



YOUR GUIDE TO EATING & DRINKING IN THE WEST END





THIS GUIDE HAS BEEN CREATED IN ASSOCIATION WITH

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STEAK & CHICKEN

Our minds may be on budgets these days, but diners are discerning when it comes to quality, whether it's simple, well-prepared chicken dishes or sizzling steaks made from prime South American beef

Clockjack Oven £ T

Free-range chickens revolve round an open flame, served with sauce or gravy.

▶ 14 Denman St, W1D 7HJ. 7287 5111, www.clockjackoven.com.

⊕ Piccadilly Circus.

Flat Iron £

There's only one main course at this noreservations joint: steak (with a side salad) for £10. There's also a bar downstairs. ▶ 17 Beak St, Carnaby, W1F9RW. flatironsteak.co.uk. ↔ Piccadilly Circus.

Gaucho Piccadilly £££

There's a fine menu of delights here, but the main draw is prime Argentinian beef.
▶ 25 Swallow St, W1B 4QR. 7734 4040, www.gauchorestaurants.co.uk.
⊕ Piccadilly Circus.

Heliot Steakhouse at the Hippodrome ££

British and American classics served with views over the main casino gaming floor.
▶ 10-14 Cranbourn St, WC2H 7JH. 7769 8844, www.hippodromecasino.com.
⊕ Leicester Square.

Marmor Grill at the Thistle Marble Arch ££

Gaucha Piccadilly

☐ Maze Grill at the London Marriott Grosvenor Square ££££

Gordon Ramsay's bustling New York-style steakhouse, serving up doorstep-thick prime British, USDA and Japanese cuts. ► London Marriott Grosvenor Square, 10-13 Grosvenor Square, W1K 6JP. 7495, www.gordonramsay.com. ⊖ Bond St.

Steak & Coff

The steaks are sealed on the grill, then served rare on a hot stone, so you can have them done exactly as you like, with your choice of infused butter and sauce.

Irving St, WC2H OHA. 7839 8100, www. steakand.co.uk. & Leicester Square.
Also at Garrick St and St Martin's Lane.

Whyte & Brown £

Free-range chicken and eggs and craft beer.

➤ Kingly Court, Carnaby, W1B 5PW.

3747 9820, whyteandbrown.com.

→ Piccadilly Circus.



Well-loved cafés have served vegetarian and vegan delights for decades, all good restaurants now have veggie options, and global influences have deliciously stretched the veggie choices further still

Food for Thought 1

Hummus Brothers £



Maoz Vegetarian :

Falafel-filled pittas are the star at this global fast-food mini-chain. Pockets crammed with crunchy falafel (and optional creamy houmous) are handed to you, to top off with your choice of salads and garnishes. Sides include thick, crispy Belgian fries. A good-value, friendly take away joint, with a few small tables for eating in. > 43 Old Compton St, W1D 6HG. 7851 1586, www.maozveg.com. Ole Leicester Square.

Sagar !

There are myriad variations of dosa, idli and rice dishes, aromatic curries and chutneys at this sleek, relaxed South Indian spot, with lots of vegan options and great home-made desserts. The generous £5.95 set lunch is a bargain and the £3.50 take away box is exceptional value.

▶ 31 Catherine St, WC2B 5JS. 7631 3319, www.sagarveg.co.uk. ↔ Covent Garden. Also at Percy St.

Tibits 紐

There's outdoor seating in the Regent Street Food Quarter courtyard, and its pay-by-weight buffet is great value. Thirty-odd salads and hot dishes span the globe in their influences, including curries, samosas, gratins and pasta bakés.
№ 12-14 Heddon St, W1B 4DA. 7758
4110, www.tibits.co.uk. ↔ Oxford Circus.

West End Dining Time Out 33

TEN. WWW.Bridge.com.

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