

Camden Planning Guidance

Sustainability

London Borough of Camden

CPG **3**



September 2013

CPG1 Sustainability

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1 Introduction

What is Camden Planning Guidance?

- 1.1 We have prepared this Camden Planning Guidance to support the policies in our Local Development Framework (LDF). This guidance is therefore consistent with the Core Strategy and the Development Policies, and forms a Supplementary Planning Document (SPD) which is an additional “material consideration” in planning decisions. This document was updated on 4 September 2013 following statutory consultation to clarify the guidance in Section 9 related to the Code for Sustainable Homes. The Camden Planning Guidance documents (CPG1 to CPG8) replace Camden Planning Guidance 2006.
- 1.2 The Camden Planning Guidance covers a range of topics as well as sustainability (such as design, housing, amenity and planning obligations) and so all of the sections should be read in conjunction, and within the context of Camden’s LDF.

What is this sustainability guidance for?

- 1.3 The Council is committed to reducing Camden’s carbon emissions. This will be achieved by implementing large scale projects such as installing decentralised energy networks alongside smaller scale measures, such as improving the insulation and energy performance of existing buildings.
- 1.4 This guidance provides information on ways to achieve carbon reductions and more sustainable developments. It also highlights the Council’s requirements and guidelines which support the relevant Local Development Framework (LDF) policies:
- CS13 - *Tackling climate change through promoting higher environmental standards*
 - DP22 - *Promoting sustainable design and construction*
 - DP23 - *Water*

What does the guidance cover?

- Energy statements
- The energy hierarchy
 - Energy efficiency – in new and existing buildings
 - Decentralised energy and combined heat and power (CHP)
 - Renewable energy
- Water efficiency
- Sustainable use of materials
- Sustainability assessment tools - Code for Sustainable Homes, BREEAM and EcoHomes
- Green roofs, brown roofs and green walls
- Flooding
- Climate change adaptation
- Biodiversity
- Urban food growing

3 Energy efficiency: new buildings

KEY MESSAGES

All new developments are to be designed to minimise carbon dioxide emissions

The most cost-effective ways to minimise energy demand are through good design and high levels of insulation and air tightness.

This guidance covers:

- Stage 1 of the energy hierarchy; and
- How to ensure new buildings are as energy efficient as possible.

- 3.1 Stage 1 involves ensuring that the design of a development includes a range of low carbon techniques that will reduce its energy consumption.
- 3.2 Stages 2 and 3 of the energy hierarchy – Decentralised energy networks and combined heat and power and renewable energy are dealt with in sections 4 and 5 of this document.
- 3.3 Core Strategy policy CS13 – *Tackling climate change through promoting higher environmental standards* encourages developments to meet the highest feasible environmental standards that are financially viable during construction and occupation.

WHAT WILL THE COUNCIL EXPECT?

All new developments are to be designed to minimise carbon dioxide emissions by being as energy efficient as is feasible and viable

Energy efficient design techniques

- 3.4 Energy efficient design requires an integrated approach to solar gain, access to daylight, insulation, thermal materials, ventilation, heating and control systems. It is important you always consider these aspects in relation to each other when designing a scheme.
- 3.5 This section provides detailed guidance on all the ways you can design your building to be more energy efficient. It is split into four sections:
- Natural systems;
 - Thermal performance;
 - Mechanical systems; and
 - Other energy efficient technology.

Natural systems

- 3.6 Designing natural systems into new buildings can make the most of naturally occurring energy, such as the heat and light from the sun.

Making the most of sunlight

- Consider locating principal rooms that require warmth and daylight on the south side of buildings to benefit from the sun's heat. Within 30 degrees of south is ideal.
- Consider any overshadowing from adjoining or of adjoining buildings and spaces that will reduce the amount of solar gain.
- Consider the possibility of including renewable energy technologies, for example by including a flat or south facing roof for solar panels.

Making the most of daylight

- Maximise the amount daylight while minimising the need for artificial lighting.
- Carefully design windows to maximise the amount of sunlight entering rooms to meet the needs of the intended use.
- Daylight is dependent on the amount of open, un-obscured sky available outside a window, the amount of sunshine and the amount of light reflected from surrounding surfaces.
- The size, angle and shape of openings together with room height depth and decoration determine the distribution of daylight.

3.7 More information on daylight and sunlight can be found in CPG6 Amenity.

Preventing overheating

- 3.8 Some developments may experience too much sunlight in the summer, therefore you should achieve a balance between benefitting from solar gain and preventing over heating. To prevent over heating:
- Locate any spaces that need to be kept cool or that generate heat on the north side of developments.
 - Use smaller windows on the south elevation and larger windows on the north.
 - Use shading measures, including balconies, louvers, internal or external blinds, shutters, trees and vegetation. Any shading needs to be carefully designed to take into account the angle of the sun and the optimum daylight and solar gain.
 - Include high performance glazing e.g. triple glazed windows, specially treated or tinted glass.
 - Make use of overshadowing from other buildings.
 - Include green and brown roofs and green walls which help to regulate temperature. See section 9 of this guidance on brown roofs, green roofs and green walls for more information.

Natural ventilation

- Natural ventilation includes openable windows, the 'stack effect' system where pressure differences are used to draw air through a building (see Figure 1) and, double layers, where one layer has

openable windows where air can flow freely. These systems allow air to be drawn through a building and can operate in tall buildings. Careful design of the space is required as air flows are impeded by walls and partitioning.

- Room layouts, shallow floor plans and high floor to ceiling heights all help the natural ventilation of buildings

Natural cooling

- Can be created by shading, the evaporation effect from trees and other vegetation including green roofs and walls which naturally cool the environment. See section 9 for more guidance on green roofs.

WHAT INFORMATION DOES THE COUNCIL REQUIRE?

- A full model of the building should be carried out to ensure the building design optimises solar gain and daylight without resulting in overheating for developments comprising 5 dwellings or more or 500sq m or more of any floorspace
- Consider maximising the use of natural systems within buildings before any mechanical services are considered

Thermal performance

- 3.9 The thermal performance of a building relates to the amount of heat that is retained inside and the amount that is lost to the outside air. Ensuring a high thermal performance is one of the most effective ways to ensure your development is energy efficient.

Insulation

- 3.10 A high level of insulation is the most effective way to ensure new buildings are energy efficient. Use insulation with low overall heat transfer coefficient (U-value). See the Energy Savings Trust's Insulation materials chart for details on the thermal performance of various materials.

U-value

The rate at which heat transfers through a building material. The lower the U-value, the better the insulator.

- 3.11 Consider how the insulation is attached to the building structure or walls. If a joint is badly insulated or if the material is penetrated by materials that conduct heat such as metal nails, it could cause cold patches and reduce the efficiency of the insulation. Ensure special attention is given to these potential heat loss areas to prevent cold bridging and potential points of condensation.

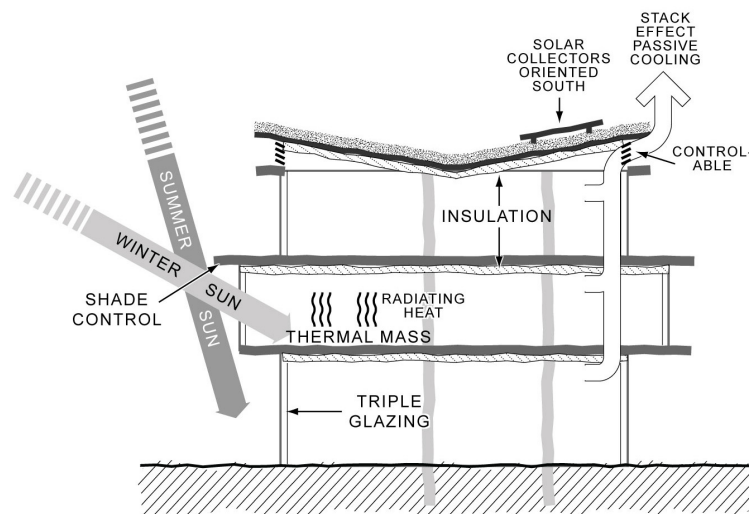
Cold bridging

Cold bridging occurs on a surface where one material loses heat faster than other, for example, through a concrete frame or a metal nail.

Materials with thermal properties

- 3.12 Materials with a high thermal mass e.g. concrete absorb and retain heat produced by the sun. These materials can be used to regulate indoor temperatures, especially to keep inside spaces cool during the day. Where heat is generated from within a building, exposed areas of thermal mass within the building can be used to transmit heat out of a building as the outdoor temperature drops.
- 3.13 Figure 11 below shows how heat from the sun can be absorbed by the thermal mass material and be released over time to help keep the building warm and insulated

Figure 1. Natural system principles



Thermal buffers

- 3.14 Porches, atriums, conservatories, lobbies and sheltered courtyards are useful 'thermal buffers'. You can design these features to prevent excessive heat loss from doors and windows by providing a transition between the cold outside and the warm inside of a building.
- 3.15 Insulation is central to low energy construction but it must be installed without any gaps to ensure a building is air tight to reduce heat loss. In some buildings around half of all heat losses are due to air leakage throughout the building materials.
- 3.16 To achieve air tightness, buildings must be designed with a continuous seal around the internal materials to eliminate unwanted draughts. Once the seals are in place, they ensure that the insulation can function to its optimum performance, saving energy and drastically reducing carbon emissions for the lifetime of the building.

Air tightness

Air tightness is the control of air leakage, i.e. the elimination of unwanted draughts and holes through the external materials of the building. It is measured by the rate at which air passes through a building (m³/m²/h)

- 3.17 Particularly air tight buildings may need to include a specialised ventilation system to ensure that naturally pre-heated fresh air is circulated through all the rooms without losing heat. See the section on Mechanical systems below for more information on Mechanical Ventilation with Heat Recovery (MVHR).

Mechanical systems

- 3.18 Mechanical systems are generally required by the Building Regulations to enable buildings to be occupied. These systems vary from simply extraction fans in kitchens and bathrooms to whole office cooling systems. The Council will expect applicants to consider the following when choosing mechanical systems:

Efficient heating

- Use heating systems that run using gas as they are generally more carbon efficient than systems which use electricity. Gas systems can also be designed so that they can be connected to a decentralised heating network.
- Locating plant e.g. pipes, flues, machinery, close to where the heat is required ensures a lower level of energy for pumping.
- A community heating scheme, where appropriate e.g. Combined Heat and Power (see section 4 of this guidance on Decentralised energy and combined heat and power for more information)
- Avoiding electric heating systems unless there is no access to a gas connection, or where heating is required for very short periods in isolated locations

WHAT INFORMATION DOES THE COUNCIL REQUIRE?

- Any development proposing electric heating (including heat pumps) will need to demonstrate the carbon efficiency of the proposed heating system. Specifications of the electric heating system and calculations will need to be provided to demonstrate that the proposed electric heating system would result in lower carbon dioxide emissions than an efficiency gas fuelled heating system.

Efficient ventilation and cooling

- Mechanical Ventilation with Heat Recovery (MVHR) conserves energy by recovering heat from stale warm air leaving a building and transferring the heat to the cooler incoming air.
- Water based cooling systems reduce the need for air conditioning by running cold water through pipes in the floor and/or ceiling to cool the air.

- Ground source cooling.
- Evaporation cooling which cools air through the simple evaporation of water.
- Exposed concrete slabs.
- The natural 'stack effect' which draws cool air from lower levels whilst hot air is released.

3.19 For some uses such as laboratories, where sterile conditions are essential, natural ventilation will not be required. These rooms should be located to minimise the heating or cooling required and close to the plant to limit the energy required by fans and pumps.

WHAT INFORMATION DOES COUNCIL REQUIRE?

- Where traditional mechanical cooling e.g. air conditioning units are proposed applicants must demonstrate that energy efficient ventilation and cooling methods have been considered first, and that they have been assessed for their carbon efficiency.
- NB: Air source heat pumps will be considered to provide air conditioning in the summer unless it can be demonstrated that the model chosen is not capable of providing cooling.

Other energy efficient technology

- In the average home, lighting accounts for around 20% of the electricity bill. In some developments it can be one of the highest energy consumers and can generate large amounts of heat that is wasted.
- High efficiency lighting with controlled sensors e.g. timers, movement sensors and photo sensors, which adjust the brightness of the light depending on the natural light level.
- Zoned lighting, heating and cooling with individual control.
- Specifying appliances which are A+ rated.
- Efficient mechanical services system or a building management system – computer systems which control and monitor a building's mechanical and electrical equipment. Their main aim is to control the internal environment, but in doing so can also reduce the energy consumption of a building.
- Using heat recovery systems.
- Energy monitoring, metering and controls should be used to inform and facilitate changes in user behaviour.

Heat recovery system

A heat recovery system uses heat leaving a building or generated as waste from mechanical operations to pre-heat fresh air entering a building

What is considered best practice?

- 3.20 Policy 5.2 *Minimising carbon dioxide emissions* of the Draft Replacement London Plan introduces a carbon dioxide reduction target for new development to make a 25% improvement on the current 2010 Building Regulations:
- 2010 – 2013 25 per cent
 - 2013 – 2016 40 per cent
 - 2016 – 2031 Zero carbon
- 3.21 The following standards focus on improving a building's fabric to achieve best practice U-values over and above current Building Regulations. The Council considers that the standards below are feasible in all but exceptional circumstances to meet the new London Plan targets and the Energy Saving Trust (EST) guidance on energy efficiency to achieve Level 4 of the Code for Sustainable Homes. There are other ways to reduce the energy efficiency of a building as set out in the first part of this section.
- 3.22 The table below generally relates to residential developments, however the building fabric standards are also applicable to commercial developments. For all developments a balance will need to be reached between the need to retain heat, the heat generated within a development and the need to remove excess heat.

Standards

External wall	0.20
Roof	0.13
Floor	0.20
Windows	1.50 British Fenestration Rating Council band B or better
Doors	1.00 (solid) 1.50 (glazed)
Air tightness	3.00 (m ³ /h.m ² at 50 Pa)
Proportion of energy efficient lighting	100%
Code for Sustainable Homes	Developments should achieve 50% of the un-weighted credits in the Energy category (See section 8 on sustainability assessment tools for more details relating to the Code for Sustainable Homes).
BREEAM	Developments will be expected to achieve 60% of the un-weighted credits in the Energy category of their BREEAM assessment. (See section 8 on sustainability assessment tools for more details relating to BREEAM).

Thermal insulation measured in U-Values (W/m².K)

What is carbon offsetting?

- 3.23 Where the new London Plan carbon reduction target in policy 5.2 (set out in paragraph 2.20) cannot be met onsite, we may accept the provision of measures elsewhere in the borough or a financial contribution which will be used to secure delivery of carbon reduction measures elsewhere. This process is known as carbon offsetting.

What does zero-carbon mean?

- 3.24 The government has set out a timetable for residential development to be zero carbon by 2016, public buildings by 2018 and non-residential development to be 'zero carbon' by 2019. The Council has reflected these ambitions in Development Policy DP22 – *Promoting sustainable design and construction* by using a stepped approach to the requirements for achieving higher levels of the Code for Sustainable Homes. Buildings built or refurbished today will be competing with low and 'zero-carbon' buildings in the near future. For commercial buildings this could have a particular impact on their future letability and value as new commercial buildings are anticipated to be zero carbon from 2019.
- 3.25 To determine how developments should meet the 'zero carbon' standard the Zero Carbon Hub has developed an energy efficiency standard for all new homes (currently awaiting government approval). For more information see the Zero Carbon Hub website www.zerocarbonhub.org

What does PassivHaus mean?

- 3.26 PassivHaus is a specific design and construction standard from Germany that can result in a 90% reduction in energy demand and usage. It can be applied to both commercial and residential buildings. Core Strategy policy CS13 - *Tackling climate change through promoting higher environmental standards* notes that PassivHaus is an example of energy efficiency principles.
- 3.27 To be PassivHaus buildings must meet the following criteria:
- the total energy demand for space heating and cooling is less than 15 kWh/m²/yr of the treated floor area;
 - the total primary energy use for all appliances, domestic and hot water and space heating and cooling is less than 120 kWh/m²/yr
- 3.28 PassivHaus' are designed using a special software package called the PassivHaus Planning Package (PHPP) and regional climate data.
- 3.29 The Council will be supportive of schemes that aim to PassivHaus standards, subject to other policy and design considerations. More information can be found on the PassivHaus website - www.passivhaus.org.uk

Further information

The London Plan	Sustainable Design and Construction: Supplementary Planning Guidance, Mayor of London provides detailed guidance on the energy hierarchy.
The Energy Saving Trust	Provides detailed guidance on the specification of new homes to reduce energy consumption. The Energy Saving Trust has developed a range of guidance and technical documents to help meet the energy performance requirements of the Code for Sustainable Homes and assess a range of materials and technologies for their thermal and carbon dioxide emissions levels. A wide range of best practise documents and guidance can be found at www.energysavingtrust.org.uk
The Town and Country Planning Association (TCPA)	Has produced a guide titled 'sustainable energy by design'. Section 4.1 of that document focuses on the design and development process, and shows how sustainable energy can be incorporated into new development in line with the energy hierarchy. www.tcpa.org.uk
Building Regulations	Approved Documents – Part L - Conservation of Fuel and Power. This section of the Building Regulations deals specifically with the energy efficiency of buildings. The latest version of the Regulations can be found on the Planning Portal website: www.planningportal.gov.uk
The Zero Carbon Hub	Has a lead responsibility for delivering homes to zero carbon standards by 2016. It has produced guidance on energy efficiency standards for new homes. www.zerocarbonhub.org

