UPLIFT PROPERTY LIMITED Method Statement: SM 006 – Demolition Last Review Date: September 2015



# UPLIFT PROPERTY LIMITED 20 NEW BROADWAY LONDON E5 2XA TEL : 020 7729 4189

# **METHOD STATEMENT, RISK ASSESSMENTS & COSHH**

# **Demolition / Facade Retention Works**

# FOR

# **187 Kentish Town Road**

Site Address: 187 Kentish Town Road London NW1

Approvals:

Head of Health and Safety: Steven Murray Sign:

Construction Director Mantas Gedgaudas Sign:

Date: 25/09/2015

#### **METHOD STATEMENT FOR INTERNAL STRIPOUT / DEMOLITION**

Project: 187 Kentish Town Road, London

Method Statement Prepared By: Steven Murray

Site Address: 187 Kentish Town Road, London

Method Statement No.: SM / 006

Revision: A

Project Start Date: October 2015

Duration: 12 Months

#### SCOPE OF WORKS:

Activity/Work covered by this Method Statement: Roof Demolition and facade retention of the existing building.

– Various areas of site

#### ACCESS/EGRESS:

Access / Egress: is via Church Road main entrance, all pedestrian / Traffic Routes to the working area as provided by the Uplift property will be monitored on as regular basis, and identified at the site H&S induction.

#### LIGHTING:

General access lighting shall be utilized wherever possible to undertake works. In areas where lighting is found to be unsatisfactory (subject to Risk Assessment) task lighting shall be provided. Limited to maintain a suitable level of illumination and a safe working environment. Task lighting shall generally be tripod type with fluorescent fitting, 110 Volt supply. All task lighting shall be supplied with relevant inspection and test certification.

#### PLANT AND EQUIPMENT TO BE USED:

Tower Scaffolding, Scaffolding, Breakers and hand tools.

ALL tools and equipment used in the undertaking of the works shall be visually inspected for any defects prior to the work commencing. Certification for the plant and equipment will be kept within the Plant and Equipment file located in the site office on file. All power tools shall be PAT tested and records kept in the head office on file.

# MATERIALS USED:

N/A

See attached COSHH assessments.

#### **SEQUENCE OF TASKS:**

- 1. A full demolition asbestos survey will be carried on the building and if any asbestos is located within the building it will be removed before works commences.
- 2. All live services are to be turned off and capped at source, any services left live must be identified on a service drawing and warning signs displayed on site. Site induction is to identify all know live services left on site.
- 3. The works are to be planned to ensure that safe access and egress is provided and that a suitable location is identified for the unloading and storing of any materials and waste materials that are being removed from this activity.
- 4. The work area is to be inspected by the operatives involved and the site manager prior to works commencing and any area that is identified as being unsafe shall be reported to the Uplift Property for remedial action and re-inspected prior to the work commencing e.g. birdcage scaffold where required, access scaffolding, perimeter scaffolding, podiums, holes in slabs covered over correctly.
- 5. Before any work commences, the Uplift Property Supervisor will ensure that a briefing is provided for all personnel involved in carrying out this work activity. This briefing will cover the findings of the **Risk Assessment** and the controls introduced to manage significant risks. Where hazardous materials are used, the Uplift Property Supervisor will also explain the content of any relevant paperwork. i.e Coshh
- 6. The work activity briefing is intended to be a two-way process and all operatives are expected to challenge/question the proposed approach, particularly if they feel that a safer and more practical work method can be adopted.
- 7. As specified in the drawing specification the site manager is to identify the order in which the demolition is to take place.
- 8. All works at height will be carried out using a scaffolding which has been erected by a approved competent person. A scaff tag must be fitted to all towers prior to use.
- 9. All operatives undertaking the works must wear full PPE, Protective Helmet, Boots, gloves, glasses and masks.
- 10. Sky hooks are to be fitted to any cables left in the work area.
- 11. Site set up- erect hoarding, site accommodation and site operatives welfare units, waste skips, etc
- 12. Establish method for hoisting and positioning structural steels, etc
- 13. Construct mini piles and pile caps to ground floor structure
- 14. Underpinning to existing façade and party wall structures
- 15. Construct lift pit

- 16. Erect retaining structure to existing façade
- 17. Construct superstructures frame inc wall and floor structures to 2<sup>nd</sup> floor (to existing façade height)
- 18. Erect temporary support and decks for demolition
- 19. Demolish roof structure, mezzanine and associated structures in accordance with approved demolition method statement
- 20. Complete erection of structure to 4<sup>th</sup> floor
- 21. Party wall façade and new masonry wall construction
- 22. Construct stair core and stairs to 4<sup>th</sup> floor
- 23. Complete roof structure
- 24. Clad roof and new external walls at 3rd and 4th floors
- 25. Upgrade existing rainwater guttering and downpipes; provide new to 2<sup>nd</sup> and 3<sup>rd</sup> floor elevations
- 26. Hack up existing floor slab, reduced level excavations, walls, tanking, new ground and lowered floor slab
- 27. Drainage and services to serve new accommodation
- 28. Erect temporary access platforms to undertake remedial to existing façade
- 29. Alterations and renovation of existing brick façade
- 30. Install new windows to all elevations
- 31. External terrace finish and balcony to 3rd floor level
- 32. Brown roof to 3<sup>rd</sup> floor level
- 33. Balconies and associated works
- 34. First fix to residential units- screed, partitions, door frames, electric, plumbing, heating, etc
- 35. Thermal insulation to existing external façade
- 36. Plastering to walls and ceilings
- 37. 2<sup>nd</sup> fix to all units- tiling, kitchen units, sanitary ware, boilers, radiators, internal doors, flat entrance doors, etc

- 38. Install photovoltaics panels
- 39. Incoming utility service connections
- 40. External doors
- 41. 3<sup>rd</sup> fix and finals- decoration, floor coverings, electric fittings, heating and electric completion, wardrobes and fitted furniture, appliances, snagging, builders clean, pre handover clean
- 42. Communal stairs handrails, balustrades, finish to treads, risers
- 43. Lift installation
- 44. Dismantle all external temporary access scaffolds/platforms
- 45. External works, hard, soft landscaping, pergolas, etc
- 46. Dismantle site set up, hoarding, make good and clear from site
- 47. All debris removed from the demolition process will be placed in rubble bags or placed on the on site shoot and removed to the on site waste storage area.

#### Deliveries are to be as Uplift Property procedures.

All deliveries including skip lorries are to be booked in advance and notification be given to the site manager by the procurement dept.

Contact will be made with a supervisor of Uplift Property who in turn will ensure that the driver follows the designated route to the area required. The waste area is on the left hand side of the main entrance.

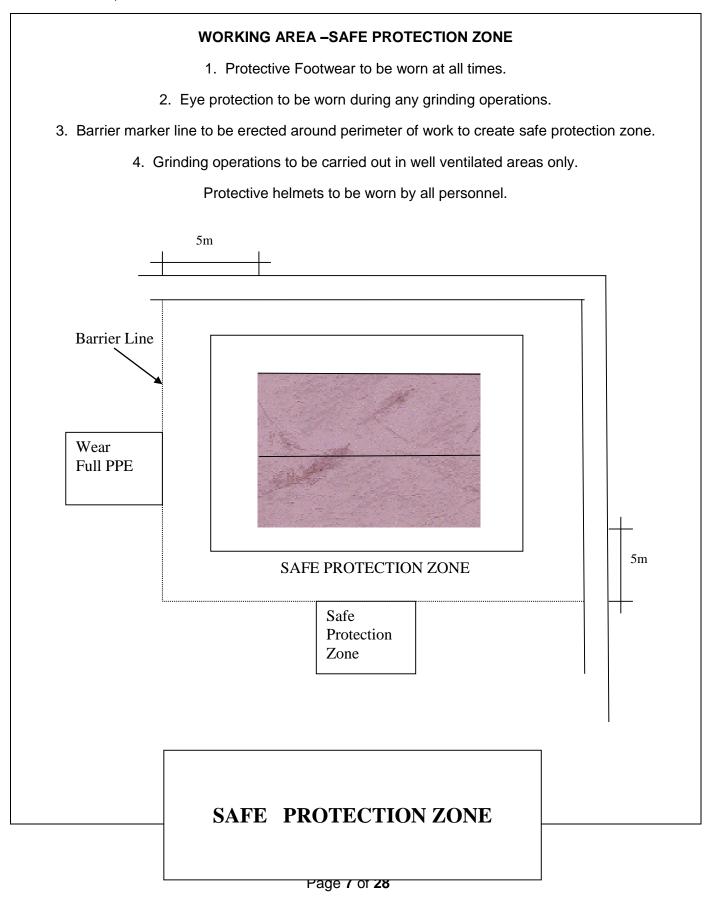
Reversing of vehicles will be supervised by the site banksmen. Waste Lorries will wait to be loaded after warning signs and fencing have been erected to ensure the safety of the public while loading takes place.

Operatives will load skip lorry manually once it is safe to do so.

All 110v power tools and leads must be PAT tested, and inspected at least every 3 months. All new tools brought to site must be entered in to the PAT log and marked to indicate when they are to be tested/inspected. A preference is given to battery powered tools if suitable for the task.

#### INTERFACE WITH OTHER TRADES:

There are no other potential risks from others that are known to us at this stage as all workers are carry demolition operations and are involved in these works.



# HAZARDS IDENTIFIED:

Hand Tools: As per Risk assessment.
Plant and Equipment: As per Risk assessment.
Works At Height As per Risk assessment.
Tripping Hazards As per Risk assessment.
Noise: As per Risk assessment.
Manual Handling: As per Risk assessment.
Dust: As per Risk assessment.
Vibration: As per Risk Assessment
Interaction With Other Trades: As per Risk assessment.

In addition to information contained in this document, we will as a minimum wear canvas backed gloves, protective anti-mist eyewear, steel toe-capped and instep boots and high-visibility vests to be worn at all times.

# DELIVERIES AND STORAGE:

Materials will be delivered direct to site in conjunction with Uplift Property site delivery requirements, and our delivery schedule to be provided prior to our commencement on site. All materials will be stored in a pre-arranged location on site – Left hand side of main door way.

# EMERGENCY ARRANGEMENTS:

All available from the site office and at site induction:

- Details of nearest Accident and Emergency Hospital.
- On-Site arrangements for first aid, location of first aiders and first aid kits.
- Special First Aid Requirements None
- Current Fire Arrangements for site.
- Special fire prevention measures N/A

# EQUIPMENT MAINTENANCE AND TESTING:

All our electric plant and hand tools are PAT tested at regular intervals and labels affixed indicating the latest test's expiry date.

Irrespective of the above, our operatives are all aware of the need to check all items of equipment prior to every use to make sure it is safe, well-maintained and suitable for the purpose for which it is being used, and to report any defects and discontinue use immediately.

#### TRAINING:

Training within Uplift Property Ltd holds a high priority. New techniques and processes are researched and where required operatives are given training and guidance to keep them up to date. Training records are constantly checked and updated at regular intervals. Toolbox talks are regularly given on various subjects to ensure operatives are constantly reminded of issues. Records of these are kept in the site office

Uplift property Ltd only use competent experienced approved sub-contractors/operatives, subcontractors and operatives have been with Uplift Property Ltd for a long time.

Uplift Property Ltd ensure all operatives have CSCS cards with their specific trade details as proof of competence. Operatives are reminded to carry this card at all time. CSCS card holder details to be supplied at site induction.

Our site working foreman has attended a SSSTS course.

#### Employees' awareness of Asbestos precautions and controls:

The company's management have the responsibility to ensure that all persons are protected from harmful Asbestos exposure. All company employees are required to be made aware of all necessary precautionary measures and controls related to work which may disturb Asbestos. It is the duty of company management to ensure that employees who may be required to work in areas where Asbestos could be present, receive safety awareness training for Asbestos.

Prior to a contract starting where Asbestos is present, company employees must receive site safety induction specific to the Asbestos precautionary measures and controls necessary for site operations. This would include the client's Asbestos procedures and documentation, i.e., policy's, survey reports, drawings and instant notification procedures. Induction will also include details of the Risk Assessment and Safe Method of Work Statement for Asbestos related works specific to the contract.

#### **PERSONAL PROTECTION EQUIPMENT (PPE):**

Hard Hats - EN397

Eye Protection - EN166B

Ear Protection - EN352 (1/3)

Safety Boots - EN345

Gloves - EN 388

Face Masks – TYPE A or FFP2 Dust Masks – (Face fitting has been carried out on workers involved in these works.)

High-Vis - EN 471

PPE requirements will be constantly reviewed and updated as required.

### HEALTH AND SAFETY:

**Uplift Property Ltd** in-house Health and Safety Manager will co-ordinate and communicate all relevant Health and Safety to all operatives and work closely with all sub-contractors to ensure Health and Safety compliance. Risk Assessments and Method Statements will be approved by the Health and Safety Manager before any works begin, and copies will be forwarded to site offices before work starts to be used as a reference for any issues that may occur. Operatives will sign to say that they have read and understood their Risk Assessments and Method Statements. Unannounced Health and Safety visits will be carried out by both the Contracts Manager and the Health and Safety Manager at regular intervals where issues of concern can be heard.

Co-ordination between the Health and Safety Manager and Clients/Main Contractors will be regular, where all issues will be welcome and concerns discussed.

#### SUPERVISION:

Site Supervisor will carry out regular appropriate toolbox talks and brief operatives on any issues of health and safety. Construction Manager will be Remi Montrimas will be responsible for contacting our on-site foreman.

**SITE SAFETY VISITS AND REPORTING:** Our Site Supervisor / Manager will carry out visual safety inspections regularly, and if necessary will liaise with the in-house Health and Safety Manager. Our Health and Safety Manager will carry out Health and Safety audits and record findings. Reports will be given direct to Uplift Property Ltd's directors by the in house Health and Safety Manager.

#### MONITORING

Inspection frequency –

Supervisor to ensure Safe protection zone is set up and monitored throughout the duration of the works, If required, all persons entering the safe protection zone without permission must be reported to the site management and if necessary works ceased.

Supervisor - daily. Health and Safety Manager – Site Audit as required.

Health/Environmental monitoring – As per Construction Directors visit and if required Health and Safety Manager will attend.

Enforcement by whom and when – Internal – Health and Safety Manager in accordance with site.

### HOUSEKEEPING AND WASTE REMOVAL PROCEDURE:

Operational areas are to be kept clear of waste and materials at all times. Materials will be stacked in a safe manner and away from pedestrian access and fire exits. On completion the site will be left clean and tidy and secure for handover. Waste to be taken to on site skip located at the front of the property.

Specific recyclable waste such as cardboard, timber and plastic, including waste pallets, will be taken to specific recycling skips on site. Rubble and waste screed will be placed in separation from other rubbish, so it can be placed in a specific rubble skip if one is provided.

#### ENVIRONMENTAL:

Where waste is generated during the course of this contract it shall be disposed of in a controlled, safe and proper manner. Prevention of spills entering drains and watercourses by using absorbent materials to stem flow, (spill kits). Dispose of materials at appropriate licensed disposal sites, if required, and will be in accordance with our COSHH data sheets.

Care will also be given to the environment surrounding site operations. Control measures will be applied to reduce contamination, for example by noise or dust, to minimise risk and to protect the public.

#### THE FOLLOWING COSHH/RISK ASSESSMENTS ARE ATTACHED:

#### COSHH:

Dust

#### **RISK ASSESSMENTS:**

Abrasive Wheels, Electric Hand Tools, Hand Tools, Manual Handling, Dust, Working In Occupied Properties, Working at height and Hot Works.

#### MANUAL HANDLING:

All operatives are trained in Manual Handling techniques.

We have arranged for all materials to be offloaded and distributed around the site by mechanical means, (provided by Uplift Property Ltd). If there are any instances where mechanical movement is not possible, we use the following guidelines, in addition to self assessment of individual capabilities.

Always use mechanical handling methods instead of manual handling wherever possible. Know your capabilities. Where possible establish the weight of the load before lifting. Wear gloves to protect against cuts and punctures. As a guide, a male lifting from ground to waist height should not lift in excess of 25kg and from ground to above elbow height should not lift in excess of 20kg.

Stand reasonably close to the load, feet hip-width apart, one foot pointing in the direction you are going. Bend your knees and keep your back straight. Get a secure grip and keep the load close to your body and lift slowly and smoothly. Avoid jerky movements or twisting.

We carry out Manual Handling toolbox talks at regular intervals to ensure our site team are aware of the dangers.

See attached Manual Handling Risk Assessments.

#### Health Surveillance

All operatives are to complete a health questionnaire prior to works on site this questionnaire is to be carried out on a yearly basis. If an individual mentions / highlights they get tingling in the fingers or other signs of health problems then they will be sent for further tests.

#### Permits / Procedures

Hot Work Permits are to be issued by site manager. Asbestos Survey to be checked Scaff tags placed on scaffolding Towers.

#### Works at height

All works at height are to be carried out using a tower scaffolding.

#### Security

All security arrangements are provided by Uplift Property Ltd.

#### Special training

There will be no special training requirements other than items already stated on page 7 and 8 of this document.

#### Planned Maintenance

All plant and equipment is monitored and inspected as per the Uplift Property plant procedure. P.A.Tested on a three monthly basis.

# Foreseeable Emergency Arrangements.

N/A

#### **Working Time Directive**

A health questionnaire is to be completed by all of the project workforce.

# **Temporary Amended Systems**

N/A

# Special fire Prevention Measures

Hot Work Permit. And task fire extinguishers.

<b>PERMITS / PROCEDURES:</b> To Working at Heights – Yes Scaffold – Yes Hot Works – Yes Working in confined spaces – N/A	b be applied for, if required.
SITE OPERATIVES: TBA	
CHANGE REQUIREMENTS:	Remi Montrimas
DATE OF COMPLETION:	Tba

OPERATION/PROCESS USING ABRASIVE WHEELS								№ 01		
LOCATION: 187 Kentish Town Road NW1										
EQUIPMENT USED Angle grinder, Etc		Likelihood Likelihood Likelihood Likelihood Likelihood Likelihood								
PPE Requirements										
Hard Hat Hi Viz Safety Boots/Shoes	X X X	Ear Protection Eye Protection Face Mask Respirator	X X X	Gloves Goggles Overalls	XX					
				O CONTROLS		1.				
		HAZARDS IDENTIFIE	D			Low	Med	<u></u>		
Cuts from rotating abrasive v	vneei							X		
Flying debris			X							
Entrapment of clothing in rota	ating	parts						Х		
Abrasive wheel shattering			х							
Hand arm vibration syndrome (HAVS)										
Noise							Х			
Dust from worked material X										
	-	ives, other trades, visitors		TOTAL NUMBERS AFF	ECTED.	Varie	d			
<ol> <li>Only approved exp</li> <li>Abrasive wheels m</li> <li>Each item of plant</li> <li>Wheels must be vi must not be used u</li> <li>Suitable PPE must</li> <li>Long hair must be</li> <li>Loose fitting clothin</li> <li>Wheels must be st</li> <li>Grinding wheels m speed.</li> <li>The grindstone use</li> <li>Noise protection zo within zone. Warni</li> </ol>	<ol> <li>Abrasive wheels must only be used as per the manufacturer's instruction.</li> <li>Each item of plant must be serviced by a competent person as per the manufacturer's suggested intervals.</li> <li>Wheels must be visually inspected before each use and damaged units reported to the site supervisor/manager. Damaged units must not be used until they have been examined by a competent person.</li> <li>Suitable PPE must be worn by the wheel operator to include safety glasses or face shield, protective clothing and gloves.</li> <li>Long hair must be tied back when operating an abrasive wheel.</li> <li>Loose fitting clothing must not be worn when operating an abrasive wheel.</li> <li>Wheels must be stored in a suitable location when not in use, (supervisor will instruct).</li> <li>Grinding wheels must only be changed by an authorised person. Wheels must be run within their indicated maximum running</li> </ol>									
ADDITIONAL MEASURES R area of work, (i.e. ear/eye pro			hat the	y require additional PPE in		CTION B		BY WHEN		
STATEMENT ON RESIDUA acceptable level.	L RIS	KS: When the detailed contro	ol mea:	sures in place are adhered	to, the ri	sks above	e will b	e reduced to an		
MONITORING RESULTS:	_	Monitoring is required to	ensure	that the controls remain ef	fective.					
ASSESSOR: Steven Murray	/			POSITION: Health and S Manager	Safety	REVIE	W DA	TE: 08/2016		

Maximum number of people involved in activ	vity:								
Additional specific hazards identified:									
Additional control measures required:									
Assessment of remaining risks: insignificant	/low/medium/high								
	ie ii, mealain, mgn								
Is residual risk level acceptable?									
Serious and imminent danger risks identified	1: Yes/No								
Emergency action required:									
Name(s) of competent person(s) appointed	to take action:								
Circumstances which will require additional	assessment:								
Circulation of Risk Assessment (tick):									
Contractor 🗸 Site Copy	√	Emp	loyees ✓						
Subcontractor ✓ Other		Client							
Signed	Print Name		Date						

OPERATION/PROCESS	ELECT	DATE 08/2015		N° 04					
LOCATION 187 Kentish To	wn Road N	W1							
EQUIPMENT USED									
110v Breakers, 110v extension leads, transformer Likelihood 5 4 4 5 Rating 1 = Rating 3 = Rating 4 = 1 2 3 4 5 Rating 5 =						R R R	Severity           ating 1         First Aid Injury or Illness           ating 2         Minor Injury or Illness           ating 3         "3 day" Injury or Illness           ating 4         Major Injury or Illness           ating 5         Fatality, Disabling Injury etc.		
PPE Requirements									
Hard Hat Hi Viz	X	Ear Protection	X	Gloves	X				
Safety Boots/Shoes	X	Eye Protection Face Mask	XX	Goggles Overalls	Х				
		Respirator		Overaile					
	··								
			RIOR I	O CONTROLS					
	HAZA	RDS IDENTIFIED			Low	Me	3		
Electrocution							X		
Fire							X		
Contact with moving parts					X				
Flying particles from use X									
EXPOSED PERSONS.	EXPOSED PERSONS. Operatives, other trades, visitors TOTAL NUMBERS AFFECTED. Varied								
<ol> <li>Controls required to reduce risk</li> <li>All power tools will be PAT tested before being used on site and records kept in the office, (every 3 months). Daily visual checks of all power tools and plant before being used. Damaged plant/tools are not to be used on site and reported to the site supervisor.</li> <li>Only trained and experienced operatives are to use power tools/plant. Guards must be used and cut out switches checked for their operational use. All tools/plant not in use will be stored away in a designated area where no unauthorised person can gain access to them.</li> <li>Eye/ear protection will be used when operating any power tool/plant. PPE will be issued to all operatives after choosing the correct type for the task.</li> <li>Trailing leads, all leads where possible are to be fixed at height, so as not to cause a tripping hazard. Main Contractor responsibility out of our area.</li> <li>Establish hearing protection zone at a 7 metre distance from grinder/dustless cutter. Warning signage to be erected.</li> <li>Operatives must be face fit tested and clean shaven when wearing face masks.</li> </ol>									
ADDITIONAL MEASURES	REQUIRED	)			ACTION B	Y	BY WHEN		
Signage to inform all that the defenders/ eye protection).	ey require a	additional PPE in this an	ea of w	ork, (i.e. ear	Site superv	visor			
STATEMENT ON RESIDU	AL RISKS								
When the detailed control r	neasures in	place are adhered to, th	ne risks	above will be reduce	ed to an acce	ptable l	evel.		
MONITORING RESULTS									
Monitoring is required to er	sure that the	e controls remain effect	ive.						
ASSESSOR		POSITION			REVIEW D	ATE			
Steven Murray		Health and	I Safety	/ Manager	08/2016				

Maximum number of people involved in activ	ity:									
Additional specific hazards identified:										
Additional control measures required:										
Assessment of remaining risks: insignificant/low/medium/high										
Is residual risk level acceptable?										
Serious and imminent danger risks identified: Yes/No										
Emergency action required:										
Name(s) of competent person(s) appointed to	o tako action:									
Circumstances which will require additional a	assessment:									
Circulation of Risk Assessment (tick):										
Contractor 🗸 Site Copy	$\checkmark$	Emp	loyees ✓							
Subcontractor ✓ Other		Client								
Signed	Print Name		Date							

OPERATION/PROCESS	OPERATION/PROCESS HAND TOOLS								№ 07				
LOCATION Former 187 Kentish Town Road NW1													
EQUIPMENT USED Hammers , screwdrivers, Knives, Crow bars , etc					High     Rating 1 =       Rating 2 =     Rating 3 =       Rating 4 =     s       5     Rating 5 =	Unlikely Likely Very Lik	likely :ely	R R R	ating 1 = ating 2 = ating 3 = ating 4 = ating 5 =	Minor Injurý or Illness "3 day" Injury or Illness Major Injury or Illness			
PPE Requirements													
Hard Hat	Х	Ear Prote		X	Gloves		Х						
Hi Viz	Х	Eye Prot		Х	Goggles								
Safety Boots/Shoes	Х	Face M			Overalls								
		Respir	ator										
			RISK PF	RIOR <sup>-</sup>	TO CONTROLS								
HAZARDS IDENTIFIED							ow	M	əd	High			
Manual Handling								>					
Maintenance								>	<				
Improper use								>	(				
Impact with tool										Х			
EXPOSED PERSONS.	Operati	ves, other trade	s, visitors		TOTAL NUMBERS	S AFF	ECTEI	D. \	/aried				
<ol> <li>Controls required to reduce risk</li> <li>Ensure the correct tool is selected that is best suited for the task.</li> <li>Ensure the tools are kept in a well maintained manner, i.e. blades sharp, etc.</li> <li>All hand tools are inspected daily and before use. Damaged tools are not to be used and reported to the supervisor.</li> <li>Hand tools are to be secured away if not in use to prevent unauthorised use.</li> <li>Suitable PPE for the activity is to be worn, i.e. eye protection where risk of eye injury, gloves for better grip, etc.</li> <li>Operatives are to trained in the use of all hand tools prior to using them.</li> <li>Cutting edges of blades/chisels/saws kept sharp.</li> <li>Fixed blade knives are to be kept in a holster when not in use.</li> </ol>													
ADDITIONAL MEASURES	REQU	IRED					TON B super		BYW	/HEN			
STATEMENT ON RESIDU	AL RIS	KS											
When the detailed control r	neasure	es in place are a	dhered to, th	e risk	s above will be reduce	ed to a	n acce	ptable I	evel.				
MONITORING RESULTS													
Monitoring is required to en	sure th	at the controls r	emain effecti	ve.		1							
ASSESSOR			POSITION			REV	IEW D	ATE					
Steven Murray		Steven Murray Health and Safety Manager								08/2016			

Maximum number of people involve	ed in activ	vity:						
Additional specific hazards identified	d:							
Additional control measures require	d:							
According to the second s	anificant	(lou (modium (bigh						
Assessment of remaining risks: insi	gnincant/	/low/mealum/nign						
Is residual risk level acceptable?								
Serious and imminent danger risks identified: Yes/No								
Emergency action required:								
Name(s) of competent person(s) ap	pointed 1	to take action:						
Circumstances which will require ac	ditional	assessment:						
Circulation of Risk Assessment (tick	<u></u>							
		. /	<b>F</b>					
	Site Copy	v	-	loyees ✓				
	Other	Drint Norra	Client					
Signed		Print Name		Date				

OPERATION/PROCESS	MAN	UAL HANDL		DATE N° 08/2015			1			
LOCATION Former 187 Ker	LOCATION Former 187 Kentish Town Road NW1									
EQUIPMENT USED Wheel barrows, Mechanical Waste Bags	Rating 1 = Rating 2 = Rating 3 = Rating 4 =		R R R	ating 1 = ating 2 = ating 3 = ating 4 = ating 5 =	<u>Severity</u> First Aid Injury or Illness Minor Injury or Illness "3 day" Injury or Illness Major Injury or Illness Fatality, Disabling Injury etc.					
Hard Hat Hi Viz Safety Boots/Shoes	Hi Viz X Eye Protection X Goggles									
	HA	ZARDS IDENTI	FIED			Low	Me	ed	High	
Awkward shapes/sizes							×	(		
Distance to travel with							Х	(		
Fitness of operatives							X	(		
Weight of Steels							Х	(		
Ground conditions							Х	(		
Interaction with others/vehic					Х					
EXPOSED PERSONS.	Operativ	es, other trades,	visitors		TOTAL NUMBER	S AFFECTED	. v	aried		
<ol> <li>Controls required to reduce risk</li> <li>All operatives will be trained in manual handling techniques.</li> <li>Provision of mechanical means where possible. Provide manual handling aids wherever reasonably practicable.</li> <li>Ensure all operatives that engage with manual handling are suitably fit.</li> <li>Ensure route to be used is clear from all obstructions.</li> <li>Where weight exceeds 25 kg, (or suitable weight for individual), a team lift may be necessary. Where team lifting is adapted all operatives will be reminded of principles of team lifting, i.e. team leader giving commands, etc.</li> <li>PPE requirements will vary depending on the material be lifted and method.</li> </ol>										
ADDITIONAL MEASURES I	REQUIR	RED				ACTION BY Site supervi		BY W	HEN	
STATEMENT ON RESIDUA When the detailed control m	-	-	hered to, th	ne risks	s above will be reduce	ed to an accep	table le	evel.		
MONITORING RESULTS				_						
Monitoring is required to ens	sure that	t the controls rer	nain effecti	ve.						
ASSESSOR			POSITION			REVIEW DA	TE			
Steven Murray			Health and	Safet	y Manager	08/2016				

Maximum number of people involved in activ	vity:								
Additional specific hazards identified:									
Additional control measures required:									
Assessment of remaining risks: insignificant/low/medium/high									
Is residual risk level acceptable?									
Serious and imminent danger risks identified	d: Yes/No								
Emergency action required:									
Name(s) of competent person(s) appointed	to take action:								
Circumstances which will require additional	assessment:								
Circulation of Risk Assessment (tick):									
Contractor 🗸 Site Copy	/ √	Emp	loyees ✓						
Subcontractor ✓ Other		Client							
Signed	Print Name		Date						

OPERATION/PROCESS	GRI	NDING, BRE	AKING O	DATE N° 8/2016			1			
LOCATION Former 187 Ke	ntish To	wn Road NW1								
EQUIPMENT USED Angle Grinder Breakers		Likelihood	ledium 3 4 ieverity	Rating 1 = Rating 2 = Rating 3 = Rating 4 =						
PPE Requirements										
Hard Hat Hi Viz	X X	Ear Prote Eye Prote		X X	Gloves Goggles	X X				
Safety Boots/Shoes	Х	Face M Respira		Х	Overalls					
		Roopire							I	
	<u>ц</u>	AZARDS IDENT		RIOR	TO CONTROLS	Low	M	od .	High	
Vibration	11/					LOW	IVI	su	X	
Noise									X X	
Dust							>	(		
Manual Handling		>								
Interaction with others				Х						
EXPOSED PERSONS. Operatives, other trades, visitors TOTAL NUMBERS AFFECTED. Varied										
<ol> <li>Controls required to reduce risk</li> <li>Segregation of work area from other trades, public. Barriers and signage to be erected to inform to keep clear and additional PPE to be worn in this area.</li> <li>Ensure that a program of inspection and maintenance is established and adhered to for the grinder. Daily inspection of all plant. Damaged plant is not to be used and reported to the supervisor.</li> <li>Ensure low vibration breaking equipment is used, Vibration register to be implemented for all vibrating operations.</li> <li>Noise protection zone of 5metres to be set up around grinding area. Ear protection/FFP2 mask to be worn by all persons working within zone. Warning signage to be displayed.</li> <li>All operatives are trained/experienced operators.</li> <li>PPE to include impervious gloves, safety footwear, goggles to BS EN 166B, dust mask and hearing protection. As per above.</li> <li>Regular clean up of waste material, spray water onto dust before sweeping up.</li> <li>P.A.T testing to be carried out on a 3 month basis, daily checks required by the operative. / PUWER</li> </ol>										
ADDITIONAL MEASURES	REQUI	RED				ACTION E Site super		BY W	HEN	
STATEMENT ON RESIDUA	AL RISK	(S								
When the detailed control m	neasure	s in place are a	dhered to, th	ne risks	s above will be reduce	ed to an acce	eptable l	evel.		
MONITORING RESULTS										
Monitoring is required to en	sure tha	at the controls re	emain effecti	ve.						
ASSESSOR			POSITION			REVIEW D	ATE			
Steven Murray		y Manager	08/2016							

UPLIFT PROPERTY LIMITED Method Statement: SM 006 – Demolition Last Review Date: September 2015

#### SITE SPECIFIC ASSESSMENT

Maximum number of people involve	d in activity	y:							
Additional specific hazards identifie	d:								
Additional control measures require	d:								
Assessment of remaining risks: insi	gnificant/lov	w/medium/high							
Is residual risk level acceptable?	Is residual risk level acceptable?								
Serious and imminent danger risks	identified: \	Yes/No							
Emergency action required:									
Name(s) of competent person(s) ap	pointed to	take action:							
Circumstances which will require ac	ditional as	sessment:							
	<u> </u>								
Circulation of Risk Assessment (tick									
Contractor 🗸 S	Site Copy	$\checkmark$	Emp	loyees ✓					
Subcontractor 🗸	Other		Client						
Signed	F	Print Name		Date					

OPERATION/PROCESS ALLOY ACCESS TOWER						∃ )14	<b>N</b> ° 1	15		
LOCATION: 187 Kentish Town Road NW1										
EQUIPMENT USED Alloy Access Tower Likelihood						ly	Rating 1 = Rating 2 = Rating 3 = Rating 4 = Rating 5 =	Minor Injurý or Illness "3 day" Injury or Illness Major Injury or Illness		
PPE Requirements										
Hard Hat Hi Viz Safety Boots/Shoes	X X X	Eye Prote Face Ma	Ear ProtectionGlovesXEye ProtectionGogglesFace MaskOverallsRespiratorHarnessX							
			RISK PRIOR T	O CONTROLS						
	HAZ	Lo	w	Med	High					
Falls from height						X X				
Falling material/tools										
Collapse/failure					V	X				
Uneven ground							X X			
EXPOSED PERSONS.       Operatives, other trades, visitors       TOTAL NUMBERS AFFECTED.         Controls required to reduce risk       1. All working at height must be planned and supervised. Alloy Access Tower is to be used where working at height required. Alloy Access Tower is a safe means of access and must be used as per manufacturer's instructions.         2. Tools and material must be kept to a minimum on platform to reduce the risk of knocking them off. Tool belt to be worn.         3. Alloy Access Tower to be used as per the manufacturer's instruction and erected by a competent person, who has been PASMA Trained. Daily visual inspections are to be carried out for any sign of damage. If the Alloy Access Tower is damaged or has missing parts, it is not to be used and reported to the site supervisor.         4. Alloy Access Tower must be used on even ground.         5. When not in use Alloy Access Tower must be stored away securely.										
ADDITIONAL MEASURES	REQUIRE	Đ				ON BY supervisor	BYW	/HEN		
STATEMENT ON RESIDU/ When the detailed control n			dhered to, the risks	above will be reduce	ed to an	acceptable	e level.			
MONITORING RESULTS Monitoring is required to en	sure that	the controls re	main effective.							
ASSESSOR			POSITION		REVIE	EW DATE				
Steven Murray			Health and Safety	Manager	02/2015					

Maximum number of people involved in activity:	2			
Additional specific hazards identified: No	one			
Additional control measures required: N	/A			
Assessment of remaining risks: insignificant/ <b>low</b> /	/medium/high			
Is residual risk level acceptable? YES				
Serious and imminent danger risks identified: Yes/No				
Emergency action required: N/A				
Name(s) of competent person(s) appointed to tak	ke action: N/A			
Circumstances which will require additional assessment: None				
Circulation of Risk Assessment (tick):				
Contractor 🗸 Site Copy	✓ Employe	ees ✓		
Subcontractor✓OtherSigned	Client Print Name	Date		
Oldrien	i init inditic			

OPERATION/PROCESS Demolition				DATE 08/2015		№ 08				
LOCATION Former 187 Ke	ntish Tow	vn Road NW1								
EQUIPMENT USED Various hand tools		Likelihood	5 Rating 1 Likelihood 3 Rating 3 2 Rating 3 Rating 3 1 Low Rating 4		Rating 1 = Rating 2 = Rating 3 = Rating 4 =	Unlikely F Likely F Very Likely F		Severity           Rating 1         First Aid Injury or Illness           Rating 2         Minor Injury or Illness           Rating 3         "3 day" Injury or Illness           Rating 4         Major Injury or Illness           Rating 5         Fatality, Disabling Injury etc.		
			PF	PE Rec	uirements					
Hard Hat Hi Viz Safety Boots/Shoes	X X X	Ear Prote Eye Prote Face M Respira	ection ask	X X X	Gloves Goggles Overalls	×		Knee Pads X		
			RISK PI	RIOR 1	O CONTROLS				1	
	HAZ	ZARDS IDENT	IFIED			Low	M	ed	High	1
Slips, trips, falls								X		
Manual handling								Х	V	
COSHH							X X			
Fire							^			
EXPOSED PERSONS. Operatives, other trades, visitors TOTAL NUMBERS AFFECTED. Varied										
<ol> <li>Controls required to reduce risk</li> <li>Material is to be stored in a designated area to reduce the risk trips and falls.</li> <li>All operatives are trained in Manual Handling techniques.</li> <li>COSHH Assessment will be carried out and safety data sheet on site for all adhesives used.</li> <li>Selection of hand tools correct for the task. Tools are to be in good order and daily visual checks carried out.</li> <li>Segregation of the work area. Barriers and signage off be erected to inform others to keep out.</li> <li>COSHH Assessment for adhesives will be on site for reference.</li> </ol>										
ADDITIONAL MEASURES REQUIRED				ACTIOI Site su	N BY pervisor	BY WHEN				
STATEMENT ON RESIDUAL RISKS When the detailed control measures in place are adhered to, the risks above will be reduced to an acceptable level.										
MONITORING RESULTS										
Monitoring is required to en	sure that	the controls re	main effecti	ve.						
ASSESSOR POSITION				REVIEW DATE						
Steven Murray Health and Safety Manager			/ Manager	08/2016						

# PLANT / EQUIPMENT

# All our electric plant and hand tools are PAT tested at regular intervals and labels affixed indicating the latest test's expiry date.

PLANT / EQUIPMENT	REF No.	TEST / EXPIRY DATE

#### METHOD STATEMENTS AND RISK ASSESSMENTS

All operatives are to sign to say they have read and fully understand the Method Statement and Risk Assessments that are applicable for this site.

If you **do not** fully understand the Method Statement or Risk Assessments, **do not start** work and inform your supervisor. He will explain to you in more detail.

I have read and fully understand the Method Statement and Risk Assessments:

PRINT NAME	SIGNATURE	DATE