

# UPLIFT PROPERTY LIMITED 20 NEW BROADWAY LONDON E5 2XA

TEL: 020 7729 4189

# METHOD STATEMENT, RISK ASSESSMENTS & COSHH

**Demolition** 

**FOR** 

187 Kentish Town Road

Site Address: 187 Kentish Town Road

London NW1 8PD

Approvals:

**Head of Health and Safety:** Steven Murray

**Construction Director Mantas Gedgaudas** 

Date: 06/10/2015

#### METHOD STATEMENT FOR INTERNAL STRIPOUT / DEMOLITION

Project: 187 Kentish Town Road, London

Method Statement Prepared By: Steven Murray

Site Address: 187 Kentish Town Road, London

Method Statement No.: SM / 006

Revision: A

Project Start Date: November 2015

**Duration:** 4 Weeks

#### SCOPE OF WORKS:

Activity/Work covered by this Method Statement: Existing Roof, Mezzanine and elevation Demolition to the existing building.

- Various areas of site Existing Roof, Mezzanine and Elevations

#### **ACCESS/EGRESS:**

Access / Egress: is via Church Road main entrance, all pedestrian / Traffic Routes to the working area as provided by the Uplift property will be monitored on as regular basis, and identified at the site H&S induction.

DRAWINGS USED: 863-07-100, 101, 102, 103 and 105

#### LIGHTING:

General access lighting shall be utilized wherever possible to undertake works. In areas where lighting is found to be unsatisfactory (subject to Risk Assessment) task lighting shall be provided. Limited to maintain a suitable level of illumination and a safe working environment. Task lighting shall generally be tripod type with fluorescent fitting, 110 Volt supply. All task lighting shall be supplied with relevant inspection and test certification.

#### PLANT AND EQUIPMENT TO BE USED:

Bird cage scaffolding, TE 3000 Hilti Breakers, hand tools and 3 Tonne SKU 25534

ALL tools and equipment used in the undertaking of the works shall be visually inspected for any defects prior to the work commencing. Certification for the plant and equipment will be kept within the Plant and Equipment file located in the site office on file. All power tools shall be PAT tested and records kept in the head office on file.

UPLIFT PROPERTY LIMITED Method Statement: SM 006 – Demolition Last Review Date October 2015

MATERIALS USED:	
N/A	
See attached COSHH assessments.	

#### **SEQUENCE OF TASKS:**

- 1. A full demolition asbestos survey will be carried on the building and if any asbestos is located within the building it will be removed before works commences.
- 2. All live services are to be turned off and capped at source, any services left live must be identified on a service drawing and warning signs displayed on site. Site induction is to identify all know live services left on site.
- 3. The works are to be planned to ensure that safe access and egress is provided and that a suitable location is identified for the unloading and storing of any materials and waste materials that are being removed from this activity.
- 4. The work area is to be inspected by the operatives involved and the site manager prior to works commencing and any area that is identified as being unsafe shall be reported to the Uplift Property for remedial action and re-inspected prior to the work commencing e.g. birdcage scaffold where required, access scaffolding, perimeter scaffolding, podiums, holes in slabs covered over correctly.
- 5. Before any work commences, the Uplift Property Supervisor will ensure that a briefing is provided for all personnel involved in carrying out this work activity. This briefing will cover the findings of the **Risk Assessment** and the controls introduced to manage significant risks. Where hazardous materials are used, the Uplift Property Supervisor will also explain the content of any relevant paperwork. i.e Coshh
- 6. The work activity briefing is intended to be a two-way process and all operatives are expected to challenge/question the proposed approach, particularly if they feel that a safer and more practical work method can be adopted.
- 7. As specified in the drawing specification the site manager is to identify the order in which the demolition is to take place.
- 8. All works at height will be carried out using a scaffolding which has been erected by an approved competent person. A scaff tag will also be displayed prior to use.
- 9. All operatives undertaking the works must wear full PPE, Protective Helmet, Boots, gloves, glasses and masks.
- 10. Sky hooks are to be fitted to any cables left in the work area.
- 11. Structural engineer to identify areas and what sequence the demolition works to the mezzanine floor will take place.
- 12. Demolition works will only commence once structural engineer has given the go ahead and the build has been secured independently from the mezzanine floor and roof
- 13. Mezzanine floor will be demolished using the 3tonne SKU 25534
- 14. Establish method for hoisting and positioning structural steels to hold facade in place.

- 15. Construct mini piles and pile caps to ground floor structure
- 16. Underpinning to existing façade and party wall structures
- 17. Erect retaining structure to existing façade
- 18. Construct superstructures frame inc wall and floor structures to 2<sup>nd</sup> floor (to existing façade height)
- 19. Erect temporary support and decks for demolition of the roof.
- 20. Demolish roof structure using associated structures in accordance with approved demolition methods I'e TE 3000 Hilti breakers from the temporary platform.
- 21. Erect temporary access platforms to undertake remedial to existing façade
- 22. All debris removed from the demolition process i.e roof will be placed in rubble bags and placed in the onsite shoot and removed to the on site waste storage area, located in Church Road.

#### Deliveries are to be as Uplift Property procedures.

All deliveries including skip lorries are to be booked in advance and notification be given to the site manager by the procurement dept.

Contact will be made with a supervisor of Uplift Property who in turn will ensure that the driver follows the designated route to the area required. The waste area is on the left hand side of the main entrance.

Reversing of vehicles will be supervised by the site banksmen. Waste Lorries will wait to be loaded after warning signs and fencing have been erected to ensure the safety of the public while loading takes place.

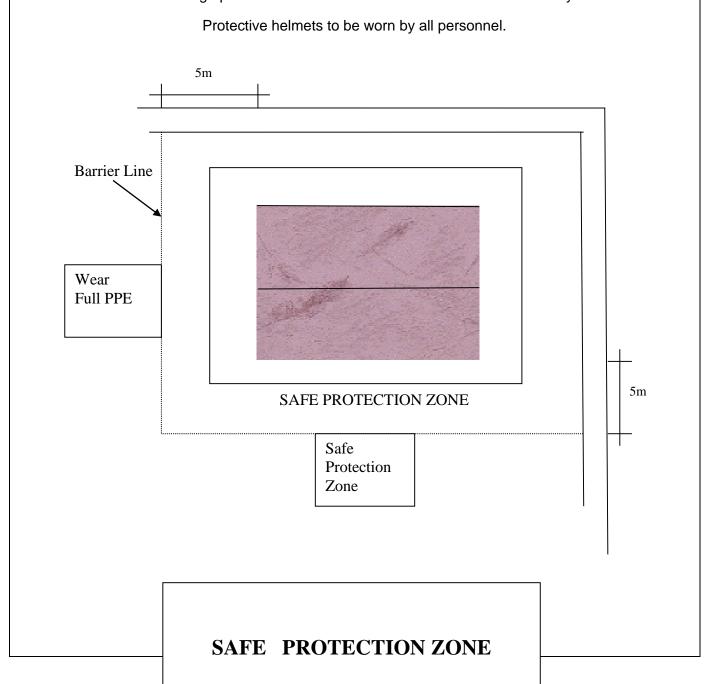
Operatives will load skip lorry manually once it is safe to do so.

## **INTERFACE WITH OTHER TRADES:**

There are no other potential risks from others that are known to us at this stage as all workers are carry demolition operations and are involved in these works.

#### **WORKING AREA -SAFE PROTECTION ZONE**

- 1. Protective Footwear to be worn at all times.
- 2. Eye protection to be worn during any grinding operations.
- 3. Barrier marker line to be erected around perimeter of work to create safe protection zone.
  - 4. Grinding operations to be carried out in well ventilated areas only.



#### **HAZARDS IDENTIFIED:**

**Hand Tools:** As per Risk assessment.

Plant and Equipment: As per Risk assessment. Works At Height As per Risk assessment. Tripping Hazards As per Risk assessment.

Noise: As per Risk assessment.

Manual Handling: As per Risk assessment.

**Dust:** As per Risk assessment. **Vibration**: As per Risk Assessment

Interaction With Other Trades: As per Risk assessment.

In addition to information contained in this document, we will as a minimum wear canvas backed gloves, protective anti-mist eyewear, steel toe-capped and instep boots and high-visibility vests to be worn at all times.

#### **DELIVERIES AND STORAGE:**

Materials will be delivered direct to site in conjunction with Uplift Property site delivery requirements, and our delivery schedule to be provided prior to our commencement on site. All materials will be stored in a pre-arranged location on site – Left hand side of main door way.

#### **EMERGENCY ARRANGEMENTS:**

All available from the site office and at site induction:

- Details of nearest Accident and Emergency Hospital.
- On-Site arrangements for first aid, location of first aiders and first aid kits.
- Special First Aid Requirements None
- Current Fire Arrangements for site.
- Special fire prevention measures N/A

#### **EQUIPMENT MAINTENANCE AND TESTING:**

All our electric plant and hand tools are PAT tested at regular intervals and labels affixed indicating the latest test's expiry date. All 110v power tools and leads must be PAT tested, and inspected at least every 3 months. All new tools brought to site must be entered in to the PAT log and marked to indicate when they are to be tested/inspected. A preference is given to battery powered tools if suitable for the task

Irrespective of the above, our operatives are all aware of the need to check all items of equipment prior to every use to make sure it is safe, well-maintained and suitable for the purpose for which it is being used, and to report any defects and discontinue use immediately.

#### TRAINING:

Training within Uplift Property Ltd holds a high priority. New techniques and processes are researched and where required operatives are given training and guidance to keep them up to date. Training records are constantly checked and updated at regular intervals. Toolbox talks are regularly given on various subjects to ensure operatives are constantly reminded of issues. Records of these are kept in the site office

Uplift property Ltd only use competent experienced approved sub-contractors/operatives, sub-contractors and operatives have been with Uplift Property Ltd for a long time.

Uplift Property Ltd ensure all operatives have CSCS cards with their specific trade details as proof of competence. Operatives are reminded to carry this card at all time. CSCS card holder details to be supplied at site induction.

Our site working foreman has attended a SSSTS course.

#### **Employees' awareness of Asbestos precautions and controls:**

The company's management have the responsibility to ensure that all persons are protected from harmful Asbestos exposure. All company employees are required to be made aware of all necessary precautionary measures and controls related to work which may disturb Asbestos. It is the duty of company management to ensure that employees who may be required to work in areas where Asbestos could be present, receive safety awareness training for Asbestos.

Prior to a contract starting where Asbestos is present, company employees must receive site safety induction specific to the Asbestos precautionary measures and controls necessary for site operations. This would include the client's Asbestos procedures and documentation, i.e., policy's, survey reports, drawings and instant notification procedures. Induction will also include details of the Risk Assessment and Safe Method of Work Statement for Asbestos related works specific to the contract.

#### PERSONAL PROTECTION EQUIPMENT (PPE):

Hard Hats - EN397

Eye Protection - EN166B

Ear Protection - EN352 (1/3)

Safety Boots - EN345

Gloves - EN 388

Face Masks – TYPE A or FFP2 Dust Masks – (Face fitting has been carried out on workers involved in these works.)

High-Vis - EN 471

PPE requirements will be constantly reviewed and updated as required.

#### **HEALTH AND SAFETY:**

**Uplift Property Ltd** in-house Health and Safety Manager will co-ordinate and communicate all relevant Health and Safety to all operatives and work closely with all sub-contractors to ensure Health and Safety compliance. Risk Assessments and Method Statements will be approved by the Health and Safety Manager before any works begin, and copies will be forwarded to site offices before work starts to be used as a reference for any issues that may occur. Operatives will sign to say that they have read and understood their Risk Assessments and Method Statements. Unannounced Health and Safety visits will be carried out by both the Contracts Manager and the Health and Safety Manager at regular intervals where issues of concern can be heard.

Co-ordination between the Health and Safety Manager and Clients/Main Contractors will be regular, where all issues will be welcome and concerns discussed.

#### SUPERVISION:

Site Supervisor will carry out regular appropriate toolbox talks and brief operatives on any issues of health and safety. Construction Manager will be Remi Montrimas will be responsible for contacting our on-site foreman.

**SITE SAFETY VISITS AND REPORTING:** Our Site Supervisor / Manager will carry out visual safety inspections regularly, and if necessary will liaise with the in-house Health and Safety Manager. Our Health and Safety Manager will carry out Health and Safety audits and record findings. Reports will be given direct to Uplift Property Ltd's directors by the in house Health and Safety Manager.

#### **MONITORING**

Inspection frequency -

Supervisor to ensure Safe protection zone is set up and monitored throughout the duration of the works, If required, all persons entering the safe protection zone without permission must be reported to the site management and if necessary works ceased.

Supervisor - daily. Health and Safety Manager – Site Audit as required.

Health/Environmental monitoring – As per Construction Directors visit and if required Health and Safety Manager will attend.

Enforcement by whom and when – Internal – Health and Safety Manager in accordance with site.

#### HOUSEKEEPING AND WASTE REMOVAL PROCEDURE:

Operational areas are to be kept clear of waste and materials at all times. Materials will be stacked in a safe manner and away from pedestrian access and fire exits. On completion the site will be left clean and tidy and secure for handover. Waste to be taken to on site skip located at the front of the property.

Specific recyclable waste such as cardboard, timber and plastic, including waste pallets, will be taken to specific recycling skips on site. Rubble and waste screed will be placed in separation from other rubbish, so it can be placed in a specific rubble skip if one is provided.

#### **ENVIRONMENTAL:**

Where waste is generated during the course of this contract it shall be disposed of in a controlled, safe and proper manner. Prevention of spills entering drains and watercourses by using absorbent materials to stem flow, (spill kits). Dispose of materials at appropriate licensed disposal sites, if required, and will be in accordance with our COSHH data sheets.

Care will also be given to the environment surrounding site operations. Control measures will be applied to reduce contamination, for example by noise or dust, to minimise risk and to protect the public.

#### THE FOLLOWING COSHH/RISK ASSESSMENTS ARE ATTACHED:

#### COSHH:

Dust

#### **RISK ASSESSMENTS:**

Abrasive Wheels, Electric Hand Tools, Hand Tools, Manual Handling, Dust, Noise, Working at height and Hot Works.

#### MANUAL HANDLING:

All operatives are trained in Manual Handling techniques.

We have arranged for all materials to be offloaded and distributed around the site by mechanical means, (provided by Uplift Property Ltd). If there are any instances where mechanical movement is not possible, we use the following guidelines, in addition to self assessment of individual capabilities.

Always use mechanical handling methods instead of manual handling wherever possible. Know your capabilities. Where possible establish the weight of the load before lifting. Wear gloves to protect against cuts and punctures. As a guide, a male lifting from ground to waist height should not lift in excess of 25kg and from ground to above elbow height should not lift in excess of 20kg.

Stand reasonably close to the load, feet hip-width apart, one foot pointing in the direction you are going. Bend your knees and keep your back straight. Get a secure grip and keep the load close to your body and lift slowly and smoothly. Avoid jerky movements or twisting.

We carry out Manual Handling toolbox talks at regular intervals to ensure our site team are aware of the dangers.

See attached Manual Handling Risk Assessments.

#### **Health Surveillance**

All operatives are to complete a health questionnaire prior to works on site this questionnaire is to be carried out on a yearly basis. If an individual mentions / highlights they get tingling in the fingers or other signs of health problems then they will be sent for further tests.

#### **Permits / Procedures**

Hot Work Permits are to be issued by site manager.

Asbestos Survey to be checked

Scaff tags placed on scaffolding.

#### Works at height

All works at height are to be carried out using a tower scaffolding.

## Security

All security arrangements are provided by Uplift Property Ltd.

## Special training

There will be no special training requirements other than items already stated on page 7 and 8 of this document.

#### **Planned Maintenance**

All plant and equipment is monitored and inspected as per the Uplift Property plant procedure. P.A.Tested on a three monthly basis.

#### Foreseeable Emergency Arrangements.

N/A

#### **Working Time Directive**

A health questionnaire is to be completed by all of the project workforce.

#### **Temporary Amended Systems**

N/A

## **Special fire Prevention Measures**

Hot Work Permit. And task fire extinguishers.

**PERMITS / PROCEDURES:** To be applied for, if required. Working at Heights – Yes Scaffold – Yes

Hot Works - Yes

Working in confined spaces - N/A

**SITE OPERATIVES:** TBA

**CHANGE REQUIREMENTS:** Remi Montrimas

**DATE OF COMPLETION:** Tba

		WORKPLACE RIS	SK AS	SSESSMENT						
OPERATION/PROCESS	US	ING ABRASIVE V	VHEE	ELS		Date 08/201		N° 01		
LOCATION: 187 Kentish To	wn Ro	ad NW1								
Angle grinder, Etc  Likelihood  Rating 1 = Very Unlikely Rating 2 = Unlikely Rating 3 = Likely Rating 3 = Likely Rating 4 = Very Likely Rating 5 = Almost Certain  Rating 5 = Fatality, Disabling Injury etc.										
				uirements						
Hard Hat X Ear Protection X Gloves X Hi Viz X Eye Protection X Goggles X Safety Boots/Shoes X Face Mask X Overalls Respirator										
		RISK P	RIOR T	TO CONTROLS						
	•	HAZARDS IDENTIFIE	ED .		•	Low	Med	High		
Cuts from rotating abrasive	wheel							Х		
Fire								X		
Flying debris						-	-	X		
Entrapment of clothing in ro	tating p	parts						X		
Abrasive wheel shattering X										
Hand arm vibration syndrom	ne (HA	√S)					X	-		
Noise						<del>                                     </del>	Х	<del> </del>		
Dust from worked material  EXPOSED PERSONS. 0		ves, other trades, visitors		TOTAL NUMBERS AFFI		X Varie	_			
<ol> <li>Abrasive wheels r</li> <li>Each item of plant</li> <li>Wheels must be want not be used</li> <li>Suitable PPE muster</li> <li>Long hair must be strong cloth</li> <li>Wheels must be strong speed.</li> <li>The grindstone uster</li> <li>Noise protection a within zone. Warm</li> <li>Operatives must be strong control.</li> </ol>	perience must or t must visually until the st be we e tied be ing mu stored i must or sed mu uards s zone of hing sig be face	ced and trained staff may or nly be used as per the manu- be serviced by a competent inspected before each use rely have been examined by orn by the wheel operator to ack when operating an abra- st not be worn when operati in a suitable location when n nly be changed by an author st be suitable for the materi- hould be in place at all time. Sometres to be set up aroun inage to be displayed.	ufacture t person and dar a comp o includ- asive wh ing an a not in us rised pe fal being s cover ad grindi n when n	r's instruction. as per the manufacturer's maged units reported to the betent person. e safety glasses or face sh neel. abrasive wheel. se, (supervisor will instruct). ground, otherwise the disc ing as much as the wheel ing area. Ear protection/FF wearing face masks.	e site su ield, pro within th c may be as is pos P2 masl	pervisor/m tective clo neir indicat urst. ssible. k to be wo	nanager thing ar ed max	nd gloves.		
ADDITIONAL MEASURES area of work, (i.e. ear/eye pi	REQUI	RED: Signage to inform all		-	this /	ACTION B Site super		BY WHEN		
STATEMENT ON RESIDUA acceptable level.	AL RISI	<s: <="" contr="" detailed="" p="" the="" when=""></s:>	rol meas	sures in place are adhered	to, the r	isks above	e will be	reduced to an		
MONITORING RESULTS:		Monitoring is required to	ensure	that the controls remain ef	fective.					
ASSESSOR: Steven Murra	ıy			POSITION: Health and S Manager	Safety	REVIE	W DAT	E: 08/2016		

Maximum number of people invol	ved in activ	vity:						
Additional specific hazards identif	ied:							
Additional control measures required:  Assessment of remaining risks: insignificant/low/medium/high								
Assessment of remaining risks: insignificant/low/medium/high								
Is residual risk level acceptable?								
Serious and imminent danger risk	s identified	I: Yes/No						
Emergency action required:								
Name(s) of competent person(s)								
Circumstances which will require additional assessment:								
Circulation of Risk Assessment (t	ick):							
Contractor ✓	Site Copy	✓	Emp	loyees ✓				
Subcontractor ✓	Other		Client					
Signed		Print Name		Date				

#### WORKPLACE RISK ASSESSMENT

WORKPLACE RISK ASSESSMENT												
OPERATION/PROCESS	ELE	ECTRIC TOO	LS/PLAN	Τ		DATE N° 04 08/2015						
LOCATION 187 Kentish To	wn Roa	ad NW1										
EQUIPMENT USED										Connection		
110v Breakers, 110v extension leads, transformer  Rating 1 = Rating 2 = Rating 3 = Rating 4 = Rating 5 = Ratin						Unlikely Likely Very Lik	ely	R R R	lating 1 = lating 2 = lating 3 = lating 4 = lating 5 =	Severity First Aid Injury or Minor Injury or Illn "3 day" Injury or Ill Major Injury or Illn Fatality, Disabling	ess Iness ess	tc.
PPE Requirements												
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Hi Viz	X	Eye Prot		X	Goggles		Χ					_
Safety Boots/Shoes	Х	Face M Respira		Х	Overalls							-
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	Н	AZARDS IDEN	HELD			L	OW	M	ed	High	1	
Electrocution										X		
Fire										X		
Contact with moving parts										X		
Flying particles from use X												
EXPOSED PERSONS. Operatives, other trades, visitors TOTAL NUMBERS AFFECTED. Varied												
1. All power to checks of al site supervis 2. Only trained for their ope can gain act 3. Eye/ear procorrect type 4. Trailing lead responsibilit 5. Establish he 6. Operatives of the company of the company of the company of the company of the check of th	<ol> <li>checks of all power tools and plant before being used. Damaged plant/tools are not to be used on site and reported to the site supervisor.</li> <li>Only trained and experienced operatives are to use power tools/plant. Guards must be used and cut out switches checked for their operational use. All tools/plant not in use will be stored away in a designated area where no unauthorised person can gain access to them.</li> <li>Eye/ear protection will be used when operating any power tool/plant. PPE will be issued to all operatives after choosing the correct type for the task.</li> <li>Trailing leads, all leads where possible are to be fixed at height, so as not to cause a tripping hazard. Main Contractor responsibility out of our area.</li> <li>Establish hearing protection zone at a 7 metre distance from grinder/dustless cutter. Warning signage to be erected.</li> </ol>											
defenders/ eye protection).							super					
STATEMENT ON RESIDUAL RISKS  When the detailed control measures in place are adhered to, the risks above will be reduced to an acceptable level.												
MONITORING RESULTS												
Monitoring is required to en	Monitoring is required to ensure that the controls remain effective.											
ASSESSOR			POSITION			REVI	EW D	ATE				
Steven Murray Health and Safety Manager 08/2016												

Maximum number of people invol	ved in activ	vity:		
Additional specific hazards identif	ied:			
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Additional control measures requi	red:			
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Is residual risk level acceptable?				
Serious and imminent danger risk	s identified	d: Yes/No		
Emergency action required:				
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Name(s) of competent person(s)	appointed	to take action:		
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Circumstances which will require	additional	assessment:		
Circulation of Risk Assessment (t	ick):			
Contractor ✓	Site Copy	/ ✓	Emp	loyees ✓
				-
Subcontractor ✓	Other		Client	
Signed		Print Name		Date

WORKPLACE RISK ASSESSMENT										
OPERATION/PROCESS	HAI	ND TOOLS				DATE 08/2015		N° 0	7	
LOCATION Former 187 Ke	ntish T	own Road NW1								
EQUIPMENT USED						kalihaad			Coverity	
bars , etc  Likelihood 3 Rating 2 Rating 3 Rating 4							R R R	lating 1 = lating 2 = lating 3 = lating 4 = lating 5 =	Severity First Aid Injury or I Minor Injury or Illne "3 day" Injury or Illn Major Injury or Illn Fatality, Disabling	ess ness ess
			PF	PE Req	uirements					
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Hi Viz	7			Goggles						
Safety Boots/Shoes	Х		Face Mask Overalls Respirator							
				RIOR T	O CONTROLS	1 .	1	. 1		
	Н	AZARDS IDEN	TIFIED			Low	Me	ed	High	1
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Maintenance							+	(		
Improper use							>	(		
Impact with tool					1				X	
EXPOSED PERSONS.	Operati	ves, other trade	s, visitors		TOTAL NUMBER	S AFFECTE	D. ∖	/aried		
1. Ensure the control of the control	<ol> <li>Ensure the tools are kept in a well maintained manner, i.e. blades sharp, etc.</li> <li>All hand tools are inspected daily and before use. Damaged tools are not to be used and reported to the supervisor.</li> <li>Hand tools are to be secured away if not in use to prevent unauthorised use.</li> <li>Suitable PPE for the activity is to be worn, i.e. eye protection where risk of eye injury, gloves for better grip, etc.</li> <li>Operatives are to trained in the use of all hand tools prior to using them.</li> <li>Cutting edges of blades/chisels/saws kept sharp.</li> </ol>									
ADDITIONAL MEASURES		ACTION E		BY WHEN						
STATEMENT ON RESIDU	AL RIS	KS								
When the detailed control r	neasure	es in place are a	dhered to, th	ne risks	above will be reduce	ed to an acco	eptable l	evel.		
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Monitoring is required to en	เจนเย เท	at the controls f								
ASSESSOR			POSITION			REVIEW D	ATE			
Steven Murray			Health and	Safety	Manager	08/2016				

Maximum number of people invol	ved in activ	vity:		
Additional specific hazards identif	ied:			
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Additional control measures requi	red:			
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Emergency action required:				
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Name(s) of competent person(s)	appointed	to take action:		
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Circumstances which will require	additional	assessment:		
Circulation of Risk Assessment (t	ick):			
Contractor ✓	Site Copy	/ ✓	Emp	loyees ✓
				-
Subcontractor ✓	Other		Client	
Signed		Print Name		Date

DATE OBZO15 N° 11  LOCATION Former 187 Kentish Town Road NW1  EQUIPMENT USED  Wheel barrows, Mechanical aids, Waste Bags  Waste Bags  PPE Requirements  Hard Hat X Ear Protection X Goggles Hilly In your Interest Pack Plant (1997) Per	WORKPLAGE RISK ASSESSMENT										
EQUIPMENT USED  Wheel barrows, Mechanical aids, Waste Begs  Waste Begs  ### PPE Requirements  ### PPE Requirem	OPERATION/PROCESS	MANUAL I	HANDLING					Nº 1	11		
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Hard Hatt X Ear Protection X Gloves X HI Viz X Eye Protection X Goggles A Garly Boots/Shoes X Face Mask Overalls A Respirator BISK PRIOR TO CONTROLS  RISK PRIOR TO CONTROLS  HAZARDS IDENTIFIED Low Med High  Awkward shapes/sizes X X Fixed High Med High X Sitance to travel with X Sitance to travel with X X Sitance to travel with Sitance to travel with X X Sitance to travel with Sitance to travel with X X Sitance to travel with Sitance to travel with X X Sitance to the travel with Sitance to the travel with X X Sitance travel with Sitance travel with Sitance travel with Sitance travel with X X Sitance travel with Sitance travel with Sitance travel with X X Sitance travel with Sitance travel with X X Sitance travel with Sitance travel with X X Sitance travel with X X Sitance travel with X X Sitance travel with Sitance travel with X X S		aids,	4 Likelihood 3 M	3 4	Rating 1 = Rating 2 = Rating 3 = Rating 4 = Rating 5 =	Very Unlikely Unlikely Likely Very Likely	R R R	Rating 2 = Rating 3 = Rating 4 =	First Aid Injury or Illness Minor Injury or Illness "3 day" Injury or Illness Major Injury or Illness		
HI VIZ X Eye Protection X Goggles Safety Boots/Shoes X Face Mask Overalls RISK PRIOR TO CONTROLS  HAZARDS IDENTIFIED Low Med High Awkward shapes/sizes Distance to travel with Fitness of operatives Weight of Steels Ground conditions V X  Weight of Steels X Interaction with others/vehicles TOTAL NUMBERS AFFECTED. Varied  Controls required to reduce risk  1. All operatives will be trained in manual handling techniques. 2. Provision of mechanical means where possible. Provide manual handling aids wherever reasonably practicable. 3. Ensure all operatives that engage with manual handling are suitably fit. 4. Ensure route to be used is clear from all obstructions. 5. Where weight exceeds 25 kg, (or suitable weight for individual), a team lift may be necessary. Where team lifting is adapted all operatives will experiments will vary depending on the material be lifted and method.  STATEMENT ON RESIDUAL RISKS When the detailed control measures in place are adhered to, the risks above will be reduced to an acceptable level.  MONITORING RESULTS	PPE Requirements										
RISK PRIOR TO CONTROLS  HAZARDS IDENTIFIED  Low Med High  Awkward shapes/sizes  Distance to travel with  Fitness of operatives  Weight of Steels  Ground conditions  Interaction with others/vehicles  EXPOSED PERSONS. Operatives, other trades, visitors  TOTAL NUMBERS AFFECTED. Varied  Controls required to reduce risk  1. All operatives will be trained in manual handling techniques. 2. Provision of mechanical means where possible. Provide manual handling aids wherever reasonably practicable. 3. Ensure all operatives that engage with manual handling are suitably fit. 4. Ensure route to be used is clear from all obstructions. 5. Where weight exceeds 25 kg, (or suitable weight for individual), a team lift may be necessary. Where team lifting is adapted all operatives will be reminded of principles of team lifting, i.e. team leader giving commands, etc. 6. PPE requirements will vary depending on the material be lifted and method.  ACTION BY Site supervisor  STATEMENT ON RESIDUAL RISKS  When the detailed control measures in place are adhered to, the risks above will be reduced to an acceptable level.			ar Protection		Gloves	Х					
RISK PRIOR TO CONTROLS  HAZARDS IDENTIFIED  Low Med High  Awkward shapes/sizes  Distance to travel with  Fitness of operatives  Weight of Steels  Ground conditions  Interaction with others/vehicles  EXPOSED PERSONS. Operatives, other trades, visitors  TOTAL NUMBERS AFFECTED. Varied  Controls required to reduce risk  1. All operatives will be trained in manual handling techniques. 2. Provision of mechanical means where possible. Provide manual handling aids wherever reasonably practicable. 3. Ensure all operatives that engage with manual handling are suitably fit. 4. Ensure route to be used is clear from all obstructions. 5. Where weight exceeds 25 kg, (or suitable weight for individual), a team lift may be necessary. Where team lifting is adapted all operatives will be reminded of principles of team lifting, i.e. team leader giving commands, etc. 6. PPE requirements will vary depending on the material be lifted and method.  ACTION BY Site supervisor  STATEMENT ON RESIDUAL RISKS  When the detailed control measures in place are adhered to, the risks above will be reduced to an acceptable level.			,	Х							
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HAZARDS IDENTIFIED  Low Med High  Awkward shapes/sizes  Distance to travel with  Site supervisor  High  Awkward shapes/sizes  Distance to travel with  Site supervisor  Hold High  Awkward shapes/sizes  Distance to travel with  X  Fitness of operatives  Weight of Steels  Roround conditions  Interaction with others/vehicles  Interaction with others/vehicles  EXPOSED PERSONS. Operatives, other trades, visitors  TOTAL NUMBERS AFFECTED. Varied  Controls required to reduce risk  1. All operatives will be trained in manual handling techniques. 2. Provision of mechanical means where possible. Provide manual handling aids wherever reasonably practicable. 3. Ensure all operatives that engage with manual handling are suitably fit. 4. Ensure route to be used is clear from all obstructions. 5. Where weight exceeds 25 kg, (or suitable weight for individual), a team lift may be necessary. Where team lifting is adapted all operatives will be reminded of principles of team lifting, i.e. team leader giving commands, etc. 6. PPE requirements will vary depending on the material be lifted and method.  STATEMENT ON RESIDUAL RISKS  When the detailed control measures in place are adhered to, the risks above will be reduced to an acceptable level.  MONITORING RESULTS		•	•		TO CONTROL C	'					
Awkward shapes/sizes											
Distance to travel with X  Fitness of operatives X  Weight of Steels X  Ground conditions X  Interaction with others/vehicles X  EXPOSED PERSONS. Operatives, other trades, visitors TOTAL NUMBERS AFFECTED. Varied  Controls required to reduce risk  1. All operatives will be trained in manual handling techniques. 2. Provision of mechanical means where possible. Provide manual handling aids wherever reasonably practicable. 3. Ensure all operatives that engage with manual handling are suitably fit. 4. Ensure route to be used is clear from all obstructions. 5. Where weight exceeds 25 kg, (or suitable weight for individual), a team lift may be necessary. Where team lifting is adapted all operatives will be reminded of principles of team lifting, i.e. team leader giving commands, etc. 6. PPE requirements will vary depending on the material be lifted and method.  STATEMENT ON RESIDUAL RISKS  When the detailed control measures in place are adhered to, the risks above will be reduced to an acceptable level.  MONITORING RESULTS	Audumend above as /since	HAZARDS	BIDLINTIFIED			LOW			riigii		
Fitness of operatives											
Weight of Steels  Ground conditions  Interaction with others/vehicles  X  EXPOSED PERSONS. Operatives, other trades, visitors  TOTAL NUMBERS AFFECTED. Varied  Controls required to reduce risk  1. All operatives will be trained in manual handling techniques. 2. Provision of mechanical means where possible. Provide manual handling aids wherever reasonably practicable. 3. Ensure all operatives that engage with manual handling are suitably fit. 4. Ensure route to be used is clear from all obstructions. 5. Where weight exceeds 25 kg, (or suitable weight for individual), a team lift may be necessary. Where team lifting is adapted all operatives will be reminded of principles of team lifting, i.e. team leader giving commands, etc. 6. PPE requirements will vary depending on the material be lifted and method.  ACTION BY Site supervisor  STATEMENT ON RESIDUAL RISKS  When the detailed control measures in place are adhered to, the risks above will be reduced to an acceptable level.  MONITORING RESULTS											
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STATEMENT ON RESIDUAL RISKS When the detailed control measures in place are adhered to, the risks above will be reduced to an acceptable level.  MONITORING RESULTS	<ol> <li>All operatives will be trained in manual handling techniques.</li> <li>Provision of mechanical means where possible. Provide manual handling aids wherever reasonably practicable.</li> <li>Ensure all operatives that engage with manual handling are suitably fit.</li> <li>Ensure route to be used is clear from all obstructions.</li> <li>Where weight exceeds 25 kg, (or suitable weight for individual), a team lift may be necessary. Where team lifting is adapted all operatives will be reminded of principles of team lifting, i.e. team leader giving commands, etc.</li> </ol>										
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monitoring to required to oriente that the controls remain encourse.		ure that the co	ntrols remain effecti	ve.							
ASSESSOR POSITION REVIEW DATE	ASSESSOR		DOSITION			RE\/IE\\/ r	DΔTE				
Steven Murray Health and Safety Manager 08/2016				Safet	v Manager		// \   L				

Maximum number of people invol	ved in activ	vity:		
Additional specific hazards identif	ied:			
·				
Additional control measures requi	red:			
Assessment of remaining risks: in	significant	/low/medium/high		
Is residual risk level acceptable?				
Serious and imminent danger risk	s identified	d: Yes/No		
_	is identified	a. 103/110		
Emergency action required:				
Name(s) of competent person(s)	appointed	to take action:		
Circumstances which will require	additional	assessment:		
Circulation of Risk Assessment (t	ick):			
Contractor ✓	Site Copy	/ ✓	Emp	loyees ✓
Subcontractor ✓	Other		Client	
Signed		Print Name		Date

## WORKPLACE RISK ASSESSMENT

WORRPLACE RISK ASSESSIVIENT												
OPERATION/PROCESS	GRI	INDING, BRE	EAKING O	UT		DATE 8/201			Nº 2	21		
LOCATION Former 187 Ke	ntish T	own Road NW1										
EQUIPMENT USED Angle Grinder Breakers	Rating 1 = Rating 2 = Rating 3 = Rating 4 = Rating 5 =							Likelihood  1 = Very Unlikely 2 = Unlikely 3 = Likely 4 = Very Likely 5 = Almost Certain  Severity Rating 1 = First Aid Injury or Illnes Rating 2 = Minor Injury or Illnes "3 day" Injury or Illnes Rating 4 = Major Injury or Illnes Rating 5 = Fatality, Disabling In				
PPE Requirements												
Hard Hat	Х	Ear Prote		Χ	Gloves		Х					
Hi Viz				Х	Goggles	Х						
Safety Boots/Shoes	Х		Face Mask X Overall Respirator								+	
	l	ТСОРП										
RISK PRIOR TO CONTROLS												
		Lo	w	Me	ed	Hig	<u>h</u>					
Vibration										Х		
Noise										Х		
Dust								Х				
Manual Handling								Х				
Interaction with others X												
EXPOSED PERSONS.	Operati	ives, other trade	s, visitors		TOTAL NUMBER	S AFFE	CTED	. V	aried			
<ol> <li>Controls required to reduce risk</li> <li>Segregation of work area from other trades, public. Barriers and signage to be erected to inform to keep clear and additional PPE to be worn in this area.</li> <li>Ensure that a program of inspection and maintenance is established and adhered to for the grinder. Daily inspection of all plant. Damaged plant is not to be used and reported to the supervisor.</li> <li>Ensure low vibration breaking equipment is used, Vibration register to be implemented for all vibrating operations.</li> <li>Noise protection zone of 5metres to be set up around grinding area. Ear protection/FFP2 mask to be worn by all persons working within zone. Warning signage to be displayed.</li> <li>All operatives are trained/experienced operators.</li> <li>PPE to include impervious gloves, safety footwear, goggles to BS EN 166B, dust mask and hearing protection. As per above.</li> <li>Regular clean up of waste material, spray water onto dust before sweeping up.</li> <li>P.A.T testing to be carried out on a 3 month basis, daily checks required by the operative. / PUWER</li> </ol>												
ADDITIONAL MEASURES	REQU	IRED					ON BY		BY W	/HEN		
STATEMENT ON RESIDUA	AL RIS	KS				•						
STATEMENT ON RESIDUAL RISKS  When the detailed control measures in place are adhered to, the risks above will be reduced to an acceptable level.												
MONITORING RESULTS  Monitoring is required to ensure that the controls remain effective.												
ivioritoring is required to en	sure th	at the controls fo										
ASSESSOR			POSITION			REVIE	W DA	TE				
Steven Murray			Health and	Safet	y Manager	08/20	16					

Maximum number of people involved in activity:										
Additional specific hazards identified:										
Additional control measures required:										
	Assessment of remaining risks: insignificant/low/medium/high  Is residual risk level acceptable?									
Is residual risk level acceptable?										
Serious and imminent danger risks identified: Yes/No										
Emergency action required:										
Name(s) of competent person(s) appointed to	o tako action:									
name(s) or competent person(s) appointed to	Take action.									
Circumstances which will require additional as	ssessment:									
Circulation of Risk Assessment (tick):										
Contractor ✓ Site Copy	✓	Employees ✓								
Subcontractor ✓ Other		Client								
Signed	Print Name	Date								

# **WORKPLACE RISK ASSESSMENT**

OPERATION/PROCESS	Wor	ks at Height		DATE 02/2014		Nº 1	5				
LOCATION: 187 Kentish To	own Roa	ad NW1									
EQUIPMENT USED Scaffolding	Rating 1 = Rating 2 = Rating 3 = Rating 4 =	Likelihood  Rating 1 = Very Unlikely Rating 2 = Unlikely Rating 3 = Likely Rating 3 = Likely Rating 4 = Very Likely Rating 5 = Almost Certain  Rating 5 = Almost Certain  Severity Rating 1 = First Aid Injury or Illness Rating 2 = Minor Injury or Illness Rating 3 = "3 day" Injury or Illness Rating 5 = Fatality, Disabling Injury etc.									
	PPE Requirements										
Hard Hat Hi Viz Safety Boots/Shoes	X X X	Ear Prote Eye Prote Face M Respira	ection ection	Gloves Goggles Overalls Harness	X						
RISK PRIOR TO CONTROLS											
	HA	AZARDS IDENT		Low	Me	ed	High				
Falls from height Falling material/tools							X				
Collapse/failure								X			
Uneven ground						>	(	Λ			
_ control gramm						>					
EXPOSED PERSONS.	Operativ	es, other trade:	s, visitors	TOTAL NUMBERS	S AFFECTED	).					
Controls required to reduce risk  1. All working at height must be planned and supervised. Scaffolding is to be used where working at height is required. Scaffolding is a safe means of access and must be used.  2. Tools and material must be kept to a minimum on platform to reduce the risk of knocking them off. Tool belt to be worn.  3. Scaffolding must be erected by a competent person, who has been trained. Daily visual inspections are to be carried out for any sign of damage must be reported to the site supervisor.  4. Scaffolding must be erected on even ground.  5. Scaffolding must be inspected and results recorded on a weekly basis.  6. Scaffolding must be designed.											
ADDITIONAL MEASURES	REQUII	RED			ACTION BY		BY W	HEN			
STATEMENT ON RESIDUA	AL RISK	(S									
When the detailed control measures in place are adhered to, the risks above will be reduced to an acceptable level.											
MONITORING RESULTS  Monitoring is required to en	MONITORING RESULTS  Monitoring is required to ensure that the controls remain effective.										
ASSESSOR			POSITION	Managan	REVIEW DA	AIE					
Steven Murray Health and Safety Manager 02/2015											

Maximum number of people involved in activity: 3					
Additional specific hazards identified:	None				
Additional control measures required:	N/A				
Additional control measures required.	N/A				
Assessment of remaining risks: insignificant/lov	<b>ow</b> /medium/high				
Is residual risk level acceptable? YES					
Serious and imminent danger risks identified: Y	Yes/ <b>No</b>				
Emergency action required: N/A					
Name(s) of competent person(s) appointed to to	o take action: N/A				
realine(s) or competent person(s) appointed to the	take action. 14/A				
Circumstances which will require additional ass	ssessment: None				
Circulation of Risk Assessment (tick):					
Contractor ✓ Site Copy	✓ Employees ✓				
Subcontractor ✓ Other	Client				
Signed	Print Name Date				

#### WORKPLACE RISK ASSESSMENT

WORKPLACE RISK ASSESSIMENT										
OPERATION/PROCESS <b>Demolition</b>						DATE 08/2015		N° 08		
LOCATION Former 187 Ke	ntish T	own Road NW1								
EQUIPMENT USED Various hand tools		Likelihood	2 1 Low 1 2	3 4 severity	Rating 1 = Rating 2 = Rating 3 = Rating 4 =	Rating 2 = Unlikely Rating 3 = Likely Rating 4 = Very Likely		Severity  Rating 1 = First Aid Injury or Illness Rating 2 = Minor Injury or Illness Rating 3 = "3 day" Injury or Illness Rating 4 = Major Injury or Illness Rating 5 = Fatality, Disabling Injury etc.		
			PF	E Re	quirements					
Hard Hat	Χ	Ear Prote	Ear Protection X		Gloves	Gloves X		Knee Pads		
Hi Viz	X	,	Protection X		Goggles					
Safety Boots/Shoes	Х	Face M Respira		Х	Overalls					
		Respire	alUI							
			RISK PI	RIOR	TO CONTROLS					
	Н	AZARDS IDENT	ΓIFIED			Low	М	ed	High	
Slips, trips, falls							,	X		
Manual handling							_	X		
соѕнн									Х	
Fire									X	
							<u> </u>	·	^	
Vibration X							Λ			
Noise X										
EXPOSED PERSONS. Operatives, other trades, visitors TOTAL NUMBERS AFFECTED. Varied										
Controls required to reduce risk  1. Plant is to be stored in a designated area and regular cleaning is to be carried out to reduce the risk trips and falls.  2. All operatives are trained in Manual Handling techniques.  3. COSHH Assessment will be carried out and safety data sheet on site for all adhesives used.  4. Selection of hand tools correct for the task. Tools are to be in good order and daily visual checks carried out.  5. Segregation of the work area. Barriers and signage off be erected to inform others to keep out.  6. The TE3000 has 7m per s2, i.e. over 4 hours permissible trigger time but a vibration register must be completed.  7. Noise zone of 5 meters is to be set up and ear defenders must be worn when working with or near this equipment.  8. Noise sampling must also be carried out.										
ADDITIONAL MEASURES REQUIRED						ACTION BY BY WHEN Site supervisor				
STATEMENT ON RESIDUAL RISKS										
When the detailed control measures in place are adhered to, the risks above will be reduced to an acceptable level.										
MONITORING RESULTS										
Monitoring is required to ensure that the controls remain effective.										
ASSESSOR POSITION						REVIEW DATE				
Steven Murray Health and Safety Manager					y Manager	08/2016				

# **PLANT / EQUIPMENT**

All our electric plant and hand tools are PAT tested at regular intervals and labels affixed indicating the latest test's expiry date.

PLANT / EQUIPMENT	REF No.	TEST / EXPIRY DATE

#### METHOD STATEMENTS AND RISK ASSESSMENTS

All operatives are to sign to say they have read and fully understand the Method Statement and Risk Assessments that are applicable for this site.

If you **do not** fully understand the Method Statement or Risk Assessments, **do not start work and inform your supervisor.** He will explain to you in more detail.

I have read and fully understand the Method Statement and Risk Assessments:

PRINT NAME	SIGNATURE	DATE