



Dear Camden Planning,

I write regarding the proposed plans to redevelop the buildings at 6 Erskine Road, which would mean the ending of a vital and important part of the community, triyoga.

I am not good at political or legal terms, and will therefore leave words of that nature to those who feel more comfortable using them. I will however share my feelings from the heart... words that may be less familiar to yourselves, I don't know.

triyoga is a vibrant and integral part of the community, not just in the local vicinity of Primrose Hill, but extending over much of London. You would only need to look at their dedicated client lists to see this. So **why** is this? Whilst many imagine that yoga isn't for them, this is before they try, for once they have been to just one class, many become committed students for life. And **why** is that? Because it connects us back to who we are. It connects us back to being present in our bodies, the homes in which we live, and there can be nothing more important than this. From this centred place everyone is able to live more fully. With more kindness and respect for others around them. With more awareness of the impacts they have on the community around them, and the environment. And with more care for their loved ones.

Building new homes is all very well and good, but surely being present in our own homes (our bodies) has to be the priority.

I ask that you take time to really feel through the impact of this decision, and perhaps even take a class at triyoga to see for yourselves.

