Ambassadors Hotel London

Plant Noise Assessment Report

27054/PNA1

27 August 2019

For:

MTT Limited 9 Kingsway London WC2B 6XF



Hann Tucker Associates

Consultants in Acoustics Noise & Vibration



Plant Noise Assessment Report 27054/PNA1

Document Control

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1.0 Introduction

A redevelopment of the building services at Ambassadors Hotel is planned, involving the installation of new building services on the plant roof.

Hann Tucker Associates have therefore been commissioned to undertake a noise survey to set emission criteria for the proposed plant using the London Borough of Camden's guidance. Following this, noise from the proposed plant units will be assessed to neighbouring noise sensitive receptors to attain the suitability of proposals.

2.0 Objectives

To inspect the site to familiarise ourselves with its layout and surroundings in order to identify suitable accessible locations for environmental noise measurements.

To establish by means of an unmanned 24 hour survey the existing L_{Amax}, L_{Aeq} and L_{A90} environmental road, rail and air traffic noise levels at a single secure and accessible on-site position, using fully computerised noise monitoring equipment.

Measurement procedures shall be in general accordance with those described in BS 4142: 2014, Method for rating industrial noise affecting mixed residential areas, published by the British Standards Institution.

The survey will enable noise emission limits from the development to be identified with reference to the requirements of the Local Authority and the application of BS 4142: 2014 and to minimise the possibility of noise nuisance by neighbours.

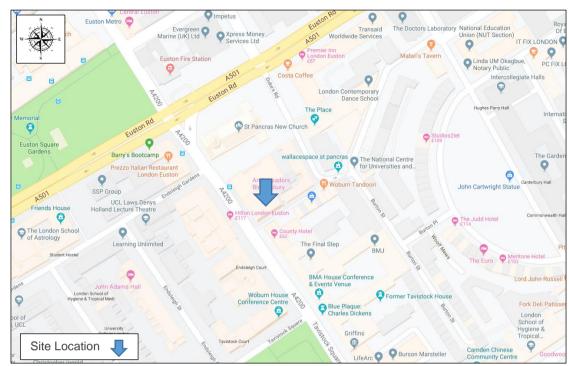
To assess the noise emissions from the proposed plant based upon data with which we are provided/manned measurements and comment upon the acceptability.

To advise on noise control measures if required with reference to the requirements of the Local Authority.

3.0 Site Description

3.1 Location

The site is located at Ambassadors Hotel, 12 Upper Woburn Place, Bloomsburry, London. The location of the site is shown in the Location Map overleaf.



Location Map (Map Data © 2019 Google)

The site falls within the jurisdiction of the London Borough of Camden.

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3.2 **Description**

The site is shown in the Site Plan below.



Site Plan (Imagery ©2019 The GeoInformation group, Map Data ©2019 Google)

4.0 Acoustic Terminology

For an explanation of the acoustic terminology used in this report please refer to Appendix A enclosed.

5.0 Acoustic Standards and Guidelines

5.1 Noise Policy Statement for England

The Noise Policy Statement for England (NPSE) was published in March 2010 (i.e. before the NPPF). The NPSE is the overarching statement of noise policy for England and applies to all forms of noise other than occupational noise, setting out the long term vision of Government noise policy which is to:

"Promote good health and a good quality of life through the effective management of noise within the context of Government policy on sustainable development."

That vision is supported by the following NPSE noise policy aims which are reflected in three of the four aims of planning policies and decisions in paragraph 123 of the NPPF (see paragraph 8.2 (b) below):

"Through the effective management and control of environmental, neighbour and neighbourhood noise within the context of Government policy on sustainable development:

- avoid significant adverse impacts on health and quality of life;
- mitigate and minimise adverse impacts on health and quality of life; and
- where possible, contribute to the improvement of health and quality of life."

The Explanatory Note to the NPSE has three concepts for the assessment of noise in this country:

NOEL - No Observed Effect Level

This is the level below which no effect can be detected and below which there is no detectable effect on health and quality of life due to noise.

LOAEL - Lowest Observable Adverse Effect Level

This is the level above which adverse effects on health and quality of life can be detected.

SOAEL - Significant Observed Adverse Effect Level



None of these three levels are defined numerically and for the SOAEL the NPSE makes it clear that the noise level is likely to vary depending upon the noise source, the receptor and the time of day/day of the week, etc. The need for more research to investigate what may represent an SOAEL for noise is acknowledged in the NPSE and the NPSE asserts that not stating specific SOAEL levels provides policy flexibility in the period until there is further evidence and guidance.

The NPSE concludes by explaining in a little more detail how the LOAEL and SOAEL relate to the three NPSE noise policy aims listed above. It starts with the aim of avoiding significant adverse effects on health and quality of life, then addresses the situation where the noise impact falls between the LOAEL and the SOAEL when "all reasonable steps should be taken to mitigate and minimise adverse effects on health and quality of life while also taking into account the guiding principles of sustainable development." The final aim envisages pro-active management of noise to improve health and quality of life, again taking into account the guiding principles of sustainable development which include the need to minimise travel distance between housing and employment uses in an area.

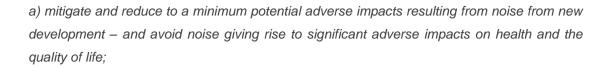
5.2 National Planning Policy Framework (NPPF)

The National Planning Policy Framework (NPPF) was first published in March 2012. This document replaced the existing Planning Policy Guidance Note 24 (PPG24) "Planning and Noise". A new edition of NPPF was published in July 2018 and comes into effect immediately. This new edition however, contains no new directions with respect to noise, and hence, all previous references remain extant. The paragraph references quoted below relate to the July 2018 edition.

Paragraph 170 of the NPPF states that the planning system should contribute to and enhance the natural and local environment by (amongst others) "preventing both new and existing development from contributing to or being put at unacceptable risk from, or being adversely affected by unacceptable levels of soil, water or noise pollution or land stability."

The following paragraphs are from the NPPF (revised February 2019):

"180. Planning policies and decisions should also ensure that new development is appropriate for its location taking into account the likely effects (including cumulative effects) of pollution on health, living conditions and the natural environment, as well as the potential sensitivity of the site or the wider area to impacts that could arise from the development. In doing so they should:



b) identify and protect tranquil areas which have remained relatively undisturbed by noise and are prized for their recreational and amenity value for this reason.

182. Planning policies and decisions should ensure that new development can be integrated effectively with existing businesses and community facilities (such as places of worship, pubs, music venues and sports clubs). Existing businesses and facilities should not have unreasonable restrictions placed on them as a result of development permitted after they were established. Where the operation of an existing business or community facility could have a significant adverse effect on new development (including changes of use) in its vicinity, the applicant (or 'agent of change') should be required to provide suitable mitigation before the development has been completed."

Paragraph 180 also references the Noise Policy Statement for England. This document does not refer to specific noise levels but instead sets out three aims:

"Avoid significant adverse impacts on health and quality of life from environmental, neighbour and neighbourhood noise within the context of Government policy on sustainable development.

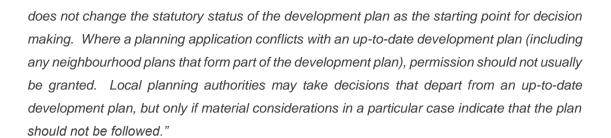
Mitigate and minimise adverse impacts on health and quality of life from environmental, neighbour and neighbourhood noise within the context of Government policy on sustainable development.

Where possible, contribute to the improvement of health and quality of life through the effective management and control of environmental, neighbour and neighbourhood noise within the context of Government policy on sustainable development."

The NPPF document does not refer to any other documents or British Standards regarding nose other than the NPSE.

Paragraph 2 of the NPPF states that "planning law required that applications for planning permission must be determined in accordance with the development plan unless material considerations indicate otherwise."

Paragraph 12 of the NPPF states that "The presumption in favour of sustainable development



5.3 Planning Practice Guidance on Noise

Planning Practice Guidance (PPG) under the NPPF has been published by the Government as a web based resource at http://planningguidance.planninggortal.gov.uk/blog/guidance/. This includes specific guidance on Noise although, like the NPPF and NPSE the PPG does not provide any quantitative advice. It seeks to illustrate a range of effect levels in terms of examples of outcomes as set out in the following table:

Perception	Examples of Outcomes	Increasing effect level	Action
Not noticeable	No effect	No Observed Effect	No specific measures required
Noticeable and not intrusive	Noise can be heard, but does not cause any change in behaviour or attitude. Can slightly affect the acoustic character of the area but not such that there is a perceived change in the quality of life.	No Observed Adverse Effect	No specific measures required
		Lowest Observed Adverse Effect Level	
Noticeable and intrusive	Noise can be heard and causes small changes in behaviour and/or attitude, e.g. turning up volume of television; speaking more loudly; where there is no alternative ventilation, having to close windows for some of the time because of the noise. Potential for some reported sleep disturbance.	Observed Adverse Effect	Mitigate and reduce to a minimum
		Significant Observed Adverse Effect Level	
Noticeable and disruptive	The noise causes a material change in behaviour and/or attitude, e.g. avoiding certain activities during periods of intrusion; where there is no alternative ventilation, having to keep windows closed most of the time because of the noise. Potential for sleep disturbance resulting in difficulty in getting to sleep, premature awakening and difficulty in getting back to sleep. Quality of life diminished due to change in acoustic character of the area.	Significant Observed Adverse Effect	Avoid
Noticeable and very disruptive	Extensive and regular changes in behaviour and/or an inability to mitigate effect of noise leading to psychological stress or physiological effects, e.g. regular sleep deprivation/awakening; loss of	Unacceptable Adverse Effect	Prevent

appetite, significant, medically definable	
hard, e.g. auditory and non-auditory.	

5.4 Local Authority Requirements

The site lies within the jurisdiction of the London Borough of Camden Their advice regarding criteria for atmospheric noise emissions from building service plant is as follows:

"A relevant standard or guidance document should be referenced when determining values for LOAEL and SOAEL for non-anonymous noise. Where appropriate and within the scope of the document it is expected that British Standard 4142:2014 'Methods for rating and assessing industrial and commercial sound' (BS 4142) will be used. For such cases a 'Rating Level' of 10 dB below background (15dB if tonal components are present) should be considered as the design criterion)."

In order to meet the above advice, noise emissions from the proposed plant should not exceed a level of 10dB below the measured background level L_{A90(15min)}. Therefore, based on the results of the noise survey and the advice above, we recommend the following plant noise emission level to be achieved with all plant running simultaneously at 1m external to the nearest noise sensitive façade."

5.5 BS 4142:2014

When setting plant noise emission criteria reference is commonly made to BS 4142: 2014 "Methods for rating and assessing industrial and commercial sound".

The procedure contained in BS 4142:2014 provides an assessment of the likely effects of sound on people when comparing the specific noise levels from the source with representative background noise levels. Where the noise contains "a tone, impulse or other characteristic" then various corrections can be added to the specific (source) noise level to obtain the "rating level".

BS 4142 states that: "The significance of sound of an industrial and/or commercial nature depends upon both the margin by which the rating level of the specific sound source exceeds the background sound level and the context in which the sound occurs". An estimation of the impact of the specific noise can be obtained by the difference of the rating noise level and the background noise level and considering the following:

• "Typically, the greater this difference, the greater the magnitude of the impact."

• "A difference of around +10dB or more is likely to be an indication of a significant adverse impact, depending on the context."

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- "A difference of around +5dB is likely to be an indication of an adverse impact, depending on the context."
- "The lower the rating level is relative to the measured background sound level, the less likely it is that the specific sound source will have an adverse impact or a significant adverse impact. Where the rating level does not exceed the background sound level, this is an indication of the specific sound source having a low impact, depending on the context."

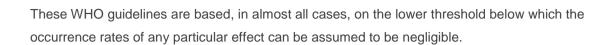
The determination of the "rating level" and the "background level" are both open to interpretation, depending on the context.

In summary it is not possible to set plant noise emission criteria purely on the basis of BS 4142:2014. It is reasonable to infer from the above, however, that a difference of around -5dB corresponds to "No Observed Effect Level" as defined in the Noise Policy Statement for England. It is also reasonable to infer from the above that if the plant noise rating level does not exceed the existing background noise level outside any noise sensitive residential window then the plant noise is of "low impact".

5.6 **World Health Organisation Guidelines on Community Noise**

BS8233:2014 is based upon the current World Health Organisation (WHO) guidance "Guidelines on Community Noise". A summary of the noise guidelines relevant to the proposed scheme is presented in the table below.

Residential Environment	Critical Health Effect(s)	L _{Aeq}	L _{AFmax}	Time Base
Outdoor living	Serious annoyance, daytime and evening	55	-	07:00-23:00
area	Moderate annoyance, daytime and evening	50	-	07:00-23:00
Dwelling, indoors	Speech intelligibility and moderate annoyance, daytime and evening	35	-	07:00-23:00
Inside bedrooms	Sleep disturbance, night-time	30	45	23:00-07:00
Outside bedrooms	Sleep disturbance, window open (outdoor values)	45	60	23:00-07:00



5.7 British Standard BS8233: 2014

British Standard 8233: 2014 "Guidance on sound insulation and noise reduction for buildings" provides guidance for the control of noise in and around buildings.

BS8233:2014 Section 7.7.2 titled "Internal ambient noise levels for dwellings" states:

"In general for steady external noise sources, it is desirable that internal ambient noise levels do not exceed the following guideline values:

Activity	Location	Desirable Internal Ambient Criteria		
Activity	Location	07:00 - 23:00	23:00 - 07:00	
Resting Living Rooms		35 dB L _{Aeq,16hour}	-	
Dining	Dining Room/Area	40 dB L _{Aeq,16hour}	-	
Sleeping (Daytime Resting)	Bedroom	35 dB L _{Aeq,16hour}	30 dB L _{Aeq,8hour}	

5.8 Statutory Noise Nuisance

There is no quantitative definition of statutory noise nuisance. It is generally accepted however, that if the plant noise level is at least 5dB (or 10dB if tonal) below the minimum background $L_{90(15\text{minutes})}$ at 1m from the nearest noise sensitive window, then the risk of a statutory noise nuisance is avoided. By adopting this as a design criterion the guidance contained in BS 4142:2014 should also be complied with.

6.0 Survey Methodology

The survey was undertaken by Ryan Fernandez BSc(Hons), AMIOA.

6.1 Procedure

Fully automated environmental noise monitoring was undertaken from approximately 13:30 hours on Thursday 8 August 2019 to 13:30 hours on Friday 9 August 2019.

During the periods we were on site the wind conditions were calm and from approximately a easterly direction. The sky was generally overcast. We understand that generally throughout the survey period the weather conditions were similar These conditions are considered suitable for obtaining representative measurement results.

Measurements were taken continuously of the A-weighted (dBA) L₉₀, L_{eq} and L_{max} sound pressure levels over 15 minute periods.

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6.2 **Measurement Position**

The microphone was attached to a pole approximately 1.5 metres above the plant roof. The measurement position is shown below.



Plan Showing Measurement Position (Imagery ©2019 The GeoInformation group, Map Data ©2019 Google)

6.3 Instrumentation

The instrumentation used during the survey is presented in the Table below:

Description	Manufacturer	Туре	Serial Number	Calibration
Position 1 Type 1 ½" Condenser Microphone	PCB	377B02	106753	Calibration on 09/07/2018
Position 1 Preamp	РСВ	PRM902	880	Calibration on 09/07/2018
Position 1 Type 1 Data Logging Sound Level Meter	Larson Davis	824	3700	Calibration on 09/07/2018
Type 1 Calibrator	Bruel & Kjaer	4231	2610161	Calibration on 19/09/2018

The sound level meter, including the extension cable, was calibrated prior to and on completion of the surveys. No significant changes were found to have occurred (no more than 0.1dB).

The sound level meter was located in an environmental case with the microphone connected to the sound level meter via an extension cable.

The microphone was fitted with a windshield.

7.0 Results

The results have been plotted on the Time History Graph 27054/TH1.1 enclosed, presenting the 15 minute A-weighted (dBA) L_{90} and L_{eq} noise levels at the measurement position throughout the duration of the survey.

The lowest L_{A90 (15 min)} measurements recorded during the survey are presented in the table below:

Position	Lowest Measured L _{A90(15min)} Background Noise Level (dB re 2 x 10 ⁻⁵ Pa)			
Position	Daytime (07:00 – 23:00) Hours	Night-Time (23:00 – 07:00) Hours	24 Hours	
1	64 dBA	63 dBA	63 dBA	

8.0 Discussion Of Noise Climate

Due to the nature of the survey, i.e. unmanned, it is not possible to accurately describe the dominant noise sources, or specific noise events throughout the entire survey period. However at the beginning and end of the survey period the dominant noise sources was noted to be nearby building services plant. As a result we were unable to obtain a representative measurement unaffected by existing plant and were therefore unable to establish a true background noise level.

9.0 Plant Noise Emission Criteria

As per our discussion in section 8.0, due to the dominance of atmospheric noise emissions from existing items of fixed building services plant in the vicinity of the site, it was not possible to obtain measurements of the 'true' background during the assessment period.

Subsequently we propose that we use an alternative limit of 10dB below typical "true" London background noise levels. These typical "true" background noise levels are taken from Hann

Tucker's database of previous noise surveys within this area of London. The typical background noise levels for this area of London based upon are shown in the table below.

"True" Background Noise Levels LAeq (dB re 2 x 10-5 Pa)		
Daytime Night-time (07:00 – 23:00 hours) (23:00 – 7:00 hours)		
55 dBA	45 dBA	

Based on the subsequent guidance reviewed in Section 8.0 and the typical "true" London background noise, we propose that the following plant noise emission criteria be achieved at 1 metre from the nearest noise sensitive window.

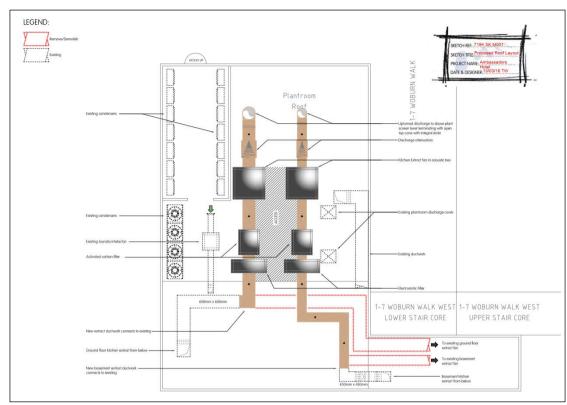
Plant Noise Emission Criteria		
Daytime (07:00 – 23:00 hours) 24 hours		
45 dBA	35 dBA	

If plant contains tonal or impulsive characteristics the external design criteria should be reduced by 5dBA.

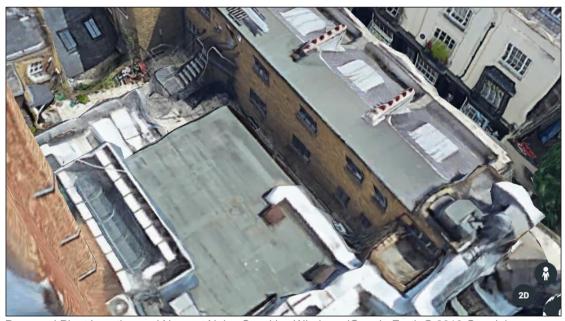
It should be noted that the above are subject to the final approval of the Local Authority.

10.0 Limiting Noise Levels

We understand that the plant will be installed on the plant roof. The nearest noise sensitive window is at a distance of approximately 4 metres. The nearest noise sensitive windows and proposed plant locations are shown on the following plans.



Plan Showing Proposed Plant Location (Courtesy of MTT)



Proposed Plant Location and Nearest Noise Sensitive Windows (Google Earth © 2019 Google)

We understand that the proposed plant has not been finalised. As such, there is no manufacturer's noise data at this time. In lieu of this we would recommend that the proposed plant should have adequate levels of mitigation measures to ensure that the following limiting sound pressure levels are not exceeded when measured at a distance of 1m (free field over a reflecting plane) in any horizontal or vertical direction under any load conditions.

Duty/Time	A-weighted Limiting Sound Pressure Level @ 1m (dB re 2 x 10 ⁻⁵ Pa)
Day 07:00 – 23:00 hours	47
Night – 23:00 – 07:00 hours	37

11.0 Conclusions

An environmental noise survey has been undertaken in order to establish the currently prevailing noise levels.

Plant noise emission criteria have been recommended based on the results of the noise survey and with reference to the Local Authority's requirements.

Limiting sound pressure levels for the proposed plant have been given in order for the plant to meet the Local Authority's requirements.

Appendix A

The acoustic terms used in this report are defined as follows:

 $L_{\text{eq},\text{T}}$

dB Decibel - Used as a measurement of sound level. Decibels are not an absolute unit of measurement but an expression of ratio between two quantities expressed in logarithmic form. The relationships between Decibel levels do not work in the same way that non-logarithmic (linear) numbers work (e.g. 30dB + 30dB = 33dB, not 60dB).

dBA The human ear is more susceptible to mid-frequency noise than the high and low frequencies. The 'A'-weighting scale approximates this response and allows sound levels to be expressed as an overall single figure value in dBA. The A subscript is applied to an acoustical parameter to indicate the stated noise level is A-weighted

It should be noted that levels in dBA do not have a linear relationship to each other; for similar noises, a change in noise level of 10dBA represents a doubling or halving of subjective loudness. A change of 3dBA is just perceptible.

 $L_{90,T}$ L₉₀ is the noise level exceeded for 90% of the period T (i.e. the quietest 10% of the measurement) and is often used to describe the background noise level.

 $L_{eq,T}$ is the equivalent continuous sound pressure level. It is an average of the total sound energy measured over a specified time period, T.

 L_{max} is the maximum sound pressure level recorded over the period stated. L_{max} is sometimes used in assessing environmental noise where occasional loud noises occur, which may have little effect on the L_{eq} noise level.

Sound Pressure Level (L_p) is the sound pressure relative to a standard reference pressure of 2 x 10⁻⁵ Pa. This level varies for a given source according to a number of factors (including but not limited to: distance from the source; positioning; screening and meteorological effects).

Sound Power Level (SWL or L_w) is the total amount of sound energy inherent in a particular sound source, independent of its environment. It is a logarithmic measure of the sound power in comparison to a specified reference level (usually 10⁻¹² W).

Ambassadors Hotel

Position 1

■Lmax ■Leq

 $L_{\text{eq}},\,L_{\text{max}}$ and L_{90} Noise Levels

■L90

Thursday 8 August 2019 to Friday 9 August 2019

