

Full SAP Calculation Printout



Property Reference	Plot 1		Issued on Date	21/12/2023	
Assessment Reference	Plot 1 Be Lean	Prop Type Ref	Plot 1 Be Green		
Property	Plot 1, 95, Avenue Road, London, NW8 6HY				
SAP Rating	75 C	DER	23.66	TER	11.18
Environmental	76 C	% DER < TER			-111.63
CO ₂ Emissions (t/year)	3.1	DFEE	88.51	TFEE	50.08
Compliance Check	See BREL	% DFEE < TFEE			-76.75
% DPER < TPER	-125.35	DPER	132.75	TPER	58.91
Assessor Details	Mr. Graham Suttill			Assessor ID	P035-0001
Client	Carnell Warren Associates Ltd, Wendy Warren				

SAP 10 WORKSHEET FOR New Build (As Designed) (Version 10.2, February 2022)
CALCULATION OF DWELLING EMISSIONS FOR REGULATIONS COMPLIANCE

1. Overall dwelling characteristics

	Area (m ²)	Storey height (m)	Volume (m ³)
Ground floor	83.9900 (1b)	x 2.8000 (2b)	= 235.1720 (1b) - (3b)
First floor	71.7100 (1c)	x 3.2200 (2c)	= 230.9062 (1c) - (3c)
Total floor area TFA = (1a)+(1b)+(1c)+(1d)+(1e)...(1n)	155.7000		(4)
Dwelling volume		(3a)+(3b)+(3c)+(3d)+(3e)...(3n) =	466.0782 (5)

2. Ventilation rate

	m ³ per hour
Number of open chimneys	0 * 80 = 0.0000 (6a)
Number of open flues	0 * 20 = 0.0000 (6b)
Number of chimneys / flues attached to closed fire	0 * 10 = 0.0000 (6c)
Number of flues attached to solid fuel boiler	0 * 20 = 0.0000 (6d)
Number of flues attached to other heater	0 * 35 = 0.0000 (6e)
Number of blocked chimneys	0 * 20 = 0.0000 (6f)
Number of intermittent extract fans	0 * 10 = 0.0000 (7a)
Number of passive vents	0 * 10 = 0.0000 (7b)
Number of flueless gas fires	0 * 40 = 0.0000 (7c)
Infiltration due to chimneys, flues and fans = (6a)+(6b)+(6c)+(6d)+(6e)+(6f)+(6g)+(7a)+(7b)+(7c) =	0.0000 / (5) = 0.0000 (8)
Pressure test	Yes
Pressure Test Method	Blower Door
Measured/design AP50	6.0000 (17)
Infiltration rate	0.3000 (18)
Number of sides sheltered	3 (19)
Shelter factor	(20) = 1 - [0.075 x (19)] = 0.7750 (20)
Infiltration rate adjusted to include shelter factor	(21) = (18) x (20) = 0.2325 (21)

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Wind speed	5.1000	5.0000	4.9000	4.4000	4.3000	3.8000	3.8000	3.7000	4.0000	4.3000	4.5000	4.7000 (22)
Wind factor	1.2750	1.2500	1.2250	1.1000	1.0750	0.9500	0.9500	0.9250	1.0000	1.0750	1.1250	1.1750 (22a)
Adj infilt rate	0.2964	0.2906	0.2848	0.2557	0.2499	0.2209	0.2209	0.2151	0.2325	0.2499	0.2616	0.2732 (22b)
Balanced mechanical ventilation with heat recovery												
If mechanical ventilation												0.5000 (23a)
If exhaust air heat pump using Appendix N, (23b) = (23a) x Fmv (equation (N5)), otherwise (23b) = (23a)												0.5000 (23b)
If balanced with heat recovery: efficiency in % allowing for in-use factor (from Table 4h) =												75.6000 (23c)
Effective ac	0.4184	0.4126	0.4068	0.3777	0.3719	0.3429	0.3429	0.3371	0.3545	0.3719	0.3836	0.3952 (25)

3. Heat losses and heat loss parameter

Element	Gross m ²	Openings m ²	NetArea m ²	U-value W/m ² K	A x U W/K	K-value kJ/m ² K	A x K kJ/K
Entrance Door			2.8800	1.4000	4.0320		(26)
Windows (Uw = 1.40)			31.7400	1.3258	42.0795		(27)
Glazed Doors (Uw = 1.40)			6.0200	1.3258	7.9811		(27)
Glazed Wall (Uw = 1.40)			27.6900	1.3258	36.7102		(27)
GF RL			4.1000	1.2357	5.0665		(27a)
1F RL			7.1700	1.2357	8.8603		(27a)
Basement Floor			83.9900	0.2500	20.9975	110.0000	9238.9000 (28)
Retaining Wall	69.0000		69.0000	0.3000	20.7000	9.0000	621.0000 (29a)
Existing External Wall	59.0100		59.0100	0.3000	17.7030	9.0000	531.0900 (29a)
New External Wall	94.0100	68.3300	25.6800	0.1800	4.6224	150.0000	3852.0000 (29a)
Flat Roof GF	12.3600	4.1000	8.2600	0.1500	1.2390	9.0000	74.3400 (30)
Flat Roof First Floor	71.7100	7.1700	64.5400	0.1500	9.6810	9.0000	580.8600 (30)
Total net area of external elements Aum(A, m ²)			390.0800				(31)
Fabric heat loss, W/K = Sum (A x U)					(26)...(30) + (32) =	179.6725	(33)

Full SAP Calculation Printout



Party Wall 1	54.5700	0.0000	0.0000	70.0000	3819.9000 (32)
Internal Wall 1	235.2600			75.0000	17644.5000 (32c)
Internal Floor 1	70.4800			18.0000	1268.6400 (32d)
Internal Ceiling 1	70.4800			9.0000	634.3200 (32e)

Heat capacity Cm = Sum(A x k)
 Thermal mass parameter (TMP = Cm / TFA) in kJ/m2K (28)...(30) + (32) + (32a)...(32e) = 38265.5500 (34)
 Thermal bridges (Default value 0.200 * total exposed area) 245.7646 (35)
 Point Thermal bridges 78.0160 (36)
 Total fabric heat loss (33) + (36) + (36a) = 257.6885 (37)

Ventilation heat loss calculated monthly (38)m = 0.33 x (25)m x (5)

(38)m	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Heat transfer coeff	64.3581	63.4641	62.5701	58.1001	57.2061	52.7362	52.7362	51.8422	54.5242	57.2061	58.9941	60.7821 (38)
Average = Sum(39)m / 12 =	322.0467	321.1527	320.2587	315.7887	314.8947	310.4247	310.4247	309.5307	312.2127	314.8947	316.6827	318.4707 (39)

HLP (average)	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
HLP (average)	2.0684	2.0626	2.0569	2.0282	2.0224	1.9937	1.9937	1.9880	2.0052	2.0224	2.0339	2.0454 (40)
Days in mont	31	28	31	30	31	30	31	31	30	31	30	31

4. Water heating energy requirements (kWh/year)

Assumed occupancy 2.9428 (42)

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Hot water usage for mixer showers	82.7553	81.5117	79.6994	76.2320	73.6732	70.8196	69.1976	70.9961	72.9676	76.0315	79.5734	82.4383 (42a)
Hot water usage for baths	31.7566	31.2849	30.6208	29.3962	28.4792	27.4625	26.9133	27.5728	28.2909	29.3788	30.6286	31.6492 (42b)
Hot water usage for other uses	44.7668	43.1389	41.5111	39.8832	38.2553	36.6274	36.6274	38.2553	39.8832	41.5111	43.1389	44.7668 (42c)
Average daily hot water use (litres/day)												146.4381 (43)

Daily hot water use	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Daily hot water use	159.2787	155.9356	151.8313	145.5114	140.4077	134.9095	132.7383	136.8242	141.1417	146.9215	153.3410	158.8543 (44)
Energy conte	252.2586	222.0502	233.3590	199.1979	189.0158	165.8869	160.5355	169.4169	174.0418	199.3710	218.4624	248.7275 (45)
Energy content (annual)												Total = Sum(45)m = 2432.3235

Distribution loss (46)m = 0.15 x (45)m
 37.8388 33.3075 35.0039 29.8797 28.3524 24.8830 24.0803 25.4125 26.1063 29.9057 32.7694 37.3091 (46)

Water storage loss:
 Store volume 300.0000 (47)

a) If manufacturer declared loss factor is known (kWh/day):
 Temperature factor from Table 2b 1.8000 (48)

Enter (49) or (54) in (55) 0.5400 (49)

Total storage loss 0.9720 (55)

If cylinder contains dedicated solar storage 30.1320 27.2160 30.1320 29.1600 30.1320 29.1600 30.1320 30.1320 29.1600 30.1320 29.1600 30.1320 30.1320 (56)

Primary loss 30.1320 27.2160 30.1320 29.1600 30.1320 29.1600 30.1320 30.1320 29.1600 30.1320 29.1600 30.1320 30.1320 (57)

Combi loss 23.2624 21.0112 23.2624 22.5120 23.2624 22.5120 23.2624 23.2624 22.5120 23.2624 22.5120 23.2624 23.2624 (59)

Total heat required for water heating calculated for each month 0.0000 0.0000 0.0000 0.0000 0.0000 0.0000 0.0000 0.0000 0.0000 0.0000 0.0000 0.0000 0.0000 (61)

WWHRS 305.6530 270.2774 286.7534 250.8699 242.4102 217.5589 213.9299 222.8113 225.7138 252.7654 270.1344 302.1219 (62)

PV diverter 0.0000 0.0000 0.0000 0.0000 0.0000 0.0000 0.0000 0.0000 0.0000 0.0000 0.0000 0.0000 0.0000 (63a)

Solar input 0.0000 0.0000 0.0000 0.0000 0.0000 0.0000 0.0000 0.0000 0.0000 0.0000 0.0000 0.0000 0.0000 (63b)

FGHRS 0.0000 0.0000 0.0000 0.0000 0.0000 0.0000 0.0000 0.0000 0.0000 0.0000 0.0000 0.0000 0.0000 (63c)

Output from w/h 305.6530 270.2774 286.7534 250.8699 242.4102 217.5589 213.9299 222.8113 225.7138 252.7654 270.1344 302.1219 (64)

Total per year (kWh/year) = Sum(64)m = 3060.9995 (64)

Electric shower(s) 3061 (64)

Total Energy used by instantaneous electric shower(s) (kWh/year) = Sum(64a)m = 0.0000 (64a)

Heat gains from water heating, kWh/month 126.5915 112.4134 120.3074 107.5709 105.5633 96.4950 96.0936 99.0467 99.2065 109.0064 113.9763 125.4174 (65)

5. Internal gains (see Table 5 and 5a)

Metabolic gains (Table 5), Watts

(66)m	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Lighting gains (calculated in Appendix L, equation L9 or L9a), also see Table 5	147.1381	147.1381	147.1381	147.1381	147.1381	147.1381	147.1381	147.1381	147.1381	147.1381	147.1381	147.1381 (66)
Appliances gains (calculated in Appendix L, equation L13 or L13a), also see Table 5	164.7608	182.4137	164.7608	170.2528	164.7608	170.2528	164.7608	164.7608	170.2528	164.7608	170.2528	164.7608 (67)
Cooking gains (calculated in Appendix L, equation L15 or L15a), also see Table 5	326.6567	330.0464	321.5045	303.3199	280.3650	258.7907	244.3778	240.9881	249.5300	267.7146	290.6694	312.2437 (68)
Pumps, fans	37.7138	37.7138	37.7138	37.7138	37.7138	37.7138	37.7138	37.7138	37.7138	37.7138	37.7138	37.7138 (69)
Losses e.g. evaporation (negative values) (Table 5)	3.0000	3.0000	3.0000	3.0000	3.0000	3.0000	3.0000	3.0000	3.0000	3.0000	3.0000	3.0000 (70)
Water heating gains (Table 5)	-117.7105	-117.7105	-117.7105	-117.7105	-117.7105	-117.7105	-117.7105	-117.7105	-117.7105	-117.7105	-117.7105	-117.7105 (71)
Total internal gains	170.1499	167.2819	161.7035	149.4040	141.8861	134.0208	129.1580	133.1272	137.7868	146.5140	158.3005	168.5718 (72)
	731.7088	749.8834	718.1102	693.1181	657.1534	630.2058	605.4380	606.0175	624.7110	649.1308	689.3642	715.7177 (73)

6. Solar gains

[Jan]	Area m2	Solar flux Table 6a W/m2	g Specific data or Table 6b	FF Specific data or Table 6c	Access factor Table 6d	Gains W
East	17.3900	19.6403	0.4000	0.7000	0.5400	46.4773 (76)
South	7.8500	46.7521	0.4000	0.7000	0.5400	49.9419 (78)
West	6.5000	19.6403	0.4000	0.7000	0.5400	17.3722 (80)
South	6.0200	46.7521	0.4000	0.7000	0.5400	38.2994 (78)
South	20.2300	46.7521	0.4000	0.7000	0.5400	128.7037 (78)
West	7.4600	19.6403	0.4000	0.7000	0.5400	19.9379 (80)
East	7.1700	26.0000	0.4000	0.7000	1.0000	46.9778 (82)
West	4.1000	26.0000	0.4000	0.7000	1.0000	26.8632 (82)

Full SAP Calculation Printout



Solar gains	374.5734	672.5681	995.1628	1331.2066	1560.7929	1574.8755	1508.1812	1336.5287	1113.3270	765.1553	455.3482	316.0040 (83)
Total gains	1106.2822	1422.4516	1713.2731	2024.3248	2217.9462	2205.0813	2113.6192	1942.5462	1738.0380	1414.2861	1144.7123	1031.7217 (84)

7. Mean internal temperature (heating season)

Temperature during heating periods in the living area from Table 9, Th1 (C)												21.0000 (85)
Utilisation factor for gains for living area, nil,m (see Table 9a)	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
tau	33.0055	33.0974	33.1898	33.6596	33.7552	34.2412	34.2412	34.3401	34.0451	33.7552	33.5646	33.3761
alpha	3.2004	3.2065	3.2127	3.2440	3.2503	3.2827	3.2827	3.2893	3.2697	3.2503	3.2376	3.2251
util living area	0.9950	0.9884	0.9740	0.9358	0.8581	0.7251	0.5818	0.6373	0.8404	0.9618	0.9905	0.9960 (86)
MIT	18.9897	19.2179	19.5705	20.0375	20.4432	20.7306	20.8446	20.8222	20.5924	20.0423	19.4346	18.9632 (87)
Th 2	19.2881	19.2919	19.2957	19.3146	19.3184	19.3375	19.3375	19.3413	19.3299	19.3184	19.3108	19.3032 (88)
util rest of house	0.9931	0.9841	0.9638	0.9087	0.7938	0.5956	0.3897	0.4473	0.7413	0.9403	0.9862	0.9945 (89)
MIT 2	17.0240	17.3169	17.7653	18.3554	18.8277	19.1258	19.2021	19.1971	19.0094	18.3782	17.6081	17.0002 (90)
Living area fraction	fLA = Living area / (4) =											0.1776 (91)
MIT	17.3732	17.6546	18.0860	18.6542	19.1147	19.4109	19.4939	19.4858	19.2906	18.6738	17.9326	17.3489 (92)
Temperature adjustment												-0.1500
adjusted MIT	17.2232	17.5046	17.9360	18.5042	18.9647	19.2609	19.3439	19.3358	19.1406	18.5238	17.7826	17.1989 (93)

8. Space heating requirement

Utilisation	0.9894	0.9770	0.9517	0.8908	0.7764	0.5884	0.3906	0.4465	0.7265	0.9248	0.9800	0.9915 (94)
Useful gains	1094.5394	1389.7938	1630.4857	1803.1925	1722.0388	1297.5388	825.5003	867.3996	1262.5981	1307.9844	1121.7990	1022.9264 (95)
Ext temp.	4.3000	4.9000	6.5000	8.9000	11.7000	14.6000	16.6000	16.4000	14.1000	10.6000	7.1000	4.2000 (96)
Heat loss rate W	4161.8734	4048.0010	3662.4777	3032.9070	2287.6208	1446.8667	851.7757	908.7286	1573.7489	2495.1746	3382.9829	4139.7643 (97)
Space heating kWh	2282.0965	1786.3152	1511.8020	885.3944	420.7930	0.0000	0.0000	0.0000	0.0000	883.2695	1628.0524	2318.9273 (98a)
Space heating requirement - total per year (kWh/year)												11716.6505
Solar heating kWh	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000 (98b)
Solar heating contribution - total per year (kWh/year)												0.0000
Space heating kWh	2282.0965	1786.3152	1511.8020	885.3944	420.7930	0.0000	0.0000	0.0000	0.0000	883.2695	1628.0524	2318.9273 (98c)
Space heating requirement after solar contribution - total per year (kWh/year)												11716.6505
Space heating per m2												(98c) / (4) = 75.2514 (99)

8c. Space cooling requirement

Calculated for June, July and August. See Table 10b												
Ext. temp.	4.3000	4.9000	6.5000	8.9000	11.7000	14.6000	16.6000	16.4000	14.1000	10.6000	7.1000	4.2000
Heat loss rate W	0.0000	0.0000	0.0000	0.0000	0.0000	2917.9922	2297.1428	2352.4334	0.0000	0.0000	0.0000	0.0000 (100)
Utilisation	0.0000	0.0000	0.0000	0.0000	0.0000	0.7082	0.7863	0.7460	0.0000	0.0000	0.0000	0.0000 (101)
Useful loss	0.0000	0.0000	0.0000	0.0000	0.0000	2066.3875	1806.2084	1754.8058	0.0000	0.0000	0.0000	0.0000 (102)
Total gains	0.0000	0.0000	0.0000	0.0000	0.0000	2523.7619	2421.4625	2229.9149	0.0000	0.0000	0.0000	0.0000 (103)
Space cooling kWh	0.0000	0.0000	0.0000	0.0000	0.0000	329.3095	457.7491	353.4811	0.0000	0.0000	0.0000	0.0000 (104)
Cooled fraction	fC = cooled area / (4) =											0.6101 (105)
Intermittency factor (Table 10b)	0.2500	0.2500	0.2500	0.2500	0.2500	0.2500	0.2500	0.2500	0.2500	0.2500	0.2500	0.2500 (106)
Space cooling kWh	0.0000	0.0000	0.0000	0.0000	0.0000	50.2319	69.8236	53.9189	0.0000	0.0000	0.0000	0.0000 (107)
Space cooling requirement												173.9744 (107)

9a. Energy requirements - Individual heating systems, including micro-CHP

Fraction of space heat from secondary/supplementary system (Table 11)												0.0000 (201)
Fraction of space heat from main system(s)												1.0000 (202)
Efficiency of main space heating system 1 (in %)												88.8000 (206)
Efficiency of main space heating system 2 (in %)												0.0000 (207)
Efficiency of secondary/supplementary heating system, %												0.0000 (208)
Cooling System Energy Efficiency Ratio (see Table 10c)												5.6000 (209)
Space heating requirement	2282.0965	1786.3152	1511.8020	885.3944	420.7930	0.0000	0.0000	0.0000	0.0000	883.2695	1628.0524	2318.9273 (98)
Space heating efficiency (main heating system 1)	88.8000	88.8000	88.8000	88.8000	88.8000	0.0000	0.0000	0.0000	0.0000	88.8000	88.8000	88.8000 (210)
Space heating fuel (main heating system)	2569.9285	2011.6163	1702.4798	997.0658	473.8660	0.0000	0.0000	0.0000	0.0000	994.6729	1833.3923	2611.4047 (211)
Space heating efficiency (main heating system 2)	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000 (212)
Space heating fuel (main heating system 2)	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000 (213)
Space heating fuel (secondary)	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000 (215)
Water heating												
Water heating requirement	305.6530	270.2774	286.7534	250.8699	242.4102	217.5589	213.9299	222.8113	225.7138	252.7654	270.1344	302.1219 (64)
Efficiency of water heater (217)m	87.6326	87.5030	87.2315	86.6426	85.2843	79.8000	79.8000	79.8000	79.8000	86.6262	87.3973	79.8000 (216)
Fuel for water heating, kWh/month	348.7890	308.8777	328.7271	289.5458	284.2378	272.6303	268.0825	279.2122	282.8494	291.7886	309.0880	344.6503 (219)
Space cooling fuel requirement (221)m	0.0000	0.0000	0.0000	0.0000	0.0000	8.9700	12.4685	9.6284	0.0000	0.0000	0.0000	0.0000 (221)
Pumps and Fa	64.0971	57.8942	64.0971	62.0295	64.0971	62.0295	64.0971	64.0971	62.0295	64.0971	62.0295	64.0971 (231)
Lighting	40.1373	32.1996	28.9922	21.2409	16.4071	13.4047	14.9671	19.4548	25.2699	33.1554	37.4490	41.2528 (232)
Electricity generated by PVs (Appendix M) (negative quantity) (233a)m	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000 (233a)

Full SAP Calculation Printout



Number of intermittent extract fans		4 * 10 =	40.0000 (7a)
Number of passive vents		0 * 10 =	0.0000 (7b)
Number of flueless gas fires		0 * 40 =	0.0000 (7c)
Infiltration due to chimneys, flues and fans = (6a)+(6b)+(6c)+(6d)+(6e)+(6f)+(6g)+(7a)+(7b)+(7c) =		Air changes per hour	40.0000 / (5) = 0.0858 (8)
Pressure test		Yes	
Pressure Test Method		Blower Door	
Measured/design AP50			5.0000 (17)
Infiltration rate			0.3358 (18)
Number of sides sheltered			3 (19)
Shelter factor	(20) = 1 - [0.075 x (19)] =		0.7750 (20)
Infiltration rate adjusted to include shelter factor	(21) = (18) x (20) =		0.2603 (21)

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Wind speed	5.1000	5.0000	4.9000	4.4000	4.3000	3.8000	3.8000	3.7000	4.0000	4.3000	4.5000	4.7000 (22)
Wind factor	1.2750	1.2500	1.2250	1.1000	1.0750	0.9500	0.9500	0.9250	1.0000	1.0750	1.1250	1.1750 (22a)
Adj infilt rate												
Effective ac	0.3318	0.3253	0.3188	0.2863	0.2798	0.2472	0.2472	0.2407	0.2603	0.2798	0.2928	0.3058 (22b)
	0.5551	0.5529	0.5508	0.5410	0.5391	0.5306	0.5306	0.5290	0.5339	0.5391	0.5429	0.5468 (25)

3. Heat losses and heat loss parameter

Element	Gross m2	Openings m2	NetArea m2	U-value W/m2K	A x U W/K	K-value kJ/m2K	A x K kJ/K					
TER Opaque door			2.8800	1.0000	2.8800		(26)					
TER Opening Type (Uw = 1.20)			30.7400	1.1450	35.1985		(27)					
GF RL			1.9300	2.0221	3.9026		(27a)					
1F RL			3.3700	2.0221	6.8143		(27a)					
Basement Floor			83.9900	0.1300	10.9187		(28)					
Retaining Wall	69.0000		69.0000	0.1800	12.4200		(29a)					
Existing External Wall	59.0100		59.0100	0.1800	10.6218		(29a)					
New External Wall	94.0100	33.6200	60.3900	0.1800	10.8702		(29a)					
Flat Roof GF	12.3600	1.9300	10.4300	0.1100	1.1473		(30)					
Flat Roof First Floor	71.7100	3.3700	68.3400	0.1100	7.5174		(30)					
Total net area of external elements Aum(A, m2)			390.0800				(31)					
Fabric heat loss, W/K = Sum (A x U)				(26)...(30) + (32) =	102.2908		(32)					
Party Wall 1			54.5700	0.0000	0.0000		(32)					
Thermal mass parameter (TMP = Cm / TFA) in kJ/m2K							245.7646 (35)					
Thermal bridges (User defined value 0.050 * total exposed area)							19.5040 (36)					
Point Thermal bridges							0.0000					
Total fabric heat loss						(33) + (36) + (36a) =	121.7948 (37)					
Ventilation heat loss calculated monthly (38)m = 0.33 x (25)m x (5)												
(38)m	85.3710	85.0422	84.7199	83.2060	82.9227	81.6041	81.6041	81.3600	82.1120	82.9227	83.4957	84.0948 (38)
Heat transfer coeff	207.1658	206.8370	206.5146	205.0007	204.7175	203.3989	203.3989	203.1548	203.9068	204.7175	205.2905	205.8896 (39)
Average = Sum(39)m / 12 =												204.9994
HLP	1.3305	1.3284	1.3264	1.3166	1.3148	1.3064	1.3064	1.3048	1.3096	1.3148	1.3185	1.3223 (40)
HLP (average)												1.3166
Days in mont	31	28	31	30	31	30	31	31	30	31	30	31

4. Water heating energy requirements (kWh/year)

Assumed occupancy													2.9428 (42)
Hot water usage for mixer showers													
73.5603	72.4548	70.8439	67.7618	65.4873	62.9507	61.5090	63.1077	64.8601	67.5836	70.7319	73.2785	73.2785 (42a)	
Hot water usage for baths													
31.7566	31.2849	30.6208	29.3962	28.4792	27.4625	26.9133	27.5728	28.2909	29.3788	30.6286	31.6492	31.6492 (42b)	
Hot water usage for other uses													
44.7668	43.1389	41.5111	39.8832	38.2553	36.6274	36.6274	38.2553	39.8832	41.5111	43.1389	44.7668	44.7668 (42c)	
Average daily hot water use (litres/day)													137.9606 (43)
Daily hot water use	150.0837	146.8787	142.9758	137.0412	132.2218	127.0406	125.0497	128.9357	133.0342	138.4735	144.4995	149.6945 (44)	
Energy conte	237.6959	209.1533	219.7485	187.6025	177.9960	156.2113	151.2367	159.6494	164.0444	187.9072	205.8661	234.3854 (45)	
Energy content (annual)													2291.4968
Distribution loss (46)m = 0.15 x (45)m													
35.6544	31.3730	32.9623	28.1404	26.6994	23.4317	22.6855	23.9474	24.6067	28.1861	30.8799	35.1578	35.1578 (46)	
Water storage loss:													
Store volume													300.0000 (47)
a) If manufacturer declared loss factor is known (kWh/day):													2.1127 (48)
Temperature factor from Table 2b													0.5400 (49)
Enter (49) or (54) in (55)													1.1409 (55)
Total storage loss													
35.3664	31.9439	35.3664	34.2256	35.3664	34.2256	35.3664	35.3664	35.3664	34.2256	35.3664	34.2256	35.3664 (56)	
If cylinder contains dedicated solar storage													
35.3664	31.9439	35.3664	34.2256	35.3664	34.2256	35.3664	35.3664	35.3664	34.2256	35.3664	34.2256	35.3664 (57)	
Primary loss	23.2624	21.0112	23.2624	22.5120	23.2624	22.5120	23.2624	23.2624	22.5120	23.2624	22.5120	23.2624 (59)	
Combi loss	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000 (61)	
Total heat required for water heating calculated for each month													
296.3247	262.1084	278.3773	244.3401	236.6248	212.9488	209.8655	218.2782	220.7820	246.5361	262.6036	293.0142	293.0142 (62)	
WWHRS	-33.6287	-29.7415	-31.1436	-25.7881	-24.0336	-20.5657	-19.2771	-20.4992	-21.2781	-25.0845	-28.4177	-33.0059 (63a)	
PV diverter	-0.0000	-0.0000	-0.0000	-0.0000	-0.0000	-0.0000	-0.0000	-0.0000	-0.0000	-0.0000	-0.0000	-0.0000 (63b)	
Solar input	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000 (63c)	
FGHRS	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000 (63d)	
Output from w/h	262.6960	232.3669	247.2337	218.5520	212.5912	192.3831	190.5885	197.7790	199.5039	221.4515	234.1859	260.0083 (64)	
12Total per year (kWh/year)													2669.3399 (64)
Electric shower(s)													2669 (64)
0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000 (64a)	
Total Energy used by instantaneous electric shower (s) (kWh/year) = Sum(64a)m =													0.0000 (64a)
Heat gains from water heating, kWh/month													
125.9369	111.9075	119.9694	107.7679	106.0867	97.3303	97.1893	99.9865	99.9348	109.3822	113.8405	124.8362	124.8362 (65)	

Full SAP Calculation Printout



5. Internal gains (see Table 5 and 5a)

Metabolic gains (Table 5), Watts	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	
(66)m	147.1381	147.1381	147.1381	147.1381	147.1381	147.1381	147.1381	147.1381	147.1381	147.1381	147.1381	147.1381	(66)
Lighting gains (calculated in Appendix L, equation L9 or L9a), also see Table 5	165.8884	183.6621	165.8884	171.4180	165.8884	171.4180	165.8884	165.8884	171.4180	165.8884	171.4180	165.8884	(67)
Appliances gains (calculated in Appendix L, equation L13 or L13a), also see Table 5	326.6567	330.0464	321.5045	303.3199	280.3650	258.7907	244.3778	240.9881	249.5300	267.7146	290.6694	312.2437	(68)
Cooking gains (calculated in Appendix L, equation L15 or L15a), also see Table 5	37.7138	37.7138	37.7138	37.7138	37.7138	37.7138	37.7138	37.7138	37.7138	37.7138	37.7138	37.7138	(69)
Pumps, fans	3.0000	3.0000	3.0000	3.0000	3.0000	0.0000	0.0000	0.0000	0.0000	3.0000	3.0000	3.0000	(70)
Losses e.g. evaporation (negative values) (Table 5)	-117.7105	-117.7105	-117.7105	-117.7105	-117.7105	-117.7105	-117.7105	-117.7105	-117.7105	-117.7105	-117.7105	-117.7105	(71)
Water heating gains (Table 5)	169.2701	166.5291	161.2492	149.6776	142.5897	135.1810	130.6307	134.3904	138.7984	147.0191	158.1118	167.7906	(72)
Total internal gains	731.9566	750.3790	718.7835	694.5569	658.9845	632.5312	608.0383	608.4084	626.8878	650.7635	690.3407	716.0642	(73)

6. Solar gains

[Jan]	Area m ²	Solar flux Table 6a W/m ²	g Specific data or Table 6b	FF Specific data or Table 6c	Access Factor Table 6d	Gains W							
East	8.1700	19.6403	0.6300	0.7000	0.5400	34.3910 (76)							
South	16.0200	46.7521	0.6300	0.7000	0.5400	160.5233 (78)							
West	6.5500	19.6403	0.6300	0.7000	0.5400	27.5717 (80)							
East	3.3700	26.0000	0.6300	0.7000	1.0000	34.7764 (82)							
West	1.9300	26.0000	0.6300	0.7000	1.0000	19.9164 (82)							
Solar gains	277.1788	497.7007	736.4445	985.1581	1155.0893	1165.5220	1116.1591	989.1069	823.9003	566.2218	336.9528	233.8370	(83)
Total gains	1009.1354	1248.0797	1455.2280	1679.7150	1814.0739	1798.0532	1724.1974	1597.5153	1450.7880	1216.9853	1027.2935	949.9011	(84)

7. Mean internal temperature (heating season)

Temperature during heating periods in the living area from Table 9, Th1 (C)	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	
Utilisation factor for gains for living area, nil,m (see Table 9a)	51.3083	51.3898	51.4701	51.8502	51.9219	52.2585	52.2585	52.3213	52.1283	51.9219	51.7770	51.6263	21.0000 (85)
tau	4.4206	4.4260	4.4313	4.4567	4.4615	4.4839	4.4839	4.4881	4.4752	4.4615	4.4518	4.4418	
util living area	0.9969	0.9918	0.9786	0.9355	0.8361	0.6674	0.5055	0.5619	0.8046	0.9629	0.9932	0.9977	(86)
MIT	19.3430	19.5866	19.9387	20.3845	20.7378	20.9310	20.9841	20.9750	20.8376	20.3518	19.7593	19.3016	(87)
Th 2	19.8170	19.8186	19.8202	19.8278	19.8292	19.8359	19.8359	19.8371	19.8333	19.8292	19.8264	19.8234	(88)
util rest of house	0.9959	0.9891	0.9711	0.9125	0.7800	0.5678	0.3786	0.4310	0.7199	0.9450	0.9904	0.9969	(89)
MIT 2	17.9022	18.2138	18.6602	19.2132	19.6127	19.7976	19.8311	19.8287	19.7249	19.1868	18.4411	17.8536	(90)
Living area fraction	18.1582	18.4577	18.8873	19.4213	19.8126	19.9989	20.0360	20.0323	19.9226	19.3937	18.6753	18.1108	(91)
MIT	18.1582	18.4577	18.8873	19.4213	19.8126	19.9989	20.0360	20.0323	19.9226	19.3937	18.6753	18.1108	(92)
Temperature adjustment	18.1582	18.4577	18.8873	19.4213	19.8126	19.9989	20.0360	20.0323	19.9226	19.3937	18.6753	18.1108	(93)
adjusted MIT	18.1582	18.4577	18.8873	19.4213	19.8126	19.9989	20.0360	20.0323	19.9226	19.3937	18.6753	18.1108	(93)

8. Space heating requirement

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	
Utilisation	0.9936	0.9844	0.9629	0.9025	0.7791	0.5828	0.4011	0.4540	0.7274	0.9360	0.9863	0.9950	(94)
Useful gains	1002.6773	1228.5885	1401.1945	1515.9241	1413.3766	1047.9312	691.5708	725.3383	1055.2914	1139.0697	1013.2023	945.1721	(95)
Ext temp.	4.3000	4.9000	6.5000	8.9000	11.7000	14.6000	16.6000	16.4000	14.1000	10.6000	7.1000	4.2000	(96)
Heat loss rate W	2870.9425	2804.2241	2558.1567	2156.8697	1660.7884	1098.1406	698.8688	737.9189	1187.2676	1800.2315	2376.2942	2864.0948	(97)
Space heating kWh	1389.9893	1058.8271	860.7798	461.4809	184.0744	0.0000	0.0000	0.0000	0.0000	491.9044	981.4261	1427.6785	(98a)
Space heating requirement - total per year (kWh/year)	1389.9893	1058.8271	860.7798	461.4809	184.0744	0.0000	0.0000	0.0000	0.0000	491.9044	981.4261	1427.6785	(98a)
Solar heating kWh	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	(98b)
Solar heating contribution - total per year (kWh/year)	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	(98b)
Space heating kWh	1389.9893	1058.8271	860.7798	461.4809	184.0744	0.0000	0.0000	0.0000	0.0000	491.9044	981.4261	1427.6785	(98c)
Space heating requirement after solar contribution - total per year (kWh/year)	1389.9893	1058.8271	860.7798	461.4809	184.0744	0.0000	0.0000	0.0000	0.0000	491.9044	981.4261	1427.6785	(98c)
Space heating requirement after solar contribution - total per year (kWh/year)	1389.9893	1058.8271	860.7798	461.4809	184.0744	0.0000	0.0000	0.0000	0.0000	491.9044	981.4261	1427.6785	(98c)
Space heating per m ²										(98c) / (4) =			(99)

9a. Energy requirements - Individual heating systems, including micro-CHP

Fraction of space heat from secondary/supplementary system (Table 11)	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	
Fraction of space heat from main system(s)	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	(201)
Efficiency of main space heating system 1 (in %)	92.3000	92.3000	92.3000	92.3000	92.3000	0.0000	0.0000	0.0000	0.0000	92.3000	92.3000	92.3000	(202)
Efficiency of main space heating system 2 (in %)	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	(206)
Efficiency of secondary/supplementary heating system, %	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	(207)
Efficiency of secondary/supplementary heating system, %	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	(208)
Space heating requirement	1389.9893	1058.8271	860.7798	461.4809	184.0744	0.0000	0.0000	0.0000	0.0000	491.9044	981.4261	1427.6785	(98)
Space heating efficiency (main heating system 1)	92.3000	92.3000	92.3000	92.3000	92.3000	0.0000	0.0000	0.0000	0.0000	92.3000	92.3000	92.3000	(210)
Space heating fuel (main heating system)	1505.9472	1147.1583	932.5892	499.7993	199.4305	0.0000	0.0000	0.0000	0.0000	532.9408	1063.3003	1546.7807	(211)
Space heating efficiency (main heating system 2)	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	(212)
Space heating fuel (main heating system 2)	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	(213)
Space heating fuel (secondary)	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	(215)

