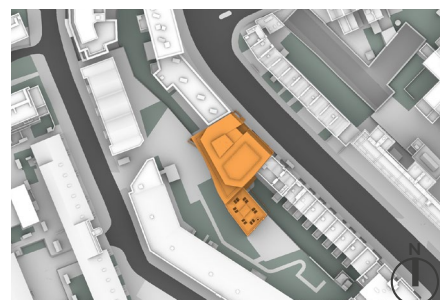
		DAYLIGHT QUANTUM	DAYLIGHT DISTRIBUTION		SUNLIGHT QUANTUM (PROBABLE SUNLIGHT HOURS)	
ROOM REF.	ROOM USE	ADF (%)	NSL (%)	RDC	ANNUAL	WINTER
PHOENIX YARD - SECOND FLOOR						
4	Studio	2.8	100	N/A	64	23
5	Living Room	5.1	100	MET	19	0
6	Bedroom	2.2	97	MET		

Table 03: Assessment Data





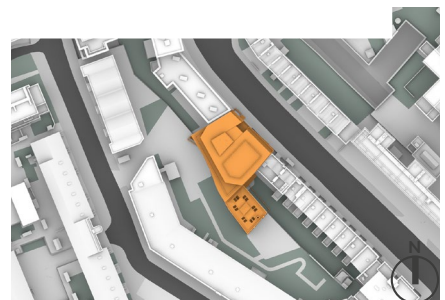
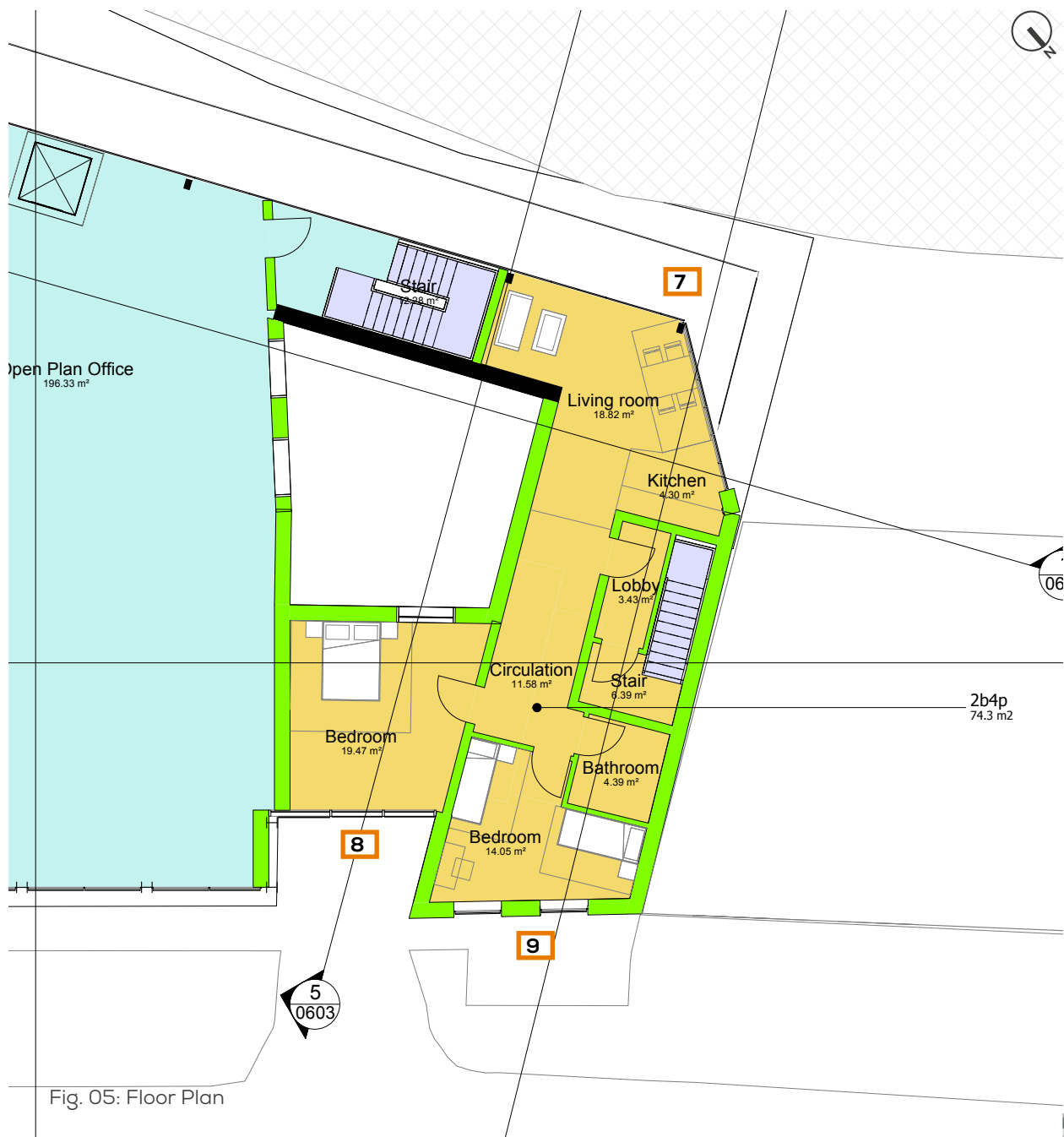
Fig. 04: Floor Plan



Third Floor

		DAYLIGHT QUANTUM	DAYLIGHT DISTRIBUTION		SUNLIGHT QUANTUM (PROBABLE SUNLIGHT HOURS)	
ROOM REF.	ROOM USE	ADF (%)	NSL (%)	RDC	ANNUAL	WINTER
PHOENIX YARD - THIRD FLOOR						
7	Living Room	13.4	100	N/A	63	23
8	Bedroom	5.8	100	N/A		
9	Bedroom	4.2	99	MET		

Table 04: Assessment Data



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