

Application N	Consultees Name	Recipient Address	Received	Comment	Response
2025/1467/P	Lewis Maleh	1 Oakford Road  NW5 1AJ NW5 1AJ	22/05/2025 21:15:27	SUPPRT	This gym is an integral part of my families life and a focus point of the local community. It's important for my wife and I to have a choice of morning, lunchtime, or evenings. And my children go to the kids classes on the weekend. Absolutely love this place.
2025/1467/P	Meletios Evdokias	163 Fortess Road Intrepid Bakers  NW5 2HR NW5 2HR	22/05/2025 21:15:55	COMMNT	<p>To the Planning Department,</p> <p>I am writing as a local business owner on Fortess street to express my strong support for the continued operation of the gym on the High Street.</p> <p>From a commercial standpoint, this gym is a key part of the local community, and crucially, a vital contributor to the vibrancy and footfall of our High Street. In my experience operating here, the gym has never been disruptive; quite the opposite, it consistently attracts customers who often patronize surrounding businesses like mine.</p> <p>After 40 years of operation, the gym is undeniably an integral part of the High Street's character. Its presence helps make our area a destination, benefiting all of us who trade here. I have also observed the owners consistently act responsibly in their operation, demonstrating a clear commitment to their patrons and the wider area.</p> <p>Reverting this established community asset to a warehouse would be profoundly unsuitable for the High Street. It would represent a significant loss of active footfall and diminish the diverse appeal that makes our High Street thrive. I urge the Council to recognize the gym's positive economic and social contribution and allow it to continue its valuable operation.</p> <p>Sincerely,</p> <p>Meletios Evdokias Intrepid Bakers Tufnell Park 163 Fortess road, NW5 2HR</p>
2025/1467/P	Peter Robertson	41 Tetherdown	22/05/2025 21:34:19	COMMNT	I'm writing to request that the above premises retain its use as a gym. For many years I've attended the gym which performs an important function for my health and many others in the community. The coaches employed there are of the highest professional order and provide important and safe tuition for their clients who would lose a valuable resource if the premises became a warehouse. I think it's important for the physical and mental health of a community to have a well run gym such as this on the high street of a neighbourhood where it's easy for everyone to access.

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2025/1467/P	Lee Thomas	90 degrees picture framing 124 fortress road London Nw5 2hp	22/05/2025 17:19:31	COMMNT	I would like to say that the Gym on Fortess road is a integral part of the community. As a business owner in the street for over 10 years, I have seen people come and go. This is not the story with the gym, they are always needed. Being very professional and with integrity, the guys always are welcoming and at the top of their game. As the local picture framer, I know and deal with everyone in the area and all my clients use the gym all year round. This is a community and people appreciate local business and make a point of using it, this is what community is about and it's important that we do not lose this! This should be kept as a gym and not a warehouse. I hope this is carefully considered and the right decision is made. Thanks
2025/1467/P	Nurguel	3 Marwood Square Muswell Hill  3 Marwood Square, Muswell Hill 3 Marwood Square, Muswell Hill	22/05/2025 17:36:25	PETITNSU PP	I have witnessed every day how the owners act responsibly in their operation iand make sure that noise level is kept minimum. We always use mats to avoid any noise when the barbell needs to be dropped. Hence I don't think that there is any additional noise on a busy road like Fortress road! The gym ls not only a place for sport, but also a place to socialise and we have a very strong community. Recently we even have 2 kids classes who benefits a lot from this location.
2025/1467/P	Christopher Williams	28 Neale Close  N2 0LE	22/05/2025 18:24:59	SUPPRT	I am a resident of North London and have been a member of CFTP since October 2021. It is a hub for fitness community events not limited to Crossfit, but also including weightlifting, hyrox, and strongman, and has a strong social component. They have been involved in charity events for the local community and I would say that they helped me rebuild my mental health after the isolation of lockdown.
2025/1467/P	Eleni	hawfinch House	22/05/2025 17:58:09	SUPPRT	Exercise isn't a hobby it's a necessity. It's physical and mental self care. We have to make it part of our routine even when you don't feel like it :) This place can definitely get you there and change your life. This happened to me and I'm really happy to be part of this amazing community!

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2025/1467/P	Julian Gonzalez Kitzing	Flat 10 John king court 67 St Johns Grove  N19 5QR Archway	22/05/2025 17:05:18	INT	<p>I have been a member of CrossFit Tufnel Park for over two years now. The gym has been a key pillar for my life. It has improved by quality of life in countless ways. The flexible schedule that they keep makes it so that I am able to attend three times per week, regardless of how busy my work schedule is. This is key so that I can stay consistent with my exercise, which contributes to my mental and physical health. The proximity to my flat is another key aspect. The fact that it is less than a 15 minute walk from where I live, means that I don't have to spend too much time commuting so I can fit it in with my busy schedule. A city like London demands a lot of time for commuting so every bit of time saved helps. On a different hand, convenience is key when you are waking up after a few hours of sleep and battling your own thoughts of whether you will go to the gym or not. This gym is so convenient to me, and that is why I have been able to stay consistent with my workouts and make leaps and bounds with my fitness.</p> <p>The type of exercise is also important. Going to a regular gym means you have to figure out what to do each time, find the motivation and learn the technique, hoping you won't lift too much weight and injure yourself or too little to see any progress. CrossFit Tufnel Park are experts at creating incredible workouts that improve members' overall fitness. All I have to do is get to the gym and I know that I will get a great workout. Then all I have to do is get there three times a week and I know that my fitness will improve in a consistent pace.</p> <p>They have not only taught me about workouts, but also nutrition. I took part in their nutrition challenge this past January and as a result to that challenge, I have learned how little I have been eating in the past few years and how malnourished I have been. I have since fixed my eating habits and I have seen a huge increase in energy and positive mental health.</p> <p>On a separate note, after the pandemic, I found it difficult to get back in social environments. CrossFit Tufnel Park was a place for me to start getting used to social environments once again. Over time, I have made friends and have gotten used to interacting with likeminded people.</p> <p>Crossfit Tufnel Park are pivotal to my wellbeing.</p>

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2025/1467/P	Yannick Bitsindou	158b Archway Road N6 5BH Highgate	22/05/2025 14:14:47	SUPPRT	<p>Dear Tufnell Park CrossFit Team,</p> <p>I hope this message finds you well. My name is Yannick, and I work next door at the bakery. We truly love CrossFit and appreciate the wonderful staff and members who practice at your gym.</p> <p>CrossFit Tufnell Park is a fantastic place to train, push yourself, and have a great time. Without your gym being open, we wouldn't feel quite at home in the neighborhood.</p> <p>We are grateful for our neighbors and love every client and trainer at CrossFit Tufnell Park. All of us here at the bakery are rooting for you, and we hope that the gym continues to thrive so we can all enjoy the positivity that comes from the CrossFit community.</p> <p>Thank you for taking the time to read this message.</p> <p>Warm regards, Yannick Bakery</p>
2025/1467/P	Maria Eleni Karvela	163 Fortess Road	22/05/2025 16:17:42	COMMNT	<p>To whom it may concern,</p> <p>As a local resident, I strongly support the continued operation of CrossFit Tufnell Park as a gym. It has never been disruptive and has always been a positive presence in the community.</p> <p>This gym is a vital part of the neighbourhood—it's more than just a place to work out. It fosters a sense of community and well-being, and brings people together in a healthy and productive way. After 40 years of operation, it's clear that the gym is woven into the fabric of the high street, contributing both to its character and to the local economy through steady footfall.</p> <p>I've always seen the owners operate the business responsibly and with care for both their members and their neighbours. Replacing this space with a warehouse would be completely out of step with the needs and identity of the area.</p> <p>Please allow CrossFit Tufnell Park to continue operating as a gym—it's a valued and essential part of our community.</p>

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2025/1467/P	Matthew Tinsley	First Floor Flat 78 Queen's Crescent  London NW5 4EB	23/05/2025 07:10:00	SUPPRT	<p>Crossfit Tufnell Park has been a very significant part of my life since I started training there in 2018. The owners have fostered a warm and positive culture which has created a wonderful community that I am grateful to be a part of.</p> <p>Training at the gym has had a massively positive impact on my physical and mental health, as well as becoming the main part of my social life. As a resident in the Gospel Oak / West Kentish Town part of the borough, this is the only Crossfit gym in a walkable distance of my home, meaning that I would not have got these benefits without it.</p> <p>The evening opening hours of the gym is essential to it's function as many members, including myself, work daytime hours and are therefore unable to train at other times.</p> <p>The social aspect of the gym also benefits the local community with gym members regularly using shops, cafes, restaurants and pubs in the local area before and after training.</p> <p>I understand the need for businesses in the community to act responsibly, and I have seen the owners do a huge amount to ensure they are doing so. This has included adding mats if weights need to be dropped and putting in new flooring at significant expense.</p> <p>If it reverted to a warehouse it would be far more disruptive, and probably unsuitable for purpose given the limited amount of access at the front and lack of loading area for vehicles.</p> <p>I hope that you recognise the importance of Crossfit Tufnell Park to it's members and the wider community as you consider this application.</p> <p>Best regards, Matt Tinsley</p>

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2025/1467/P	Oliver Hyatt	Flat 2, 73 Chetwynd Road, NW5 1DALondon	22/05/2025 09:54:35	SUPPRT	<p>I have been a member of CrossFit Tufnell Park for three years, and it has been truly transformative for my life. The gym has greatly improved my physical and mental wellbeing and has become a valuable space for socialising and building a sense of community. A key reason I chose to move into the area was the presence of the gym as it offered a place within walking distance where I could stay active and connect with friends, which made the neighbourhood especially appealing. The operating hours are also essential to me, as I work standard office hours and rely on evening classes.</p> <p>The owners and management are first class and they consistently professional, respectful, and committed to maintaining a strong, positive relationship with the local community. They show great effort to operate responsibly and demonstrate consideration for their neighbours. Any suggestion of reverting the space to warehouse use is unreasonable and would significantly diminish the value the gym currently brings to the area. It would be a mistake to overlook the positive role it plays in supporting community wellbeing in favour of a use that offers little social or local benefit.</p> <p>I fully support the decision for the site to remain as a gym.</p>

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