

# Regulations Compliance Report

Approved Document L1A, 2013 Edition, England assessed by Stroma FSAP 2012 program, Version: 1.0.5.59  
Printed on 24 January 2023 at 14:47:13

## Project Information:

**Assessed By:** Leighton Howe (STRO004042) **Building Type:** Flat

## Dwelling Details:

**NEW DWELLING DESIGN STAGE** Total Floor Area: 61m<sup>2</sup>  
**Site Reference :** AL-10 **Plot Reference:** Flat 1  
**Address :** Flat 1, Manor Court, 152 Abbey Road, LONDON, NW6 4ST

## Client Details:

**Name:**  
**Address :**

**This report covers items included within the SAP calculations.  
It is not a complete report of regulations compliance.**

## 1a TER and DER

Fuel for main heating system: Mains gas  
Fuel factor: 1.00 (mains gas)  
Target Carbon Dioxide Emission Rate (TER) 20.72 kg/m<sup>2</sup>  
Dwelling Carbon Dioxide Emission Rate (DER) 15.84 kg/m<sup>2</sup> **OK**

## 1b TFEE and DFEE

Target Fabric Energy Efficiency (TFEE) 58.1 kWh/m<sup>2</sup>  
Dwelling Fabric Energy Efficiency (DFEE) 53.3 kWh/m<sup>2</sup> **OK**

## 2 Fabric U-values

Element	Average	Highest	
External wall	0.18 (max. 0.30)	0.18 (max. 0.70)	<b>OK</b>
Party wall	0.00 (max. 0.20)	-	<b>OK</b>
Floor	(no floor)		
Roof	0.16 (max. 0.20)	0.16 (max. 0.35)	<b>OK</b>
Openings	1.40 (max. 2.00)	1.40 (max. 3.30)	<b>OK</b>

## 2a Thermal bridging

Thermal bridging calculated from linear thermal transmittances for each junction

## 3 Air permeability

Air permeability at 50 pascals 5.00 (design value)  
Maximum 10.0 **OK**

## 4 Heating efficiency

Main Heating system: Boiler systems with radiators or underfloor heating - mains gas  
Data from manufacturer  
Combi boiler  
Efficiency 88.0 % SEDBUK2009  
Minimum 88.0 % **OK**

Secondary heating system: None

## 5 Cylinder insulation

Hot water Storage: No cylinder **N/A**

# Regulations Compliance Report

## 6 Controls

Space heating controls	Programmer and at least two room thermostats	OK
Hot water controls:	No cylinder thermostat	
	No cylinder	
Boiler interlock:	Yes	OK

## 7 Low energy lights

Percentage of fixed lights with low-energy fittings	100.0%	
Minimum	75.0%	OK

## 8 Mechanical ventilation

Not applicable

## 9 Summertime temperature

Overheating risk (South East England):	Slight	OK
Based on:		
Overshading:	Average or unknown	
Windows facing: South	12.18m <sup>2</sup>	
Windows facing: North	8.4m <sup>2</sup>	
Windows facing: West	4.2m <sup>2</sup>	
Ventilation rate:	6.00	
Blinds/curtains:	Dark-coloured curtain or roller blind Closed 100% of daylight hours	

## 10 Key features

Party Walls U-value	0 W/m <sup>2</sup> K
Photovoltaic array	

## SAP WorkSheet: New dwelling design stage

### User Details:

**Assessor Name:** Leighton Howe      **Stroma Number:** STRO004042  
**Software Name:** Stroma FSAP 2012      **Software Version:** Version: 1.0.5.59

### Property Address: Flat 1

**Address :** Flat 1, Manor Court, 152 Abbey Road, LONDON, NW6 4ST

### 1. Overall dwelling dimensions:

	Area(m <sup>2</sup> )	Av. Height(m)	Volume(m <sup>3</sup> )
Ground floor	61 (1a)	2.4 (2a)	146.4 (3a)
Total floor area TFA = (1a)+(1b)+(1c)+(1d)+(1e)+.....(1n)	61 (4)		
Dwelling volume		(3a)+(3b)+(3c)+(3d)+(3e)+.....(3n)	146.4 (5)

### 2. Ventilation rate:

	main heating	secondary heating	other	total	m <sup>3</sup> per hour
Number of chimneys	0	0	0	0	0 (6a)
Number of open flues	0	0	0	0	0 (6b)
Number of intermittent fans				3	30 (7a)
Number of passive vents				0	0 (7b)
Number of flueless gas fires				0	0 (7c)

### Air changes per hour

Infiltration due to chimneys, flues and fans = (6a)+(6b)+(7a)+(7b)+(7c) =	30	÷ (5) =	0.2 (8)
<i>If a pressurisation test has been carried out or is intended, proceed to (17), otherwise continue from (9) to (16)</i>			
Number of storeys in the dwelling (ns)			0 (9)
Additional infiltration		[(9)-1]x0.1 =	0 (10)
Structural infiltration: 0.25 for steel or timber frame or 0.35 for masonry construction <i>if both types of wall are present, use the value corresponding to the greater wall area (after deducting areas of openings); if equal user 0.35</i>			0 (11)
If suspended wooden floor, enter 0.2 (unsealed) or 0.1 (sealed), else enter 0			0 (12)
If no draught lobby, enter 0.05, else enter 0			0 (13)
Percentage of windows and doors draught stripped			0 (14)
Window infiltration	0.25 - [0.2 x (14) ÷ 100] =		0 (15)
Infiltration rate	(8) + (10) + (11) + (12) + (13) + (15) =		0 (16)
Air permeability value, q50, expressed in cubic metres per hour per square metre of envelope area			5 (17)
If based on air permeability value, then (18) = [(17) ÷ 20]+(8), otherwise (18) = (16)			0.45 (18)
<i>Air permeability value applies if a pressurisation test has been done or a degree air permeability is being used</i>			
Number of sides sheltered			1 (19)
Shelter factor	(20) = 1 - [0.075 x (19)] =		0.92 (20)
Infiltration rate incorporating shelter factor	(21) = (18) x (20) =		0.42 (21)

Infiltration rate modified for monthly wind speed

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
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Monthly average wind speed from Table 7

(22)m=	5.1	5	4.9	4.4	4.3	3.8	3.8	3.7	4	4.3	4.5	4.7
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Wind Factor (22a)m = (22)m ÷ 4

(22a)m=	1.27	1.25	1.23	1.1	1.08	0.95	0.95	0.92	1	1.08	1.12	1.18
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## SAP WorkSheet: New dwelling design stage

Adjusted infiltration rate (allowing for shelter and wind speed) = (21a) x (22a)m

0.54	0.53	0.52	0.46	0.45	0.4	0.4	0.39	0.42	0.45	0.47	0.49
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Calculate effective air change rate for the applicable case

If mechanical ventilation:

0 (23a)

If exhaust air heat pump using Appendix N, (23b) = (23a) x Fmv (equation (N5)) , otherwise (23b) = (23a)

0 (23b)

If balanced with heat recovery: efficiency in % allowing for in-use factor (from Table 4h) =

0 (23c)

a) If balanced mechanical ventilation with heat recovery (MVHR) (24a)m = (22b)m + (23b) x [1 - (23c) ÷ 100]

(24a)m= 0 0 0 0 0 0 0 0 0 0 0 0 (24a)

b) If balanced mechanical ventilation without heat recovery (MV) (24b)m = (22b)m + (23b)

(24b)m= 0 0 0 0 0 0 0 0 0 0 0 0 (24b)

c) If whole house extract ventilation or positive input ventilation from outside

if (22b)m < 0.5 x (23b), then (24c) = (23b); otherwise (24c) = (22b) m + 0.5 x (23b)

(24c)m= 0 0 0 0 0 0 0 0 0 0 0 0 (24c)

d) If natural ventilation or whole house positive input ventilation from loft

if (22b)m = 1, then (24d)m = (22b)m otherwise (24d)m = 0.5 + [(22b)m<sup>2</sup> x 0.5]

(24d)m= 0.64 0.64 0.63 0.61 0.6 0.58 0.58 0.58 0.59 0.6 0.61 0.62 (24d)

Effective air change rate - enter (24a) or (24b) or (24c) or (24d) in box (25)

(25)m= 0.64 0.64 0.63 0.61 0.6 0.58 0.58 0.58 0.59 0.6 0.61 0.62 (25)

### 3. Heat losses and heat loss parameter:

ELEMENT	Gross area (m <sup>2</sup> )	Openings m <sup>2</sup>	Net Area A ,m <sup>2</sup>	U-value W/m <sup>2</sup> K	A X U (W/K)	k-value kJ/m <sup>2</sup> -K	A X k kJ/K
Doors			1.89	x 1.4	= 2.646		(26)
Windows Type 1			12.18	x 1/[1/(1.4)+0.04]	= 16.15		(27)
Windows Type 2			8.4	x 1/[1/(1.4)+0.04]	= 11.14		(27)
Windows Type 3			4.2	x 1/[1/(1.4)+0.04]	= 5.57		(27)
Walls Type1	66	24.78	41.22	x 0.18	= 7.42		(29)
Walls Type2	16	1.89	14.11	x 0.18	= 2.59		(29)
Roof	66	0	66	x 0.16	= 10.56		(30)
Total area of elements, m <sup>2</sup>			148				(31)
Party wall			16	x 0	= 0		(32)
Internal wall **			71				(32c)
Internal floor			48				(32d)
Internal ceiling			44				(32e)

\* for windows and roof windows, use effective window U-value calculated using formula 1/[1/(U-value)+0.04] as given in paragraph 3.2

\*\* include the areas on both sides of internal walls and partitions

Fabric heat loss, W/K = S (A x U) (26)...(30) + (32) = 56.07 (33)

Heat capacity Cm = S(A x k) ((28)...(30) + (32) + (32a)...(32e) = 5870.97 (34)

Thermal mass parameter (TMP = Cm ÷ TFA) in kJ/m<sup>2</sup>K Indicative Value: Low 100 (35)

For design assessments where the details of the construction are not known precisely the indicative values of TMP in Table 1f can be used instead of a detailed calculation.

Thermal bridges : S (L x Y) calculated using Appendix K 6.88 (36)

if details of thermal bridging are not known (36) = 0.05 x (31)

## SAP WorkSheet: New dwelling design stage

Total fabric heat loss (33) + (36) =  (37)

Ventilation heat loss calculated monthly (38)m = 0.33 × (25)m × (5)

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	
(38)m=	31.11	30.84	30.57	29.33	29.1	28.02	28.02	27.82	28.43	29.1	29.57	30.06	(38)

Heat transfer coefficient, W/K (39)m = (37) + (38)m

(39)m=	94.06	93.79	93.52	92.28	92.05	90.97	90.97	90.77	91.38	92.05	92.52	93.01	
Average = Sum(39) <sub>1...12</sub> / 12 =												<input style="width: 100px;" type="text" value="92.28"/>	(39)

Heat loss parameter (HLP), W/m<sup>2</sup>K (40)m = (39)m ÷ (4)

(40)m=	1.54	1.54	1.53	1.51	1.51	1.49	1.49	1.49	1.5	1.51	1.52	1.52	
Average = Sum(40) <sub>1...12</sub> / 12 =												<input style="width: 100px;" type="text" value="1.51"/>	(40)

Number of days in month (Table 1a)

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	
(41)m=	31	28	31	30	31	30	31	31	30	31	30	31	(41)

### 4. Water heating energy requirement:

kWh/year:

Assumed occupancy, N  (42)

if TFA > 13.9, N = 1 + 1.76 × [1 - exp(-0.000349 × (TFA - 13.9)<sup>2</sup>)] + 0.0013 × (TFA - 13.9)

if TFA ≤ 13.9, N = 1

Annual average hot water usage in litres per day V<sub>d,average</sub> = (25 × N) + 36  (43)

Reduce the annual average hot water usage by 5% if the dwelling is designed to achieve a water use target of not more than 125 litres per person per day (all water use, hot and cold)

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	
(44)m=	90.13	86.85	83.57	80.29	77.02	73.74	73.74	77.02	80.29	83.57	86.85	90.13	
Total = Sum(44) <sub>1...12</sub> =												<input style="width: 100px;" type="text" value="983.18"/>	(44)

Hot water usage in litres per day for each month V<sub>d,m</sub> = factor from Table 1c × (43)

(45)m=	133.65	116.89	120.62	105.16	100.91	87.07	80.69	92.59	93.7	109.19	119.19	129.44	
Total = Sum(45) <sub>1...12</sub> =												<input style="width: 100px;" type="text" value="1289.11"/>	(45)

If instantaneous water heating at point of use (no hot water storage), enter 0 in boxes (46) to (61)

(46)m=	20.05	17.53	18.09	15.77	15.14	13.06	12.1	13.89	14.05	16.38	17.88	19.42	(46)
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Water storage loss:

Storage volume (litres) including any solar or WWHRS storage within same vessel  (47)

If community heating and no tank in dwelling, enter 110 litres in (47)

Otherwise if no stored hot water (this includes instantaneous combi boilers) enter '0' in (47)

Water storage loss:

a) If manufacturer's declared loss factor is known (kWh/day):  (48)

Temperature factor from Table 2b  (49)

Energy lost from water storage, kWh/year (48) × (49) =  (50)

b) If manufacturer's declared cylinder loss factor is not known:

Hot water storage loss factor from Table 2 (kWh/litre/day)  (51)

If community heating see section 4.3

Volume factor from Table 2a  (52)

Temperature factor from Table 2b  (53)

Energy lost from water storage, kWh/year (47) × (51) × (52) × (53) =  (54)

Enter (50) or (54) in (55)  (55)

## SAP WorkSheet: New dwelling design stage

Water storage loss calculated for each month

$$((56)m = (55) \times (41)m$$

(56)m=	0	0	0	0	0	0	0	0	0	0	0	0	(56)
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If cylinder contains dedicated solar storage,  $(57)m = (56)m \times [(50) - (H11)] \div (50)$ , else  $(57)m = (56)m$  where (H11) is from Appendix H

(57)m=	0	0	0	0	0	0	0	0	0	0	0	0	(57)
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Primary circuit loss (annual) from Table 3

0
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(58)

Primary circuit loss calculated for each month  $(59)m = (58) \div 365 \times (41)m$

(modified by factor from Table H5 if there is solar water heating and a cylinder thermostat)

(59)m=	0	0	0	0	0	0	0	0	0	0	0	0	(59)
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Combi loss calculated for each month  $(61)m = (60) \div 365 \times (41)m$

(61)m=	45.93	39.97	42.59	39.6	39.25	36.36	37.58	39.25	39.6	42.59	42.83	45.93	(61)
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Total heat required for water heating calculated for each month  $(62)m = 0.85 \times (45)m + (46)m + (57)m + (59)m + (61)m$

(62)m=	179.58	156.87	163.21	144.76	140.15	123.44	118.26	131.84	133.29	151.78	162.02	175.36	(62)
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Solar DHW input calculated using Appendix G or Appendix H (negative quantity) (enter '0' if no solar contribution to water heating)

(add additional lines if FGHRs and/or WWHRs applies, see Appendix G)

(63)m=	0	0	0	0	0	0	0	0	0	0	0	0	(63)
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Output from water heater

(64)m=	179.58	156.87	163.21	144.76	140.15	123.44	118.26	131.84	133.29	151.78	162.02	175.36	1780.56	(64)
Output from water heater (annual) <sub>1...12</sub>														

Heat gains from water heating, kWh/month  $0.25 \times [0.85 \times (45)m + (61)m] + 0.8 \times [(46)m + (57)m + (59)m]$

(65)m=	55.92	48.86	50.75	44.87	43.36	38.04	36.22	40.6	41.05	46.95	50.34	54.52	(65)
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include (57)m in calculation of (65)m only if cylinder is in the dwelling or hot water is from community heating

### 5. Internal gains (see Table 5 and 5a):

Metabolic gains (Table 5), Watts

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	
(66)m=	120.59	120.59	120.59	120.59	120.59	120.59	120.59	120.59	120.59	120.59	120.59	120.59	(66)

Lighting gains (calculated in Appendix L, equation L9 or L9a), also see Table 5

(67)m=	39.11	34.73	28.25	21.39	15.99	13.5	14.58	18.96	25.44	32.3	37.7	40.19	(67)
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Appliances gains (calculated in Appendix L, equation L13 or L13a), also see Table 5

(68)m=	261.88	264.6	257.75	243.17	224.77	207.47	195.92	193.2	200.05	214.63	233.03	250.33	(68)
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Cooking gains (calculated in Appendix L, equation L15 or L15a), also see Table 5

(69)m=	49.07	49.07	49.07	49.07	49.07	49.07	49.07	49.07	49.07	49.07	49.07	49.07	(69)
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Pumps and fans gains (Table 5a)

(70)m=	3	3	3	3	3	3	3	3	3	3	3	3	(70)
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Losses e.g. evaporation (negative values) (Table 5)

(71)m=	-80.39	-80.39	-80.39	-80.39	-80.39	-80.39	-80.39	-80.39	-80.39	-80.39	-80.39	-80.39	(71)
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Water heating gains (Table 5)

(72)m=	75.16	72.71	68.22	62.31	58.28	52.84	48.69	54.57	57.02	63.11	69.92	73.28	(72)
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**Total internal gains =**

$$(66)m + (67)m + (68)m + (69)m + (70)m + (71)m + (72)m$$

(73)m=	468.42	464.31	446.48	419.14	391.3	366.07	351.45	358.99	374.77	402.31	432.91	456.06	(73)
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### 6. Solar gains:

Solar gains are calculated using solar flux from Table 6a and associated equations to convert to the applicable orientation.

## SAP WorkSheet: New dwelling design stage

Orientation:	Access Factor Table 6d	Area m <sup>2</sup>	Flux Table 6a	g_ Table 6b	FF Table 6c	Gains (W)
North	0.9x	8.4	10.63	0.57	0.7	24.7 (74)
North	0.9x	8.4	20.32	0.57	0.7	47.2 (74)
North	0.9x	8.4	34.53	0.57	0.7	80.2 (74)
North	0.9x	8.4	55.46	0.57	0.7	128.82 (74)
North	0.9x	8.4	74.72	0.57	0.7	173.54 (74)
North	0.9x	8.4	79.99	0.57	0.7	185.78 (74)
North	0.9x	8.4	74.68	0.57	0.7	173.45 (74)
North	0.9x	8.4	59.25	0.57	0.7	137.61 (74)
North	0.9x	8.4	41.52	0.57	0.7	96.43 (74)
North	0.9x	8.4	24.19	0.57	0.7	56.18 (74)
North	0.9x	8.4	13.12	0.57	0.7	30.47 (74)
North	0.9x	8.4	8.86	0.57	0.7	20.59 (74)
South	0.9x	12.18	46.75	0.57	0.7	157.45 (78)
South	0.9x	12.18	76.57	0.57	0.7	257.87 (78)
South	0.9x	12.18	97.53	0.57	0.7	328.48 (78)
South	0.9x	12.18	110.23	0.57	0.7	371.25 (78)
South	0.9x	12.18	114.87	0.57	0.7	386.87 (78)
South	0.9x	12.18	110.55	0.57	0.7	372.31 (78)
South	0.9x	12.18	108.01	0.57	0.7	363.77 (78)
South	0.9x	12.18	104.89	0.57	0.7	353.27 (78)
South	0.9x	12.18	101.89	0.57	0.7	343.14 (78)
South	0.9x	12.18	82.59	0.57	0.7	278.14 (78)
South	0.9x	12.18	55.42	0.57	0.7	186.64 (78)
South	0.9x	12.18	40.4	0.57	0.7	136.05 (78)
West	0.9x	4.2	19.64	0.57	0.7	22.81 (80)
West	0.9x	4.2	38.42	0.57	0.7	44.62 (80)
West	0.9x	4.2	63.27	0.57	0.7	73.48 (80)
West	0.9x	4.2	92.28	0.57	0.7	107.17 (80)
West	0.9x	4.2	113.09	0.57	0.7	131.34 (80)
West	0.9x	4.2	115.77	0.57	0.7	134.45 (80)
West	0.9x	4.2	110.22	0.57	0.7	128 (80)
West	0.9x	4.2	94.68	0.57	0.7	109.95 (80)
West	0.9x	4.2	73.59	0.57	0.7	85.46 (80)
West	0.9x	4.2	45.59	0.57	0.7	52.94 (80)
West	0.9x	4.2	24.49	0.57	0.7	28.44 (80)
West	0.9x	4.2	16.15	0.57	0.7	18.76 (80)

Solar gains in watts, calculated for each month

(83)m = Sum(74)m ... (82)m

(83)m=	204.96	349.69	482.16	607.25	691.75	692.54	665.22	600.83	525.03	387.26	245.54	175.4	(83)
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Total gains – internal and solar (84)m = (73)m + (83)m , watts

(84)m=	673.38	813.99	928.64	1026.38	1083.05	1058.61	1016.67	959.82	899.8	789.57	678.46	631.46	(84)
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## SAP WorkSheet: New dwelling design stage

### 7. Mean internal temperature (heating season)

Temperature during heating periods in the living area from Table 9, Th1 (°C) 21 (85)

Utilisation factor for gains for living area, h1,m (see Table 9a)

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	
(86)m=	0.91	0.86	0.81	0.72	0.61	0.47	0.36	0.39	0.56	0.75	0.87	0.92	(86)

Mean internal temperature in living area T1 (follow steps 3 to 7 in Table 9c)

(87)m=	18.52	18.91	19.43	20.01	20.48	20.79	20.92	20.9	20.67	20.06	19.19	18.45	(87)
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Temperature during heating periods in rest of dwelling from Table 9, Th2 (°C)

(88)m=	19.66	19.66	19.66	19.68	19.68	19.69	19.69	19.7	19.69	19.68	19.67	19.67	(88)
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Utilisation factor for gains for rest of dwelling, h2,m (see Table 9a)

(89)m=	0.89	0.84	0.78	0.68	0.55	0.4	0.27	0.3	0.49	0.71	0.85	0.9	(89)
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Mean internal temperature in the rest of dwelling T2 (follow steps 3 to 7 in Table 9c)

(90)m=	17.48	17.86	18.35	18.9	19.32	19.58	19.66	19.66	19.5	18.96	18.15	17.42	(90)
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fLA = Living area ÷ (4) = 0.41 (91)

Mean internal temperature (for the whole dwelling) = fLA × T1 + (1 – fLA) × T2

(92)m=	17.91	18.29	18.79	19.36	19.79	20.08	20.18	20.16	19.98	19.41	18.57	17.84	(92)
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Apply adjustment to the mean internal temperature from Table 4e, where appropriate

(93)m=	17.91	18.29	18.79	19.36	19.79	20.08	20.18	20.16	19.98	19.41	18.57	17.84	(93)
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### 8. Space heating requirement

Set Ti to the mean internal temperature obtained at step 11 of Table 9b, so that Ti,m=(76)m and re-calculate the utilisation factor for gains using Table 9a

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
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Utilisation factor for gains, hm:

(94)m=	0.87	0.82	0.76	0.67	0.55	0.42	0.3	0.33	0.5	0.7	0.83	0.88	(94)
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Useful gains, hmGm , W = (94)m x (84)m

(95)m=	584.34	667.36	703.89	685.98	600.86	444.8	307.78	319.27	453.03	552.18	559.81	555.77	(95)
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Monthly average external temperature from Table 8

(96)m=	4.3	4.9	6.5	8.9	11.7	14.6	16.6	16.4	14.1	10.6	7.1	4.2	(96)
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Heat loss rate for mean internal temperature, Lm , W =[(93)m – (96)m ]

(97)m=	1279.77	1255.97	1149.54	965.09	745.04	498.08	325.43	341.73	537.19	811.04	1061.55	1268.6	(97)
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Space heating requirement for each month, kWh/month = 0.024 x [(97)m – (95)m] x (41)m

(98)m=	517.4	395.55	331.57	200.96	107.27	0	0	0	0	192.59	361.25	530.35	
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Total per year (kWh/year) = Sum(98)<sub>1...5,9...12</sub> = 2636.94 (98)

Space heating requirement in kWh/m<sup>2</sup>/year 43.23 (99)

### 9a. Energy requirements – Individual heating systems including micro-CHP

#### Space heating:

Fraction of space heat from secondary/supplementary system 0 (201)

Fraction of space heat from main system(s) (202) = 1 – (201) = 1 (202)

Fraction of total heating from main system 1 (204) = (202) × [1 – (203)] = 1 (204)

Efficiency of main space heating system 1 88.8 (206)

Efficiency of secondary/supplementary heating system, % 0 (208)



## SAP WorkSheet: New dwelling design stage

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	kWh/year
Space heating requirement (calculated above)												
517.4	395.55	331.57	200.96	107.27	0	0	0	0	192.59	361.25	530.35	
(211)m = $\{[(98)m \times (204)]\} \times 100 \div (206)$												(211)
582.66	445.44	373.38	226.31	120.8	0	0	0	0	216.88	406.82	597.24	
Total (kWh/year) = Sum(211) <sub>1..5,10..12</sub> =											2969.53	(211)
Space heating fuel (secondary), kWh/month												
= $\{[(98)m \times (201)]\} \times 100 \div (208)$												
(215)m =												
0	0	0	0	0	0	0	0	0	0	0	0	
Total (kWh/year) = Sum(215) <sub>1..5,10..12</sub> =											0	(215)
<b>Water heating</b>												
Output from water heater (calculated above)												
179.58	156.87	163.21	144.76	140.15	123.44	118.26	131.84	133.29	151.78	162.02	175.36	
Efficiency of water heater											79.5	(216)
(217)m =												(217)
86.2	85.95	85.5	84.65	83.28	79.5	79.5	79.5	79.5	84.45	85.7	86.29	
Fuel for water heating, kWh/month												
(219)m = (64)m x 100 ÷ (217)m												
(219)m =												
208.32	182.52	190.89	171	168.29	155.27	148.76	165.83	167.66	179.74	189.07	203.22	
Total = Sum(219a) <sub>1..12</sub> =											2130.57	(219)
<b>Annual totals</b>												
											<b>kWh/year</b>	<b>kWh/year</b>
Space heating fuel used, main system 1											2969.53	
Water heating fuel used											2130.57	
Electricity for pumps, fans and electric keep-hot												
central heating pump:											30	(230c)
boiler with a fan-assisted flue											45	(230e)
Total electricity for the above, kWh/year											75	(231) sum of (230a)...(230g) =
Electricity for lighting											276.25	(232)
Electricity generated by PVs											-760.49	(233)
Total delivered energy for all uses (211)...(221) + (231) + (232)...(237b) =											4690.85	(338)

### 10a. Fuel costs - individual heating systems:

	Fuel kWh/year	Fuel Price (Table 12)	Fuel Cost £/year
Space heating - main system 1	(211) x	3.48	103.34 (240) x 0.01 =
Space heating - main system 2	(213) x	0	0 (241) x 0.01 =
Space heating - secondary	(215) x	13.19	0 (242) x 0.01 =
Water heating cost (other fuel)	(219)	3.48	74.14 (247) x 0.01 =
Pumps, fans and electric keep-hot	(231)	13.19	9.89 (249) x 0.01 =
(if off-peak tariff, list each of (230a) to (230g) separately as applicable and apply fuel price according to Table 12a)			
Energy for lighting	(232)	13.19	36.44 (250) x 0.01 =
Additional standing charges (Table 12)			120 (251)

## SAP WorkSheet: New dwelling design stage

one of (233) to (235) x

13.19	x 0.01 =	-100.31	(252)
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Appendix Q items: repeat lines (253) and (254) as needed

<b>Total energy cost</b>	(245)...(247) + (250)...(254) =	243.5	(255)
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### 11a. SAP rating - individual heating systems

Energy cost deflator (Table 12)		0.42	(256)
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Energy cost factor (ECF)	[(255) x (256)] ÷ [(4) + 45.0] =	0.96	(257)
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<b>SAP rating (Section 12)</b>		86.54	(258)
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### 12a. CO2 emissions – Individual heating systems including micro-CHP

	Energy kWh/year	Emission factor kg CO2/kWh	Emissions kg CO2/year
Space heating (main system 1)	(211) x	0.216	641.42 (261)
Space heating (secondary)	(215) x	0.519	0 (263)
Water heating	(219) x	0.216	460.2 (264)
Space and water heating	(261) + (262) + (263) + (264) =		1101.62 (265)
Electricity for pumps, fans and electric keep-hot	(231) x	0.519	38.93 (267)
Electricity for lighting	(232) x	0.519	143.37 (268)
Energy saving/generation technologies Item 1		0.519	-394.7 (269)
Total CO2, kg/year		sum of (265)...(271) =	889.22 (272)
<b>CO2 emissions per m<sup>2</sup></b>		(272) ÷ (4) =	14.58 (273)
El rating (section 14)			89 (274)

### 13a. Primary Energy

	Energy kWh/year	Primary factor	P. Energy kWh/year
Space heating (main system 1)	(211) x	1.22	3622.82 (261)
Space heating (secondary)	(215) x	3.07	0 (263)
Energy for water heating	(219) x	1.22	2599.29 (264)
Space and water heating	(261) + (262) + (263) + (264) =		6222.11 (265)
Electricity for pumps, fans and electric keep-hot	(231) x	3.07	230.25 (267)
Electricity for lighting	(232) x	0	848.09 (268)
Energy saving/generation technologies Item 1		3.07	-2334.71 (269)
'Total Primary Energy		sum of (265)...(271) =	4965.75 (272)
<b>Primary energy kWh/m<sup>2</sup>/year</b>		(272) ÷ (4) =	81.41 (273)

# Regulations Compliance Report

Approved Document L1A, 2013 Edition, England assessed by Stroma FSAP 2012 program, Version: 1.0.5.59  
Printed on 24 January 2023 at 14:47:13

## Project Information:

**Assessed By:** Leighton Howe (STRO004042) **Building Type:** Flat

## Dwelling Details:

**NEW DWELLING DESIGN STAGE** Total Floor Area: 40m<sup>2</sup>  
**Site Reference :** AL-10 **Plot Reference:** Flat 2  
**Address :** Flat 2, Manor Court, 152 Abbey Road, LONDON, NW6 4ST

## Client Details:

**Name:**  
**Address :**

**This report covers items included within the SAP calculations.  
It is not a complete report of regulations compliance.**

## 1a TER and DER

Fuel for main heating system: Mains gas  
Fuel factor: 1.00 (mains gas)  
Target Carbon Dioxide Emission Rate (TER) 24.68 kg/m<sup>2</sup>  
Dwelling Carbon Dioxide Emission Rate (DER) 17.77 kg/m<sup>2</sup> **OK**

## 1b TFEE and DFEE

Target Fabric Energy Efficiency (TFEE) 66.2 kWh/m<sup>2</sup>  
Dwelling Fabric Energy Efficiency (DFEE) 60.5 kWh/m<sup>2</sup> **OK**

## 2 Fabric U-values

Element	Average	Highest	
External wall	0.18 (max. 0.30)	0.18 (max. 0.70)	<b>OK</b>
Party wall	0.00 (max. 0.20)	-	<b>OK</b>
Floor	(no floor)		
Roof	0.16 (max. 0.20)	0.16 (max. 0.35)	<b>OK</b>
Openings	1.40 (max. 2.00)	1.40 (max. 3.30)	<b>OK</b>

## 2a Thermal bridging

Thermal bridging calculated from linear thermal transmittances for each junction

## 3 Air permeability

Air permeability at 50 pascals 5.00 (design value)  
Maximum 10.0 **OK**

## 4 Heating efficiency

Main Heating system: Boiler systems with radiators or underfloor heating - mains gas  
Data from manufacturer  
Combi boiler  
Efficiency 88.0 % SEDBUK2009  
Minimum 88.0 % **OK**

Secondary heating system: None

## 5 Cylinder insulation

Hot water Storage: No cylinder **N/A**

# Regulations Compliance Report

## 6 Controls

Space heating controls	Programmer and at least two room thermostats	OK
Hot water controls:	No cylinder thermostat	
	No cylinder	
Boiler interlock:	Yes	OK

## 7 Low energy lights

Percentage of fixed lights with low-energy fittings	100.0%	
Minimum	75.0%	OK

## 8 Mechanical ventilation

Not applicable

## 9 Summertime temperature

Overheating risk (South East England):	Medium	OK
Based on:		
Overshading:	Average or unknown	
Windows facing: South	12.6m <sup>2</sup>	
Windows facing: West	7.14m <sup>2</sup>	
Ventilation rate:	6.00	
Blinds/curtains:	Dark-coloured curtain or roller blind Closed 100% of daylight hours	

## 10 Key features

Party Walls U-value	0 W/m <sup>2</sup> K
Photovoltaic array	

## SAP WorkSheet: New dwelling design stage

### User Details:

**Assessor Name:** Leighton Howe      **Stroma Number:** STRO004042  
**Software Name:** Stroma FSAP 2012      **Software Version:** Version: 1.0.5.59

### Property Address: Flat 2

**Address :** Flat 2, Manor Court, 152 Abbey Road, LONDON, NW6 4ST

### 1. Overall dwelling dimensions:

	Area(m <sup>2</sup> )	Av. Height(m)	Volume(m <sup>3</sup> )
Ground floor	<input type="text" value="40"/> (1a)	<input type="text" value="2.4"/> (2a)	<input type="text" value="96"/> (3a)
Total floor area TFA = (1a)+(1b)+(1c)+(1d)+(1e)+.....(1n)	<input type="text" value="40"/> (4)		
Dwelling volume		(3a)+(3b)+(3c)+(3d)+(3e)+.....(3n) =	<input type="text" value="96"/> (5)

### 2. Ventilation rate:

	main heating	secondary heating	other	total	m <sup>3</sup> per hour
Number of chimneys	<input type="text" value="0"/>	<input type="text" value="0"/>	<input type="text" value="0"/>	<input type="text" value="0"/> x 40 =	<input type="text" value="0"/> (6a)
Number of open flues	<input type="text" value="0"/>	<input type="text" value="0"/>	<input type="text" value="0"/>	<input type="text" value="0"/> x 20 =	<input type="text" value="0"/> (6b)
Number of intermittent fans				<input type="text" value="2"/> x 10 =	<input type="text" value="20"/> (7a)
Number of passive vents				<input type="text" value="0"/> x 10 =	<input type="text" value="0"/> (7b)
Number of flueless gas fires				<input type="text" value="0"/> x 40 =	<input type="text" value="0"/> (7c)

### Air changes per hour

Infiltration due to chimneys, flues and fans = (6a)+(6b)+(7a)+(7b)+(7c) =	<input type="text" value="20"/>	÷ (5) =	<input type="text" value="0.21"/> (8)
<i>If a pressurisation test has been carried out or is intended, proceed to (17), otherwise continue from (9) to (16)</i>			
Number of storeys in the dwelling (ns)			<input type="text" value="0"/> (9)
Additional infiltration		[(9)-1]x0.1 =	<input type="text" value="0"/> (10)
Structural infiltration: 0.25 for steel or timber frame or 0.35 for masonry construction <i>if both types of wall are present, use the value corresponding to the greater wall area (after deducting areas of openings); if equal user 0.35</i>			<input type="text" value="0"/> (11)
If suspended wooden floor, enter 0.2 (unsealed) or 0.1 (sealed), else enter 0			<input type="text" value="0"/> (12)
If no draught lobby, enter 0.05, else enter 0			<input type="text" value="0"/> (13)
Percentage of windows and doors draught stripped			<input type="text" value="0"/> (14)
Window infiltration	0.25 - [0.2 x (14) ÷ 100] =		<input type="text" value="0"/> (15)
Infiltration rate	(8) + (10) + (11) + (12) + (13) + (15) =		<input type="text" value="0"/> (16)
Air permeability value, q50, expressed in cubic metres per hour per square metre of envelope area			<input type="text" value="5"/> (17)
If based on air permeability value, then (18) = [(17) ÷ 20]+(8), otherwise (18) = (16)			<input type="text" value="0.46"/> (18)
<i>Air permeability value applies if a pressurisation test has been done or a degree air permeability is being used</i>			
Number of sides sheltered			<input type="text" value="1"/> (19)
Shelter factor	(20) = 1 - [0.075 x (19)] =		<input type="text" value="0.92"/> (20)
Infiltration rate incorporating shelter factor	(21) = (18) x (20) =		<input type="text" value="0.42"/> (21)

Infiltration rate modified for monthly wind speed

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
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Monthly average wind speed from Table 7

(22)m=	5.1	5	4.9	4.4	4.3	3.8	3.8	3.7	4	4.3	4.5	4.7
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Wind Factor (22a)m = (22)m ÷ 4

(22a)m=	1.27	1.25	1.23	1.1	1.08	0.95	0.95	0.92	1	1.08	1.12	1.18
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## SAP WorkSheet: New dwelling design stage

Adjusted infiltration rate (allowing for shelter and wind speed) = (21a) x (22a)m

0.54	0.53	0.52	0.47	0.46	0.4	0.4	0.39	0.42	0.46	0.48	0.5
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Calculate effective air change rate for the applicable case

If mechanical ventilation:

0 (23a)

If exhaust air heat pump using Appendix N, (23b) = (23a) x Fmv (equation (N5)) , otherwise (23b) = (23a)

0 (23b)

If balanced with heat recovery: efficiency in % allowing for in-use factor (from Table 4h) =

0 (23c)

a) If balanced mechanical ventilation with heat recovery (MVHR) (24a)m = (22b)m + (23b) x [1 - (23c) ÷ 100]

(24a)m= 0 0 0 0 0 0 0 0 0 0 0 0 (24a)

b) If balanced mechanical ventilation without heat recovery (MV) (24b)m = (22b)m + (23b)

(24b)m= 0 0 0 0 0 0 0 0 0 0 0 0 (24b)

c) If whole house extract ventilation or positive input ventilation from outside

if (22b)m < 0.5 x (23b), then (24c) = (23b); otherwise (24c) = (22b) m + 0.5 x (23b)

(24c)m= 0 0 0 0 0 0 0 0 0 0 0 0 (24c)

d) If natural ventilation or whole house positive input ventilation from loft

if (22b)m = 1, then (24d)m = (22b)m otherwise (24d)m = 0.5 + [(22b)m<sup>2</sup> x 0.5]

(24d)m= 0.65 0.64 0.63 0.61 0.6 0.58 0.58 0.58 0.59 0.6 0.61 0.62 (24d)

Effective air change rate - enter (24a) or (24b) or (24c) or (24d) in box (25)

(25)m= 0.65 0.64 0.63 0.61 0.6 0.58 0.58 0.58 0.59 0.6 0.61 0.62 (25)

### 3. Heat losses and heat loss parameter:

ELEMENT	Gross area (m <sup>2</sup> )	Openings m <sup>2</sup>	Net Area A ,m <sup>2</sup>	U-value W/m <sup>2</sup> K	A X U (W/K)	k-value kJ/m <sup>2</sup> -K	A X k kJ/K
Doors			1.89	1.4	2.646		(26)
Windows Type 1			12.6	$1/[1/(1.4)+0.04]$	16.7		(27)
Windows Type 2			7.14	$1/[1/(1.4)+0.04]$	9.47		(27)
Walls Type1	51	19.74	31.26	0.18	5.63		(29)
Walls Type2	12	1.89	10.11	0.18	1.86		(29)
Roof	40	0	40	0.16	6.4		(30)
Total area of elements, m <sup>2</sup>			103				(31)
Party wall			16	0	0		(32)
Internal wall **			71				(32c)
Internal floor			48				(32d)
Internal ceiling			44				(32e)

\* for windows and roof windows, use effective window U-value calculated using formula  $1/[1/(U\text{-value})+0.04]$  as given in paragraph 3.2

\*\* include the areas on both sides of internal walls and partitions

Fabric heat loss, W/K = S (A x U) (26)...(30) + (32) = 42.7 (33)

Heat capacity Cm = S(A x k) ((28)...(30) + (32) + (32a)...(32e) = 5511.33 (34)

Thermal mass parameter (TMP = Cm ÷ TFA) in kJ/m<sup>2</sup>K Indicative Value: Low 100 (35)

For design assessments where the details of the construction are not known precisely the indicative values of TMP in Table 1f can be used instead of a detailed calculation.

Thermal bridges : S (L x Y) calculated using Appendix K 6.88 (36)

if details of thermal bridging are not known (36) = 0.05 x (31)

Total fabric heat loss (33) + (36) = 49.58 (37)

## SAP WorkSheet: New dwelling design stage

Ventilation heat loss calculated monthly

$$(38)m = 0.33 \times (25)m \times (5)$$

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	
(38)m=	20.47	20.29	20.11	19.28	19.13	18.41	18.41	18.28	18.69	19.13	19.44	19.77	(38)

Heat transfer coefficient, W/K

$$(39)m = (37) + (38)m$$

(39)m=	70.05	69.87	69.69	68.87	68.71	67.99	67.99	67.86	68.27	68.71	69.02	69.35	
Average = Sum(39) <sub>1...12</sub> /12=												68.87	(39)

Heat loss parameter (HLP), W/m<sup>2</sup>K

$$(40)m = (39)m \div (4)$$

(40)m=	1.75	1.75	1.74	1.72	1.72	1.7	1.7	1.7	1.71	1.72	1.73	1.73	
Average = Sum(40) <sub>1...12</sub> /12=												1.72	(40)

Number of days in month (Table 1a)

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	
(41)m=	31	28	31	30	31	30	31	31	30	31	30	31	(41)

### 4. Water heating energy requirement:

kWh/year:

Assumed occupancy, N

1.41

(42)

if TFA > 13.9, N = 1 + 1.76 x [1 - exp(-0.000349 x (TFA - 13.9)<sup>2</sup>)] + 0.0013 x (TFA - 13.9)

if TFA ≤ 13.9, N = 1

Annual average hot water usage in litres per day Vd,average = (25 x N) + 36

67.6

(43)

Reduce the annual average hot water usage by 5% if the dwelling is designed to achieve a water use target of not more than 125 litres per person per day (all water use, hot and cold)

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
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Hot water usage in litres per day for each month Vd,m = factor from Table 1c x (43)

(44)m=	74.36	71.66	68.95	66.25	63.54	60.84	60.84	63.54	66.25	68.95	71.66	74.36	
Total = Sum(44) <sub>1...12</sub> =												811.21	(44)

Energy content of hot water used - calculated monthly = 4.190 x Vd,m x nm x DTm / 3600 kWh/month (see Tables 1b, 1c, 1d)

(45)m=	110.27	96.45	99.52	86.77	83.26	71.84	66.57	76.39	77.31	90.09	98.34	106.79	
Total = Sum(45) <sub>1...12</sub> =												1063.62	(45)

If instantaneous water heating at point of use (no hot water storage), enter 0 in boxes (46) to (61)

(46)m=	16.54	14.47	14.93	13.02	12.49	10.78	9.99	11.46	11.6	13.51	14.75	16.02	(46)
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Water storage loss:

Storage volume (litres) including any solar or WWHRS storage within same vessel

0

(47)

If community heating and no tank in dwelling, enter 110 litres in (47)

Otherwise if no stored hot water (this includes instantaneous combi boilers) enter '0' in (47)

Water storage loss:

a) If manufacturer's declared loss factor is known (kWh/day):

0

(48)

Temperature factor from Table 2b

0

(49)

Energy lost from water storage, kWh/year

$$(48) \times (49) =$$

0

(50)

b) If manufacturer's declared cylinder loss factor is not known:

Hot water storage loss factor from Table 2 (kWh/litre/day)

0

(51)

If community heating see section 4.3

Volume factor from Table 2a

0

(52)

Temperature factor from Table 2b

0

(53)

Energy lost from water storage, kWh/year

$$(47) \times (51) \times (52) \times (53) =$$

0

(54)

Enter (50) or (54) in (55)

0

(55)

Water storage loss calculated for each month

$$((56)m = (55) \times (41)m$$

(56)m=	0	0	0	0	0	0	0	0	0	0	0	0	(56)
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## SAP WorkSheet: New dwelling design stage

If cylinder contains dedicated solar storage, (57)m = (56)m x [(50) - (H11)] ÷ (50), else (57)m = (56)m where (H11) is from Appendix H

(57)m=	0	0	0	0	0	0	0	0	0	0	0	0	(57)
--------	---	---	---	---	---	---	---	---	---	---	---	---	------

Primary circuit loss (annual) from Table 3	0	(58)
--	---	------

Primary circuit loss calculated for each month (59)m = (58) ÷ 365 × (41)m

(modified by factor from Table H5 if there is solar water heating and a cylinder thermostat)

(59)m=	0	0	0	0	0	0	0	0	0	0	0	0	(59)
--------	---	---	---	---	---	---	---	---	---	---	---	---	------

Combi loss calculated for each month (61)m = (60) ÷ 365 × (41)m

(61)m=	37.89	32.98	35.14	32.67	32.38	30	31	32.38	32.67	35.14	35.34	37.89	(61)
--------	-------	-------	-------	-------	-------	----	----	-------	-------	-------	-------	-------	------

Total heat required for water heating calculated for each month (62)m = 0.85 × (45)m + (46)m + (57)m + (59)m + (61)m

(62)m=	148.17	129.43	134.66	119.44	115.64	101.85	97.58	108.78	109.98	125.23	133.68	144.69	(62)
--------	--------	--------	--------	--------	--------	--------	-------	--------	--------	--------	--------	--------	------

Solar DHW input calculated using Appendix G or Appendix H (negative quantity) (enter '0' if no solar contribution to water heating)

(add additional lines if FGHRs and/or WWHRs applies, see Appendix G)

(63)m=	0	0	0	0	0	0	0	0	0	0	0	0	(63)
--------	---	---	---	---	---	---	---	---	---	---	---	---	------

Output from water heater

(64)m=	148.17	129.43	134.66	119.44	115.64	101.85	97.58	108.78	109.98	125.23	133.68	144.69	Output from water heater (annual) <sup>1...12</sup>	1469.11	(64)

Heat gains from water heating, kWh/month 0.25 ´ [0.85 × (45)m + (61)m] + 0.8 × [(46)m + (57)m + (59)m]

(65)m=	46.14	40.31	41.88	37.02	35.78	31.39	29.89	33.5	33.87	38.74	41.53	44.98	(65)
--------	-------	-------	-------	-------	-------	-------	-------	------	-------	-------	-------	-------	------

include (57)m in calculation of (65)m only if cylinder is in the dwelling or hot water is from community heating

### 5. Internal gains (see Table 5 and 5a):

Metabolic gains (Table 5), Watts

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	
(66)m=	84.38	84.38	84.38	84.38	84.38	84.38	84.38	84.38	84.38	84.38	84.38	84.38	(66)

Lighting gains (calculated in Appendix L, equation L9 or L9a), also see Table 5

(67)m=	27.09	24.06	19.57	14.81	11.07	9.35	10.1	13.13	17.62	22.38	26.12	27.84	(67)
--------	-------	-------	-------	-------	-------	------	------	-------	-------	-------	-------	-------	------

Appliances gains (calculated in Appendix L, equation L13 or L13a), also see Table 5

(68)m=	181.39	183.28	178.53	168.43	155.69	143.71	135.7	133.82	138.56	148.66	161.41	173.39	(68)
--------	--------	--------	--------	--------	--------	--------	-------	--------	--------	--------	--------	--------	------

Cooking gains (calculated in Appendix L, equation L15 or L15a), also see Table 5

(69)m=	44.84	44.84	44.84	44.84	44.84	44.84	44.84	44.84	44.84	44.84	44.84	44.84	(69)
--------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	------

Pumps and fans gains (Table 5a)

(70)m=	3	3	3	3	3	3	3	3	3	3	3	3	(70)
--------	---	---	---	---	---	---	---	---	---	---	---	---	------

Losses e.g. evaporation (negative values) (Table 5)

(71)m=	-56.25	-56.25	-56.25	-56.25	-56.25	-56.25	-56.25	-56.25	-56.25	-56.25	-56.25	-56.25	(71)
--------	--------	--------	--------	--------	--------	--------	--------	--------	--------	--------	--------	--------	------

Water heating gains (Table 5)

(72)m=	62.02	59.99	56.29	51.41	48.09	43.6	40.17	45.02	47.04	52.07	57.69	60.46	(72)
--------	-------	-------	-------	-------	-------	------	-------	-------	-------	-------	-------	-------	------

**Total internal gains =** (66)m + (67)m + (68)m + (69)m + (70)m + (71)m + (72)m

(73)m=	346.47	343.3	330.35	310.63	290.82	272.62	261.95	267.94	279.2	299.08	321.18	337.66	(73)
--------	--------	-------	--------	--------	--------	--------	--------	--------	-------	--------	--------	--------	------

### 6. Solar gains:

Solar gains are calculated using solar flux from Table 6a and associated equations to convert to the applicable orientation.

Orientation:	Access Factor Table 6d	Area m <sup>2</sup>	Flux Table 6a	g_ Table 6b	FF Table 6c	Gains (W)
--------------	---------------------------	------------------------	------------------	----------------	----------------	--------------



## SAP WorkSheet: New dwelling design stage

South	0.9x	0.77	x	12.6	x	46.75	x	0.57	x	0.7	=	162.88	(78)
South	0.9x	0.77	x	12.6	x	76.57	x	0.57	x	0.7	=	266.76	(78)
South	0.9x	0.77	x	12.6	x	97.53	x	0.57	x	0.7	=	339.81	(78)
South	0.9x	0.77	x	12.6	x	110.23	x	0.57	x	0.7	=	384.06	(78)
South	0.9x	0.77	x	12.6	x	114.87	x	0.57	x	0.7	=	400.21	(78)
South	0.9x	0.77	x	12.6	x	110.55	x	0.57	x	0.7	=	385.15	(78)
South	0.9x	0.77	x	12.6	x	108.01	x	0.57	x	0.7	=	376.31	(78)
South	0.9x	0.77	x	12.6	x	104.89	x	0.57	x	0.7	=	365.45	(78)
South	0.9x	0.77	x	12.6	x	101.89	x	0.57	x	0.7	=	354.97	(78)
South	0.9x	0.77	x	12.6	x	82.59	x	0.57	x	0.7	=	287.73	(78)
South	0.9x	0.77	x	12.6	x	55.42	x	0.57	x	0.7	=	193.07	(78)
South	0.9x	0.77	x	12.6	x	40.4	x	0.57	x	0.7	=	140.75	(78)
West	0.9x	0.77	x	7.14	x	19.64	x	0.57	x	0.7	=	38.77	(80)
West	0.9x	0.77	x	7.14	x	38.42	x	0.57	x	0.7	=	75.85	(80)
West	0.9x	0.77	x	7.14	x	63.27	x	0.57	x	0.7	=	124.92	(80)
West	0.9x	0.77	x	7.14	x	92.28	x	0.57	x	0.7	=	182.18	(80)
West	0.9x	0.77	x	7.14	x	113.09	x	0.57	x	0.7	=	223.27	(80)
West	0.9x	0.77	x	7.14	x	115.77	x	0.57	x	0.7	=	228.56	(80)
West	0.9x	0.77	x	7.14	x	110.22	x	0.57	x	0.7	=	217.6	(80)
West	0.9x	0.77	x	7.14	x	94.68	x	0.57	x	0.7	=	186.91	(80)
West	0.9x	0.77	x	7.14	x	73.59	x	0.57	x	0.7	=	145.28	(80)
West	0.9x	0.77	x	7.14	x	45.59	x	0.57	x	0.7	=	90	(80)
West	0.9x	0.77	x	7.14	x	24.49	x	0.57	x	0.7	=	48.35	(80)
West	0.9x	0.77	x	7.14	x	16.15	x	0.57	x	0.7	=	31.89	(80)

Solar gains in watts, calculated for each month

(83)m = Sum(74)m ... (82)m

(83)m=	201.66	342.61	464.72	566.24	623.48	613.71	593.91	552.37	500.25	377.73	241.42	172.63	(83)
--------	--------	--------	--------	--------	--------	--------	--------	--------	--------	--------	--------	--------	------

Total gains – internal and solar (84)m = (73)m + (83)m , watts

(84)m=	548.13	685.91	795.08	876.87	914.3	886.33	855.86	820.31	779.45	676.81	562.6	510.29	(84)
--------	--------	--------	--------	--------	-------	--------	--------	--------	--------	--------	-------	--------	------

### 7. Mean internal temperature (heating season)

Temperature during heating periods in the living area from Table 9, Th1 (°C)

21 (85)

Utilisation factor for gains for living area, h1,m (see Table 9a)

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	
(86)m=	0.88	0.82	0.75	0.66	0.55	0.43	0.32	0.35	0.5	0.69	0.83	0.89	(86)

Mean internal temperature in living area T1 (follow steps 3 to 7 in Table 9c)

(87)m=	18.45	18.92	19.47	20.04	20.49	20.79	20.92	20.9	20.69	20.08	19.17	18.36	(87)
--------	-------	-------	-------	-------	-------	-------	-------	------	-------	-------	-------	-------	------

Temperature during heating periods in rest of dwelling from Table 9, Th2 (°C)

(88)m=	19.5	19.51	19.51	19.53	19.53	19.54	19.54	19.54	19.54	19.53	19.52	19.52	(88)
--------	------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	------

Utilisation factor for gains for rest of dwelling, h2,m (see Table 9a)

(89)m=	0.86	0.79	0.72	0.61	0.49	0.35	0.22	0.25	0.42	0.64	0.8	0.87	(89)
--------	------	------	------	------	------	------	------	------	------	------	-----	------	------

Mean internal temperature in the rest of dwelling T2 (follow steps 3 to 7 in Table 9c)

## SAP WorkSheet: New dwelling design stage

(90)m=	17.31	17.75	18.26	18.8	19.19	19.43	19.51	19.51	19.36	18.86	18.01	17.22	(90)
	fLA = Living area ÷ (4) =											0.62	(91)

Mean internal temperature (for the whole dwelling) = fLA × T1 + (1 – fLA) × T2

(92)m=	18.02	18.48	19.01	19.58	20	20.28	20.39	20.38	20.19	19.62	18.73	17.93	(92)
--------	-------	-------	-------	-------	----	-------	-------	-------	-------	-------	-------	-------	------

Apply adjustment to the mean internal temperature from Table 4e, where appropriate

(93)m=	18.02	18.48	19.01	19.58	20	20.28	20.39	20.38	20.19	19.62	18.73	17.93	(93)
--------	-------	-------	-------	-------	----	-------	-------	-------	-------	-------	-------	-------	------

### 8. Space heating requirement

Set Ti to the mean internal temperature obtained at step 11 of Table 9b, so that Ti,m=(76)m and re-calculate the utilisation factor for gains using Table 9a

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----

Utilisation factor for gains, hm:

(94)m=	0.84	0.77	0.7	0.61	0.51	0.39	0.28	0.31	0.46	0.65	0.78	0.85	(94)
--------	------	------	-----	------	------	------	------	------	------	------	------	------	------

Useful gains, hmGm , W = (94)m x (84)m

(95)m=	457.72	531.16	559.82	538.29	465.31	344.59	242.63	251.57	354.77	436.65	441.45	433.85	(95)
--------	--------	--------	--------	--------	--------	--------	--------	--------	--------	--------	--------	--------	------

Monthly average external temperature from Table 8

(96)m=	4.3	4.9	6.5	8.9	11.7	14.6	16.6	16.4	14.1	10.6	7.1	4.2	(96)
--------	-----	-----	-----	-----	------	------	------	------	------	------	-----	-----	------

Heat loss rate for mean internal temperature, Lm , W = [(93)m – (96)m]

(97)m=	961.16	948.7	872.13	735.23	570.37	386.19	257.66	269.86	415.95	620.09	802.97	952.38	(97)
--------	--------	-------	--------	--------	--------	--------	--------	--------	--------	--------	--------	--------	------

Space heating requirement for each month, kWh/month = 0.024 x [(97)m – (95)m] x (41)m

(98)m=	374.56	280.59	232.36	141.8	78.17	0	0	0	0	136.49	260.3	385.79	
	Total per year (kWh/year) = Sum(98) <sub>1...5,9...12</sub> =											1890.05	(98)

Space heating requirement in kWh/m<sup>2</sup>/year

47.25	(99)
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### 9a. Energy requirements – Individual heating systems including micro-CHP

#### Space heating:

Fraction of space heat from secondary/supplementary system 0 (201)

Fraction of space heat from main system(s) (202) = 1 – (201) = 1 (202)

Fraction of total heating from main system 1 (204) = (202) × [1 – (203)] = 1 (204)

Efficiency of main space heating system 1 88.8 (206)

Efficiency of secondary/supplementary heating system, % 0 (208)

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	kWh/year
-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	----------

Space heating requirement (calculated above)

374.56	280.59	232.36	141.8	78.17	0	0	0	0	136.49	260.3	385.79
--------	--------	--------	-------	-------	---	---	---	---	--------	-------	--------

(211)m = {[(98)m x (204)] } x 100 ÷ (206) (211)

421.8	315.98	261.67	159.69	88.03	0	0	0	0	153.7	293.13	434.45	
Total (kWh/year) = Sum(211) <sub>1...5,10...12</sub> =											2128.43	(211)

Space heating fuel (secondary), kWh/month

= {[(98)m x (201)] } x 100 ÷ (208)

(215)m=	0	0	0	0	0	0	0	0	0	0	0	0	
Total (kWh/year) = Sum(215) <sub>1...5,10...12</sub> =											0	(215)	

#### Water heating

Output from water heater (calculated above)

148.17	129.43	134.66	119.44	115.64	101.85	97.58	108.78	109.98	125.23	133.68	144.69
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Efficiency of water heater 79.5 (216)

## SAP WorkSheet: New dwelling design stage

(217)m=	85.95	85.64	85.15	84.29	83.01	79.5	79.5	79.5	79.5	84.09	85.41	86.05	(217)
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Fuel for water heating, kWh/month

(219)m = (64)m x 100 ÷ (217)m

(219)m=	172.39	151.13	158.15	141.7	139.31	128.11	122.74	136.82	138.34	148.92	156.52	168.14	
Total = Sum(219a) <sub>1..12</sub> =												1762.27	(219)

### Annual totals

	kWh/year	kWh/year
Space heating fuel used, main system 1		2128.43
Water heating fuel used		1762.27
Electricity for pumps, fans and electric keep-hot		
central heating pump:	30	(230c)
boiler with a fan-assisted flue	45	(230e)
Total electricity for the above, kWh/year	sum of (230a)...(230g) =	75
Electricity for lighting		191.35
Electricity generated by PVs		-608.39
Total delivered energy for all uses (211)...(221) + (231) + (232)...(237b) =		3548.65

### 10a. Fuel costs - individual heating systems:

	Fuel kWh/year	Fuel Price (Table 12)	Fuel Cost £/year
Space heating - main system 1	(211) x	3.48	74.07 (240)
Space heating - main system 2	(213) x	0	0 (241)
Space heating - secondary	(215) x	13.19	0 (242)
Water heating cost (other fuel)	(219)	3.48	61.33 (247)
Pumps, fans and electric keep-hot	(231)	13.19	9.89 (249)
(if off-peak tariff, list each of (230a) to (230g) separately as applicable and apply fuel price according to Table 12a)			
Energy for lighting	(232)	13.19	25.24 (250)
Additional standing charges (Table 12)			120 (251)
	one of (233) to (235) x	13.19	-80.25 (252)
Appendix Q items: repeat lines (253) and (254) as needed			
<b>Total energy cost</b>	(245)...(247) + (250)...(254) =		210.28 (255)

### 11a. SAP rating - individual heating systems

Energy cost deflator (Table 12)		0.42	(256)
Energy cost factor (ECF)	[(255) x (256)] ÷ [(4) + 45.0] =	1.04	(257)
<b>SAP rating (Section 12)</b>		85.51	(258)

### 12a. CO2 emissions – Individual heating systems including micro-CHP

	Energy kWh/year	Emission factor kg CO2/kWh	Emissions kg CO2/year
Space heating (main system 1)	(211) x	0.216	459.74 (261)

## SAP WorkSheet: New dwelling design stage

Space heating (secondary)	(215) x	0.519	=	0	(263)
Water heating	(219) x	0.216	=	380.65	(264)
Space and water heating	(261) + (262) + (263) + (264) =			840.39	(265)
Electricity for pumps, fans and electric keep-hot	(231) x	0.519	=	38.93	(267)
Electricity for lighting	(232) x	0.519	=	99.31	(268)
Energy saving/generation technologies Item 1		0.519	=	-315.76	(269)
Total CO2, kg/year			sum of (265)...(271) =	662.87	(272)
<b>CO2 emissions per m<sup>2</sup></b>			(272) ÷ (4) =	16.57	(273)
El rating (section 14)				90	(274)

### 13a. Primary Energy

	Energy kWh/year	Primary factor		P. Energy kWh/year	
Space heating (main system 1)	(211) x	1.22	=	2596.69	(261)
Space heating (secondary)	(215) x	3.07	=	0	(263)
Energy for water heating	(219) x	1.22	=	2149.97	(264)
Space and water heating	(261) + (262) + (263) + (264) =			4746.65	(265)
Electricity for pumps, fans and electric keep-hot	(231) x	3.07	=	230.25	(267)
Electricity for lighting	(232) x	0	=	587.43	(268)
Energy saving/generation technologies Item 1		3.07	=	-1867.77	(269)
'Total Primary Energy			sum of (265)...(271) =	3696.56	(272)
<b>Primary energy kWh/m<sup>2</sup>/year</b>			(272) ÷ (4) =	92.41	(273)

# Regulations Compliance Report

Approved Document L1A, 2013 Edition, England assessed by Stroma FSAP 2012 program, Version: 1.0.5.59  
Printed on 24 January 2023 at 14:47:12

## Project Information:

**Assessed By:** Leighton Howe (STRO004042) **Building Type:** Flat

## Dwelling Details:

**NEW DWELLING DESIGN STAGE** Total Floor Area: 61m<sup>2</sup>  
**Site Reference :** AL-10 **Plot Reference:** Flat 3  
**Address :** Flat 3, Manor Court, 152 Abbey Road, LONDON, NW6 4ST

## Client Details:

**Name:**  
**Address :**

**This report covers items included within the SAP calculations.  
It is not a complete report of regulations compliance.**

## 1a TER and DER

Fuel for main heating system: Mains gas  
Fuel factor: 1.00 (mains gas)  
Target Carbon Dioxide Emission Rate (TER) 20.7 kg/m<sup>2</sup>  
Dwelling Carbon Dioxide Emission Rate (DER) 15.78 kg/m<sup>2</sup> **OK**

## 1b TFEE and DFEE

Target Fabric Energy Efficiency (TFEE) 58.0 kWh/m<sup>2</sup>  
Dwelling Fabric Energy Efficiency (DFEE) 53.0 kWh/m<sup>2</sup> **OK**

## 2 Fabric U-values

Element	Average	Highest	
External wall	0.18 (max. 0.30)	0.18 (max. 0.70)	<b>OK</b>
Party wall	0.00 (max. 0.20)	-	<b>OK</b>
Floor	(no floor)		
Roof	0.16 (max. 0.20)	0.16 (max. 0.35)	<b>OK</b>
Openings	1.40 (max. 2.00)	1.40 (max. 3.30)	<b>OK</b>

## 2a Thermal bridging

Thermal bridging calculated from linear thermal transmittances for each junction

## 3 Air permeability

Air permeability at 50 pascals 5.00 (design value)  
Maximum 10.0 **OK**

## 4 Heating efficiency

Main Heating system: Boiler systems with radiators or underfloor heating - mains gas  
Data from manufacturer  
Combi boiler  
Efficiency 88.0 % SEDBUK2009  
Minimum 88.0 % **OK**

Secondary heating system: None

## 5 Cylinder insulation

Hot water Storage: No cylinder **N/A**

# Regulations Compliance Report

## 6 Controls

Space heating controls	Programmer and at least two room thermostats	OK
Hot water controls:	No cylinder thermostat	
	No cylinder	
Boiler interlock:	Yes	OK

## 7 Low energy lights

Percentage of fixed lights with low-energy fittings	100.0%	
Minimum	75.0%	OK

## 8 Mechanical ventilation

Not applicable

## 9 Summertime temperature

Overheating risk (South East England):	Slight	OK
Based on:		
Overshading:	Average or unknown	
Windows facing: South	12.18m <sup>2</sup>	
Windows facing: North	7.98m <sup>2</sup>	
Windows facing: West	4.2m <sup>2</sup>	
Ventilation rate:	6.00	
Blinds/curtains:	Dark-coloured curtain or roller blind Closed 100% of daylight hours	

## 10 Key features

Party Walls U-value	0 W/m <sup>2</sup> K
Photovoltaic array	

## SAP WorkSheet: New dwelling design stage

### User Details:

**Assessor Name:** Leighton Howe      **Stroma Number:** STRO004042  
**Software Name:** Stroma FSAP 2012      **Software Version:** Version: 1.0.5.59

### Property Address: Flat 3

**Address :** Flat 3, Manor Court, 152 Abbey Road, LONDON, NW6 4ST

### 1. Overall dwelling dimensions:

	Area(m <sup>2</sup> )	Av. Height(m)	Volume(m <sup>3</sup> )
Ground floor	61 (1a)	2.4 (2a)	146.4 (3a)
Total floor area TFA = (1a)+(1b)+(1c)+(1d)+(1e)+.....(1n)	61 (4)		
Dwelling volume			146.4 (5)

### 2. Ventilation rate:

	main heating	secondary heating	other	total	m <sup>3</sup> per hour
Number of chimneys	0	0	0	0	0 (6a)
Number of open flues	0	0	0	0	0 (6b)
Number of intermittent fans				3	30 (7a)
Number of passive vents				0	0 (7b)
Number of flueless gas fires				0	0 (7c)

### Air changes per hour

Infiltration due to chimneys, flues and fans = (6a)+(6b)+(7a)+(7b)+(7c) =	30	÷ (5) =	0.2 (8)
<i>If a pressurisation test has been carried out or is intended, proceed to (17), otherwise continue from (9) to (16)</i>			
Number of storeys in the dwelling (ns)			0 (9)
Additional infiltration		[(9)-1]x0.1 =	0 (10)
Structural infiltration: 0.25 for steel or timber frame or 0.35 for masonry construction <i>if both types of wall are present, use the value corresponding to the greater wall area (after deducting areas of openings); if equal user 0.35</i>			0 (11)
If suspended wooden floor, enter 0.2 (unsealed) or 0.1 (sealed), else enter 0			0 (12)
If no draught lobby, enter 0.05, else enter 0			0 (13)
Percentage of windows and doors draught stripped			0 (14)
Window infiltration	0.25 - [0.2 x (14) ÷ 100] =		0 (15)
Infiltration rate	(8) + (10) + (11) + (12) + (13) + (15) =		0 (16)
Air permeability value, q50, expressed in cubic metres per hour per square metre of envelope area			5 (17)
If based on air permeability value, then (18) = [(17) ÷ 20]+(8), otherwise (18) = (16)			0.45 (18)
<i>Air permeability value applies if a pressurisation test has been done or a degree air permeability is being used</i>			
Number of sides sheltered			1 (19)
Shelter factor	(20) = 1 - [0.075 x (19)] =		0.92 (20)
Infiltration rate incorporating shelter factor	(21) = (18) x (20) =		0.42 (21)

Infiltration rate modified for monthly wind speed

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----

Monthly average wind speed from Table 7

(22)m=	5.1	5	4.9	4.4	4.3	3.8	3.8	3.7	4	4.3	4.5	4.7
--------	-----	---	-----	-----	-----	-----	-----	-----	---	-----	-----	-----

Wind Factor (22a)m = (22)m ÷ 4

(22a)m=	1.27	1.25	1.23	1.1	1.08	0.95	0.95	0.92	1	1.08	1.12	1.18
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## SAP WorkSheet: New dwelling design stage

Adjusted infiltration rate (allowing for shelter and wind speed) = (21a) x (22a)m

0.54	0.53	0.52	0.46	0.45	0.4	0.4	0.39	0.42	0.45	0.47	0.49
------	------	------	------	------	-----	-----	------	------	------	------	------

Calculate effective air change rate for the applicable case

If mechanical ventilation:

0 (23a)

If exhaust air heat pump using Appendix N, (23b) = (23a) x Fmv (equation (N5)) , otherwise (23b) = (23a)

0 (23b)

If balanced with heat recovery: efficiency in % allowing for in-use factor (from Table 4h) =

0 (23c)

a) If balanced mechanical ventilation with heat recovery (MVHR) (24a)m = (22b)m + (23b) x [1 - (23c) ÷ 100]

(24a)m= 0 0 0 0 0 0 0 0 0 0 0 0 (24a)

b) If balanced mechanical ventilation without heat recovery (MV) (24b)m = (22b)m + (23b)

(24b)m= 0 0 0 0 0 0 0 0 0 0 0 0 (24b)

c) If whole house extract ventilation or positive input ventilation from outside

if (22b)m < 0.5 x (23b), then (24c) = (23b); otherwise (24c) = (22b) m + 0.5 x (23b)

(24c)m= 0 0 0 0 0 0 0 0 0 0 0 0 (24c)

d) If natural ventilation or whole house positive input ventilation from loft

if (22b)m = 1, then (24d)m = (22b)m otherwise (24d)m = 0.5 + [(22b)m<sup>2</sup> x 0.5]

(24d)m= 0.64 0.64 0.63 0.61 0.6 0.58 0.58 0.58 0.59 0.6 0.61 0.62 (24d)

Effective air change rate - enter (24a) or (24b) or (24c) or (24d) in box (25)

(25)m= 0.64 0.64 0.63 0.61 0.6 0.58 0.58 0.58 0.59 0.6 0.61 0.62 (25)

### 3. Heat losses and heat loss parameter:

ELEMENT	Gross area (m <sup>2</sup> )	Openings m <sup>2</sup>	Net Area A ,m <sup>2</sup>	U-value W/m <sup>2</sup> K	A X U (W/K)	k-value kJ/m <sup>2</sup> -K	A X k kJ/K
Doors			1.89	x 1.4	= 2.646		(26)
Windows Type 1			12.18	x 1/[1/( 1.4 )+ 0.04]	= 16.15		(27)
Windows Type 2			7.98	x 1/[1/( 1.4 )+ 0.04]	= 10.58		(27)
Windows Type 3			4.2	x 1/[1/( 1.4 )+ 0.04]	= 5.57		(27)
Walls Type1	66	24.36	41.64	x 0.18	= 7.5		(29)
Walls Type2	16	1.89	14.11	x 0.18	= 2.59		(29)
Roof	66	0	66	x 0.16	= 10.56		(30)
Total area of elements, m <sup>2</sup>			148				(31)
Party wall			16	x 0	= 0		(32)
Internal wall **			71				(32c)
Internal floor			48				(32d)
Internal ceiling			44				(32e)

\* for windows and roof windows, use effective window U-value calculated using formula 1/[1/(U-value)+0.04] as given in paragraph 3.2

\*\* include the areas on both sides of internal walls and partitions

Fabric heat loss, W/K = S (A x U) (26)...(30) + (32) = 55.59 (33)

Heat capacity Cm = S(A x k) ((28)...(30) + (32) + (32a)...(32e) = 5874.75 (34)

Thermal mass parameter (TMP = Cm ÷ TFA) in kJ/m<sup>2</sup>K Indicative Value: Low 100 (35)

For design assessments where the details of the construction are not known precisely the indicative values of TMP in Table 1f can be used instead of a detailed calculation.

Thermal bridges : S (L x Y) calculated using Appendix K 6.88 (36)

if details of thermal bridging are not known (36) = 0.05 x (31)



## SAP WorkSheet: New dwelling design stage

Total fabric heat loss (33) + (36) =  (37)

Ventilation heat loss calculated monthly (38)m = 0.33 × (25)m × (5)

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	
(38)m=	31.11	30.84	30.57	29.33	29.1	28.02	28.02	27.82	28.43	29.1	29.57	30.06	(38)

Heat transfer coefficient, W/K (39)m = (37) + (38)m

(39)m=	93.58	93.31	93.04	91.8	91.57	90.49	90.49	90.28	90.9	91.57	92.04	92.53	
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Average = Sum(39)<sub>1...12</sub> / 12 =  (39)

Heat loss parameter (HLP), W/m<sup>2</sup>K (40)m = (39)m ÷ (4)

(40)m=	1.53	1.53	1.53	1.5	1.5	1.48	1.48	1.48	1.49	1.5	1.51	1.52	
--------	------	------	------	-----	-----	------	------	------	------	-----	------	------	--

Average = Sum(40)<sub>1...12</sub> / 12 =  (40)

Number of days in month (Table 1a)

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	
(41)m=	31	28	31	30	31	30	31	31	30	31	30	31	(41)

### 4. Water heating energy requirement:

kWh/year:

Assumed occupancy, N  (42)

if TFA > 13.9, N = 1 + 1.76 × [1 - exp(-0.000349 × (TFA - 13.9)<sup>2</sup>)] + 0.0013 × (TFA - 13.9)

if TFA ≤ 13.9, N = 1

Annual average hot water usage in litres per day V<sub>d,average</sub> = (25 × N) + 36  (43)

Reduce the annual average hot water usage by 5% if the dwelling is designed to achieve a water use target of not more than 125 litres per person per day (all water use, hot and cold)

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	
(44)m=	90.13	86.85	83.57	80.29	77.02	73.74	73.74	77.02	80.29	83.57	86.85	90.13	

Hot water usage in litres per day for each month V<sub>d,m</sub> = factor from Table 1c × (43)

Total = Sum(44)<sub>1...12</sub> =  (44)

Energy content of hot water used - calculated monthly = 4.190 × V<sub>d,m</sub> × n<sub>m</sub> × DT<sub>m</sub> / 3600 kWh/month (see Tables 1b, 1c, 1d)

(45)m=             Total = Sum(45)<sub>1...12</sub> =  (45)

If instantaneous water heating at point of use (no hot water storage), enter 0 in boxes (46) to (61)

(46)m=             (46)

Water storage loss:

Storage volume (litres) including any solar or WWHRS storage within same vessel  (47)

If community heating and no tank in dwelling, enter 110 litres in (47)

Otherwise if no stored hot water (this includes instantaneous combi boilers) enter '0' in (47)

Water storage loss:

a) If manufacturer's declared loss factor is known (kWh/day):  (48)

Temperature factor from Table 2b  (49)

Energy lost from water storage, kWh/year (48) × (49) =  (50)

b) If manufacturer's declared cylinder loss factor is not known:

Hot water storage loss factor from Table 2 (kWh/litre/day)  (51)

If community heating see section 4.3

Volume factor from Table 2a  (52)

Temperature factor from Table 2b  (53)

Energy lost from water storage, kWh/year (47) × (51) × (52) × (53) =  (54)

Enter (50) or (54) in (55)  (55)

## SAP WorkSheet: New dwelling design stage

Water storage loss calculated for each month

$$((56)m = (55) \times (41)m$$

(56)m=	0	0	0	0	0	0	0	0	0	0	0	0	(56)
--------	---	---	---	---	---	---	---	---	---	---	---	---	------

If cylinder contains dedicated solar storage,  $(57)m = (56)m \times [(50) - (H11)] \div (50)$ , else  $(57)m = (56)m$  where (H11) is from Appendix H

(57)m=	0	0	0	0	0	0	0	0	0	0	0	0	(57)
--------	---	---	---	---	---	---	---	---	---	---	---	---	------

Primary circuit loss (annual) from Table 3

0	(58)
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Primary circuit loss calculated for each month  $(59)m = (58) \div 365 \times (41)m$

(modified by factor from Table H5 if there is solar water heating and a cylinder thermostat)

(59)m=	0	0	0	0	0	0	0	0	0	0	0	0	(59)
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Combi loss calculated for each month  $(61)m = (60) \div 365 \times (41)m$

(61)m=	45.93	39.97	42.59	39.6	39.25	36.36	37.58	39.25	39.6	42.59	42.83	45.93	(61)
--------	-------	-------	-------	------	-------	-------	-------	-------	------	-------	-------	-------	------

Total heat required for water heating calculated for each month  $(62)m = 0.85 \times (45)m + (46)m + (57)m + (59)m + (61)m$

(62)m=	179.58	156.87	163.21	144.76	140.15	123.44	118.26	131.84	133.29	151.78	162.02	175.36	(62)
--------	--------	--------	--------	--------	--------	--------	--------	--------	--------	--------	--------	--------	------

Solar DHW input calculated using Appendix G or Appendix H (negative quantity) (enter '0' if no solar contribution to water heating)

(add additional lines if FGHRs and/or WWHRs applies, see Appendix G)

(63)m=	0	0	0	0	0	0	0	0	0	0	0	0	(63)
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Output from water heater

(64)m=	179.58	156.87	163.21	144.76	140.15	123.44	118.26	131.84	133.29	151.78	162.02	175.36	1780.56	(64)
Output from water heater (annual) <sub>1...12</sub>														

Heat gains from water heating, kWh/month  $0.25 \times [0.85 \times (45)m + (61)m] + 0.8 \times [(46)m + (57)m + (59)m]$

(65)m=	55.92	48.86	50.75	44.87	43.36	38.04	36.22	40.6	41.05	46.95	50.34	54.52	(65)
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include (57)m in calculation of (65)m only if cylinder is in the dwelling or hot water is from community heating

### 5. Internal gains (see Table 5 and 5a):

Metabolic gains (Table 5), Watts

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	
(66)m=	120.59	120.59	120.59	120.59	120.59	120.59	120.59	120.59	120.59	120.59	120.59	120.59	(66)

Lighting gains (calculated in Appendix L, equation L9 or L9a), also see Table 5

(67)m=	39.11	34.73	28.25	21.39	15.99	13.5	14.58	18.96	25.44	32.3	37.7	40.19	(67)
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Appliances gains (calculated in Appendix L, equation L13 or L13a), also see Table 5

(68)m=	261.88	264.6	257.75	243.17	224.77	207.47	195.92	193.2	200.05	214.63	233.03	250.33	(68)
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Cooking gains (calculated in Appendix L, equation L15 or L15a), also see Table 5

(69)m=	49.07	49.07	49.07	49.07	49.07	49.07	49.07	49.07	49.07	49.07	49.07	49.07	(69)
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Pumps and fans gains (Table 5a)

(70)m=	3	3	3	3	3	3	3	3	3	3	3	3	(70)
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Losses e.g. evaporation (negative values) (Table 5)

(71)m=	-80.39	-80.39	-80.39	-80.39	-80.39	-80.39	-80.39	-80.39	-80.39	-80.39	-80.39	-80.39	(71)
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Water heating gains (Table 5)

(72)m=	75.16	72.71	68.22	62.31	58.28	52.84	48.69	54.57	57.02	63.11	69.92	73.28	(72)
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**Total internal gains =**  $(66)m + (67)m + (68)m + (69)m + (70)m + (71)m + (72)m$

(73)m=	468.42	464.31	446.48	419.14	391.3	366.07	351.45	358.99	374.77	402.31	432.91	456.06	(73)
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### 6. Solar gains:

Solar gains are calculated using solar flux from Table 6a and associated equations to convert to the applicable orientation.

## SAP WorkSheet: New dwelling design stage

Orientation:	Access Factor Table 6d	Area m <sup>2</sup>	Flux Table 6a	g_ Table 6b	FF Table 6c	Gains (W)
North	0.9x	7.98	10.63	0.57	0.7	23.46 (74)
North	0.9x	7.98	20.32	0.57	0.7	44.84 (74)
North	0.9x	7.98	34.53	0.57	0.7	76.19 (74)
North	0.9x	7.98	55.46	0.57	0.7	122.38 (74)
North	0.9x	7.98	74.72	0.57	0.7	164.86 (74)
North	0.9x	7.98	79.99	0.57	0.7	176.49 (74)
North	0.9x	7.98	74.68	0.57	0.7	164.78 (74)
North	0.9x	7.98	59.25	0.57	0.7	130.73 (74)
North	0.9x	7.98	41.52	0.57	0.7	91.61 (74)
North	0.9x	7.98	24.19	0.57	0.7	53.37 (74)
North	0.9x	7.98	13.12	0.57	0.7	28.94 (74)
North	0.9x	7.98	8.86	0.57	0.7	19.56 (74)
South	0.9x	12.18	46.75	0.57	0.7	157.45 (78)
South	0.9x	12.18	76.57	0.57	0.7	257.87 (78)
South	0.9x	12.18	97.53	0.57	0.7	328.48 (78)
South	0.9x	12.18	110.23	0.57	0.7	371.25 (78)
South	0.9x	12.18	114.87	0.57	0.7	386.87 (78)
South	0.9x	12.18	110.55	0.57	0.7	372.31 (78)
South	0.9x	12.18	108.01	0.57	0.7	363.77 (78)
South	0.9x	12.18	104.89	0.57	0.7	353.27 (78)
South	0.9x	12.18	101.89	0.57	0.7	343.14 (78)
South	0.9x	12.18	82.59	0.57	0.7	278.14 (78)
South	0.9x	12.18	55.42	0.57	0.7	186.64 (78)
South	0.9x	12.18	40.4	0.57	0.7	136.05 (78)
West	0.9x	4.2	19.64	0.57	0.7	22.81 (80)
West	0.9x	4.2	38.42	0.57	0.7	44.62 (80)
West	0.9x	4.2	63.27	0.57	0.7	73.48 (80)
West	0.9x	4.2	92.28	0.57	0.7	107.17 (80)
West	0.9x	4.2	113.09	0.57	0.7	131.34 (80)
West	0.9x	4.2	115.77	0.57	0.7	134.45 (80)
West	0.9x	4.2	110.22	0.57	0.7	128 (80)
West	0.9x	4.2	94.68	0.57	0.7	109.95 (80)
West	0.9x	4.2	73.59	0.57	0.7	85.46 (80)
West	0.9x	4.2	45.59	0.57	0.7	52.94 (80)
West	0.9x	4.2	24.49	0.57	0.7	28.44 (80)
West	0.9x	4.2	16.15	0.57	0.7	18.76 (80)

Solar gains in watts, calculated for each month

(83)m = Sum(74)m ... (82)m

(83)m=	203.73	347.33	478.15	600.8	683.07	683.25	656.54	593.95	520.2	384.46	244.02	174.37	(83)
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Total gains – internal and solar (84)m = (73)m + (83)m , watts

(84)m=	672.14	811.63	924.63	1019.94	1074.37	1049.32	1008	952.94	894.98	786.76	676.94	630.43	(84)
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## SAP WorkSheet: New dwelling design stage

### 7. Mean internal temperature (heating season)

Temperature during heating periods in the living area from Table 9, Th1 (°C) 21 (85)

Utilisation factor for gains for living area, h1,m (see Table 9a)

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	
(86)m=	0.91	0.86	0.81	0.72	0.61	0.48	0.36	0.4	0.56	0.75	0.87	0.92	(86)

Mean internal temperature in living area T1 (follow steps 3 to 7 in Table 9c)

(87)m=	18.53	18.92	19.44	20.02	20.48	20.79	20.92	20.9	20.68	20.06	19.2	18.46	(87)
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Temperature during heating periods in rest of dwelling from Table 9, Th2 (°C)

(88)m=	19.66	19.67	19.67	19.68	19.69	19.7	19.7	19.7	19.69	19.69	19.68	19.67	(88)
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Utilisation factor for gains for rest of dwelling, h2,m (see Table 9a)

(89)m=	0.89	0.84	0.78	0.68	0.55	0.4	0.27	0.3	0.49	0.71	0.85	0.9	(89)
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Mean internal temperature in the rest of dwelling T2 (follow steps 3 to 7 in Table 9c)

(90)m=	17.49	17.87	18.36	18.91	19.32	19.58	19.67	19.66	19.5	18.97	18.16	17.43	(90)
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fLA = Living area ÷ (4) = 0.41 (91)

Mean internal temperature (for the whole dwelling) = fLA × T1 + (1 – fLA) × T2

(92)m=	17.92	18.3	18.8	19.36	19.8	20.08	20.18	20.17	19.98	19.42	18.59	17.85	(92)
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Apply adjustment to the mean internal temperature from Table 4e, where appropriate

(93)m=	17.92	18.3	18.8	19.36	19.8	20.08	20.18	20.17	19.98	19.42	18.59	17.85	(93)
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### 8. Space heating requirement

Set Ti to the mean internal temperature obtained at step 11 of Table 9b, so that Ti,m=(76)m and re-calculate the utilisation factor for gains using Table 9a

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
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Utilisation factor for gains, hm:

(94)m=	0.87	0.82	0.76	0.67	0.56	0.42	0.3	0.33	0.5	0.7	0.83	0.88	(94)
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Useful gains, hmGm , W = (94)m × (84)m

(95)m=	583.35	665.67	701.43	682.87	597.85	442.66	306.45	317.94	451.24	550.49	558.66	554.93	(95)
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Monthly average external temperature from Table 8

(96)m=	4.3	4.9	6.5	8.9	11.7	14.6	16.6	16.4	14.1	10.6	7.1	4.2	(96)
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Heat loss rate for mean internal temperature, Lm , W = [(93)m – (96)m]

(97)m=	1274.54	1250.67	1144.49	960.61	741.51	495.78	324.03	340.26	534.8	807.52	1057.11	1263.38	(97)
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Space heating requirement for each month, kWh/month = 0.024 × [(97)m – (95)m] × (41)m

(98)m=	514.24	393.12	329.64	199.97	106.89	0	0	0	0	191.23	358.88	527.08	
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Total per year (kWh/year) = Sum(98)<sub>1...5,9...12</sub> = 2621.05 (98)

Space heating requirement in kWh/m<sup>2</sup>/year 42.97 (99)

### 9a. Energy requirements – Individual heating systems including micro-CHP

#### Space heating:

Fraction of space heat from secondary/supplementary system 0 (201)

Fraction of space heat from main system(s) (202) = 1 – (201) = 1 (202)

Fraction of total heating from main system 1 (204) = (202) × [1 – (203)] = 1 (204)

Efficiency of main space heating system 1 88.8 (206)

Efficiency of secondary/supplementary heating system, % 0 (208)

## SAP WorkSheet: New dwelling design stage

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	kWh/year	
Space heating requirement (calculated above)													
514.24	393.12	329.64	199.97	106.89	0	0	0	0	191.23	358.88	527.08		
(211)m = $\{[(98)m \times (204)]\} \times 100 \div (206)$												(211)	
579.1	442.7	371.21	225.19	120.37	0	0	0	0	215.35	404.15	593.56		
Total (kWh/year) = Sum(211) <sub>1..5,10..12</sub> =											2951.63	(211)	
Space heating fuel (secondary), kWh/month													
= $\{[(98)m \times (201)]\} \times 100 \div (208)$													
(215)m =													
0	0	0	0	0	0	0	0	0	0	0	0		
Total (kWh/year) = Sum(215) <sub>1..5,10..12</sub> =											0	(215)	
<b>Water heating</b>													
Output from water heater (calculated above)													
179.58	156.87	163.21	144.76	140.15	123.44	118.26	131.84	133.29	151.78	162.02	175.36		
Efficiency of water heater												79.5	(216)
(217)m =													
86.19	85.93	85.49	84.64	83.27	79.5	79.5	79.5	79.5	84.43	85.68	86.28	(217)	
Fuel for water heating, kWh/month													
(219)m = (64)m x 100 ÷ (217)m													
(219)m =													
208.35	182.55	190.92	171.03	168.3	155.27	148.76	165.83	167.66	179.77	189.1	203.25		
Total = Sum(219a) <sub>1..12</sub> =											2130.78	(219)	
<b>Annual totals</b>													
											<b>kWh/year</b>	<b>kWh/year</b>	
Space heating fuel used, main system 1												2951.63	
Water heating fuel used												2130.78	
Electricity for pumps, fans and electric keep-hot													
central heating pump:										30	(230c)		
boiler with a fan-assisted flue										45	(230e)		
Total electricity for the above, kWh/year											sum of (230a)...(230g) =	75	(231)
Electricity for lighting												276.25	(232)
Electricity generated by PVs												-760.49	(233)
Total delivered energy for all uses (211)...(221) + (231) + (232)...(237b) =												4673.17	(338)

### 10a. Fuel costs - individual heating systems:

	Fuel kWh/year	Fuel Price (Table 12)	Fuel Cost £/year
Space heating - main system 1	(211) x	3.48	102.72 (240)
Space heating - main system 2	(213) x	0	0 (241)
Space heating - secondary	(215) x	13.19	0 (242)
Water heating cost (other fuel)	(219)	3.48	74.15 (247)
Pumps, fans and electric keep-hot	(231)	13.19	9.89 (249)
(if off-peak tariff, list each of (230a) to (230g) separately as applicable and apply fuel price according to Table 12a)			
Energy for lighting	(232)	13.19	36.44 (250)
Additional standing charges (Table 12)			120 (251)

## SAP WorkSheet: New dwelling design stage

one of (233) to (235) x

13.19	x 0.01 =	-100.31	(252)
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Appendix Q items: repeat lines (253) and (254) as needed

<b>Total energy cost</b>	(245)...(247) + (250)...(254) =	242.89	(255)
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### 11a. SAP rating - individual heating systems

Energy cost deflator (Table 12)		0.42	(256)
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Energy cost factor (ECF)	[(255) x (256)] ÷ [(4) + 45.0] =	0.96	(257)
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<b>SAP rating (Section 12)</b>		86.57	(258)
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### 12a. CO2 emissions – Individual heating systems including micro-CHP

	Energy kWh/year	Emission factor kg CO2/kWh	Emissions kg CO2/year
Space heating (main system 1)	(211) x	0.216	637.55 (261)
Space heating (secondary)	(215) x	0.519	0 (263)
Water heating	(219) x	0.216	460.25 (264)
Space and water heating	(261) + (262) + (263) + (264) =		1097.8 (265)
Electricity for pumps, fans and electric keep-hot	(231) x	0.519	38.93 (267)
Electricity for lighting	(232) x	0.519	143.37 (268)
Energy saving/generation technologies Item 1		0.519	-394.7 (269)
Total CO2, kg/year		sum of (265)...(271) =	885.41 (272)
<b>CO2 emissions per m²</b>		(272) ÷ (4) =	14.51 (273)
El rating (section 14)			89 (274)

### 13a. Primary Energy

	Energy kWh/year	Primary factor	P. Energy kWh/year
Space heating (main system 1)	(211) x	1.22	3600.99 (261)
Space heating (secondary)	(215) x	3.07	0 (263)
Energy for water heating	(219) x	1.22	2599.55 (264)
Space and water heating	(261) + (262) + (263) + (264) =		6200.55 (265)
Electricity for pumps, fans and electric keep-hot	(231) x	3.07	230.25 (267)
Electricity for lighting	(232) x	0	848.09 (268)
Energy saving/generation technologies Item 1		3.07	-2334.71 (269)
'Total Primary Energy		sum of (265)...(271) =	4944.18 (272)
<b>Primary energy kWh/m²/year</b>		(272) ÷ (4) =	81.05 (273)

# Regulations Compliance Report

Approved Document L1A, 2013 Edition, England assessed by Stroma FSAP 2012 program, Version: 1.0.5.59  
Printed on 24 January 2023 at 14:47:12

## Project Information:

**Assessed By:** Leighton Howe (STRO004042) **Building Type:** Flat

## Dwelling Details:

**NEW DWELLING DESIGN STAGE** Total Floor Area: 32m<sup>2</sup>  
**Site Reference :** AL-10 **Plot Reference:** Flat 4  
**Address :** Flat 4, Manor Court, 152 Abbey Road, LONDON, NW6 4ST

## Client Details:

**Name:**  
**Address :**

**This report covers items included within the SAP calculations.  
It is not a complete report of regulations compliance.**

## 1a TER and DER

Fuel for main heating system: Mains gas  
Fuel factor: 1.00 (mains gas)  
Target Carbon Dioxide Emission Rate (TER) 28.67 kg/m<sup>2</sup>  
Dwelling Carbon Dioxide Emission Rate (DER) 19.54 kg/m<sup>2</sup> **OK**

## 1b TFEE and DFEE

Target Fabric Energy Efficiency (TFEE) 74.5 kWh/m<sup>2</sup>  
Dwelling Fabric Energy Efficiency (DFEE) 69.8 kWh/m<sup>2</sup> **OK**

## 2 Fabric U-values

Element	Average	Highest	
External wall	0.18 (max. 0.30)	0.18 (max. 0.70)	<b>OK</b>
Party wall	0.00 (max. 0.20)	-	<b>OK</b>
Floor	(no floor)		
Roof	0.16 (max. 0.20)	0.16 (max. 0.35)	<b>OK</b>
Openings	1.40 (max. 2.00)	1.40 (max. 3.30)	<b>OK</b>

## 2a Thermal bridging

Thermal bridging calculated from linear thermal transmittances for each junction

## 3 Air permeability

Air permeability at 50 pascals 5.00 (design value)  
Maximum 10.0 **OK**

## 4 Heating efficiency

Main Heating system: Boiler systems with radiators or underfloor heating - mains gas  
Data from manufacturer  
Combi boiler  
Efficiency 88.0 % SEDBUK2009  
Minimum 88.0 % **OK**

Secondary heating system: None

## 5 Cylinder insulation

Hot water Storage: No cylinder **N/A**

# Regulations Compliance Report

## 6 Controls

Space heating controls	Programmer and at least two room thermostats	OK
Hot water controls:	No cylinder thermostat	
	No cylinder	
Boiler interlock:	Yes	OK

## 7 Low energy lights

Percentage of fixed lights with low-energy fittings	100.0%	
Minimum	75.0%	OK

## 8 Mechanical ventilation

Not applicable

## 9 Summertime temperature

Overheating risk (South East England):	Medium	OK
Based on:		
Overshading:	Average or unknown	
Windows facing: South	12.6m <sup>2</sup>	
Windows facing: West	7.14m <sup>2</sup>	
Ventilation rate:	6.00	
Blinds/curtains:	Dark-coloured curtain or roller blind Closed 100% of daylight hours	

## 10 Key features

Party Walls U-value	0 W/m <sup>2</sup> K
Photovoltaic array	



## SAP WorkSheet: New dwelling design stage

### User Details:

**Assessor Name:** Leighton Howe      **Stroma Number:** STRO004042  
**Software Name:** Stroma FSAP 2012      **Software Version:** Version: 1.0.5.59

### Property Address: Flat 4

**Address :** Flat 4, Manor Court, 152 Abbey Road, LONDON, NW6 4ST

### 1. Overall dwelling dimensions:

	Area(m <sup>2</sup> )	Av. Height(m)	Volume(m <sup>3</sup> )
Ground floor	32 (1a)	2.4 (2a)	76.8 (3a)
Total floor area TFA = (1a)+(1b)+(1c)+(1d)+(1e)+.....(1n)	32 (4)		
Dwelling volume			76.8 (5)

### 2. Ventilation rate:

	main heating	secondary heating	other	total	m <sup>3</sup> per hour
Number of chimneys	0	0	0	0	0 (6a)
Number of open flues	0	0	0	0	0 (6b)
Number of intermittent fans				2	20 (7a)
Number of passive vents				0	0 (7b)
Number of flueless gas fires				0	0 (7c)

### Air changes per hour

Infiltration due to chimneys, flues and fans = (6a)+(6b)+(7a)+(7b)+(7c) =	20	÷ (5) =	0.26 (8)
<i>If a pressurisation test has been carried out or is intended, proceed to (17), otherwise continue from (9) to (16)</i>			
Number of storeys in the dwelling (ns)			0 (9)
Additional infiltration		[(9)-1]x0.1 =	0 (10)
Structural infiltration: 0.25 for steel or timber frame or 0.35 for masonry construction <i>if both types of wall are present, use the value corresponding to the greater wall area (after deducting areas of openings); if equal user 0.35</i>			0 (11)
If suspended wooden floor, enter 0.2 (unsealed) or 0.1 (sealed), else enter 0			0 (12)
If no draught lobby, enter 0.05, else enter 0			0 (13)
Percentage of windows and doors draught stripped			0 (14)
Window infiltration	0.25 - [0.2 x (14) ÷ 100] =		0 (15)
Infiltration rate	(8) + (10) + (11) + (12) + (13) + (15) =		0 (16)
Air permeability value, q50, expressed in cubic metres per hour per square metre of envelope area			5 (17)
If based on air permeability value, then (18) = [(17) ÷ 20]+(8), otherwise (18) = (16)			0.51 (18)
<i>Air permeability value applies if a pressurisation test has been done or a degree air permeability is being used</i>			
Number of sides sheltered			1 (19)
Shelter factor	(20) = 1 - [0.075 x (19)] =		0.92 (20)
Infiltration rate incorporating shelter factor	(21) = (18) x (20) =		0.47 (21)

Infiltration rate modified for monthly wind speed

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
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Monthly average wind speed from Table 7

(22)m=	5.1	5	4.9	4.4	4.3	3.8	3.8	3.7	4	4.3	4.5	4.7
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Wind Factor (22a)m = (22)m ÷ 4

(22a)m=	1.27	1.25	1.23	1.1	1.08	0.95	0.95	0.92	1	1.08	1.12	1.18
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## SAP WorkSheet: New dwelling design stage

Adjusted infiltration rate (allowing for shelter and wind speed) = (21a) x (22a)m

0.6	0.59	0.58	0.52	0.51	0.45	0.45	0.44	0.47	0.51	0.53	0.55
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Calculate effective air change rate for the applicable case

If mechanical ventilation:

0 (23a)

If exhaust air heat pump using Appendix N, (23b) = (23a) x Fmv (equation (N5)) , otherwise (23b) = (23a)

0 (23b)

If balanced with heat recovery: efficiency in % allowing for in-use factor (from Table 4h) =

0 (23c)

a) If balanced mechanical ventilation with heat recovery (MVHR) (24a)m = (22b)m + (23b) x [1 - (23c) ÷ 100]

(24a)m= 0 0 0 0 0 0 0 0 0 0 0 0 (24a)

b) If balanced mechanical ventilation without heat recovery (MV) (24b)m = (22b)m + (23b)

(24b)m= 0 0 0 0 0 0 0 0 0 0 0 0 (24b)

c) If whole house extract ventilation or positive input ventilation from outside

if (22b)m < 0.5 x (23b), then (24c) = (23b); otherwise (24c) = (22b) m + 0.5 x (23b)

(24c)m= 0 0 0 0 0 0 0 0 0 0 0 0 (24c)

d) If natural ventilation or whole house positive input ventilation from loft

if (22b)m = 1, then (24d)m = (22b)m otherwise (24d)m = 0.5 + [(22b)m<sup>2</sup> x 0.5]

(24d)m= 0.68 0.67 0.67 0.63 0.63 0.6 0.6 0.6 0.61 0.63 0.64 0.65 (24d)

Effective air change rate - enter (24a) or (24b) or (24c) or (24d) in box (25)

(25)m= 0.68 0.67 0.67 0.63 0.63 0.6 0.6 0.6 0.61 0.63 0.64 0.65 (25)

### 3. Heat losses and heat loss parameter:

ELEMENT	Gross area (m <sup>2</sup> )	Openings m <sup>2</sup>	Net Area A ,m <sup>2</sup>	U-value W/m <sup>2</sup> K	A X U (W/K)	k-value kJ/m <sup>2</sup> -K	A X k kJ/K
Doors			1.89	1.4	2.646		(26)
Windows Type 1			12.6	$1/[1/(1.4)+0.04]$	16.7		(27)
Windows Type 2			7.14	$1/[1/(1.4)+0.04]$	9.47		(27)
Walls Type1	42	19.74	22.26	0.18	4.01		(29)
Walls Type2	12	1.89	10.11	0.18	1.86		(29)
Roof	32	0	32	0.16	5.12		(30)
Total area of elements, m <sup>2</sup>			86				(31)
Party wall			16	0	0		(32)
Internal wall **			71				(32c)
Internal floor			48				(32d)
Internal ceiling			44				(32e)

\* for windows and roof windows, use effective window U-value calculated using formula  $1/[1/(U\text{-value})+0.04]$  as given in paragraph 3.2

\*\* include the areas on both sides of internal walls and partitions

Fabric heat loss, W/K = S (A x U) (26)...(30) + (32) = 39.8 (33)

Heat capacity Cm = S(A x k) ((28)...(30) + (32) + (32a)...(32e) = 5358.33 (34)

Thermal mass parameter (TMP = Cm ÷ TFA) in kJ/m<sup>2</sup>K Indicative Value: Low 100 (35)

For design assessments where the details of the construction are not known precisely the indicative values of TMP in Table 1f can be used instead of a detailed calculation.

Thermal bridges : S (L x Y) calculated using Appendix K 6.88 (36)

if details of thermal bridging are not known (36) = 0.05 x (31)

Total fabric heat loss (33) + (36) = 46.68 (37)

## SAP WorkSheet: New dwelling design stage

Ventilation heat loss calculated monthly

$$(38)m = 0.33 \times (25)m \times (5)$$

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	
(38)m=	17.26	17.09	16.91	16.09	15.94	15.22	15.22	15.09	15.5	15.94	16.25	16.57	(38)

Heat transfer coefficient, W/K

$$(39)m = (37) + (38)m$$

(39)m=	63.94	63.77	63.59	62.77	62.62	61.9	61.9	61.77	62.18	62.62	62.93	63.25	
Average = Sum(39) <sub>1...12</sub> / 12 =												62.77	(39)

Heat loss parameter (HLP), W/m<sup>2</sup>K

$$(40)m = (39)m \div (4)$$

(40)m=	2	1.99	1.99	1.96	1.96	1.93	1.93	1.93	1.94	1.96	1.97	1.98	
Average = Sum(40) <sub>1...12</sub> / 12 =												1.96	(40)

Number of days in month (Table 1a)

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	
(41)m=	31	28	31	30	31	30	31	31	30	31	30	31	(41)

### 4. Water heating energy requirement:

kWh/year:

Assumed occupancy, N

1.21

(42)

if TFA > 13.9, N = 1 + 1.76 x [1 - exp(-0.000349 x (TFA - 13.9)<sup>2</sup>)] + 0.0013 x (TFA - 13.9)

if TFA ≤ 13.9, N = 1

Annual average hot water usage in litres per day Vd,average = (25 x N) + 36

63.02

(43)

Reduce the annual average hot water usage by 5% if the dwelling is designed to achieve a water use target of not more than 125 litres per person per day (all water use, hot and cold)

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	
--	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	--

Hot water usage in litres per day for each month Vd,m = factor from Table 1c x (43)

(44)m=	69.33	66.81	64.29	61.76	59.24	56.72	56.72	59.24	61.76	64.29	66.81	69.33	
Total = Sum(44) <sub>1...12</sub> =												756.3	(44)

Energy content of hot water used - calculated monthly = 4.190 x Vd,m x nm x DTm / 3600 kWh/month (see Tables 1b, 1c, 1d)

(45)m=	102.81	89.92	92.79	80.89	77.62	66.98	62.07	71.22	72.07	84	91.69	99.57	
Total = Sum(45) <sub>1...12</sub> =												991.63	(45)

If instantaneous water heating at point of use (no hot water storage), enter 0 in boxes (46) to (61)

(46)m=	15.42	13.49	13.92	12.13	11.64	10.05	9.31	10.68	10.81	12.6	13.75	14.93	(46)
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Water storage loss:

Storage volume (litres) including any solar or WWHRS storage within same vessel

0

(47)

If community heating and no tank in dwelling, enter 110 litres in (47)

Otherwise if no stored hot water (this includes instantaneous combi boilers) enter '0' in (47)

Water storage loss:

a) If manufacturer's declared loss factor is known (kWh/day):

0

(48)

Temperature factor from Table 2b

0

(49)

Energy lost from water storage, kWh/year

$$(48) \times (49) =$$

0

(50)

b) If manufacturer's declared cylinder loss factor is not known:

Hot water storage loss factor from Table 2 (kWh/litre/day)

0

(51)

If community heating see section 4.3

Volume factor from Table 2a

0

(52)

Temperature factor from Table 2b

0

(53)

Energy lost from water storage, kWh/year

$$(47) \times (51) \times (52) \times (53) =$$

0

(54)

Enter (50) or (54) in (55)

0

(55)

Water storage loss calculated for each month

$$((56)m = (55) \times (41)m$$

(56)m=	0	0	0	0	0	0	0	0	0	0	0	0	(56)
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## SAP WorkSheet: New dwelling design stage

If cylinder contains dedicated solar storage, (57)m = (56)m x [(50) - (H11)] ÷ (50), else (57)m = (56)m where (H11) is from Appendix H

(57)m=	0	0	0	0	0	0	0	0	0	0	0	0	(57)
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Primary circuit loss (annual) from Table 3												0	(58)
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Primary circuit loss calculated for each month (59)m = (58) ÷ 365 × (41)m

(modified by factor from Table H5 if there is solar water heating and a cylinder thermostat)

(59)m=	0	0	0	0	0	0	0	0	0	0	0	0	(59)
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Combi loss calculated for each month (61)m = (60) ÷ 365 × (41)m

(61)m=	35.33	30.75	32.76	30.46	30.19	27.97	28.91	30.19	30.46	32.76	32.95	35.33	(61)
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Total heat required for water heating calculated for each month (62)m = 0.85 × (45)m + (46)m + (57)m + (59)m + (61)m

(62)m=	138.14	120.67	125.55	111.35	107.81	94.95	90.97	101.41	102.53	116.75	124.63	134.9	(62)
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Solar DHW input calculated using Appendix G or Appendix H (negative quantity) (enter '0' if no solar contribution to water heating)

(add additional lines if FGHRs and/or WWHRs applies, see Appendix G)

(63)m=	0	0	0	0	0	0	0	0	0	0	0	0	(63)
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Output from water heater

(64)m=	138.14	120.67	125.55	111.35	107.81	94.95	90.97	101.41	102.53	116.75	124.63	134.9		
											Output from water heater (annual) <sup>1...12</sup>		1369.67	(64)

Heat gains from water heating, kWh/month 0.25 ´ [0.85 × (45)m + (61)m] + 0.8 × [(46)m + (57)m + (59)m]

(65)m=	43.02	37.59	39.04	34.51	33.36	29.26	27.86	31.23	31.58	36.12	38.72	41.94	(65)
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include (57)m in calculation of (65)m only if cylinder is in the dwelling or hot water is from community heating

### 5. Internal gains (see Table 5 and 5a):

Metabolic gains (Table 5), Watts

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	
(66)m=	72.82	72.82	72.82	72.82	72.82	72.82	72.82	72.82	72.82	72.82	72.82	72.82	(66)

Lighting gains (calculated in Appendix L, equation L9 or L9a), also see Table 5

(67)m=	22.75	20.2	16.43	12.44	9.3	7.85	8.48	11.03	14.8	18.79	21.93	23.38	(67)
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Appliances gains (calculated in Appendix L, equation L13 or L13a), also see Table 5

(68)m=	152.33	153.91	149.92	141.44	130.74	120.68	113.96	112.38	116.36	124.84	135.54	145.61	(68)
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Cooking gains (calculated in Appendix L, equation L15 or L15a), also see Table 5

(69)m=	43.5	43.5	43.5	43.5	43.5	43.5	43.5	43.5	43.5	43.5	43.5	43.5	(69)
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Pumps and fans gains (Table 5a)

(70)m=	3	3	3	3	3	3	3	3	3	3	3	3	(70)
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Losses e.g. evaporation (negative values) (Table 5)

(71)m=	-48.55	-48.55	-48.55	-48.55	-48.55	-48.55	-48.55	-48.55	-48.55	-48.55	-48.55	-48.55	(71)
--------	--------	--------	--------	--------	--------	--------	--------	--------	--------	--------	--------	--------	------

Water heating gains (Table 5)

(72)m=	57.82	55.93	52.48	47.93	44.83	40.64	37.45	41.97	43.86	48.55	53.78	56.37	(72)
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**Total internal gains =** (66)m + (67)m + (68)m + (69)m + (70)m + (71)m + (72)m

(73)m=	303.66	300.81	289.6	272.59	255.64	239.94	230.66	236.15	245.79	262.95	282.03	296.12	(73)
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### 6. Solar gains:

Solar gains are calculated using solar flux from Table 6a and associated equations to convert to the applicable orientation.

Orientation:	Access Factor Table 6d	Area m <sup>2</sup>	Flux Table 6a	g_ Table 6b	FF Table 6c	Gains (W)
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South	0.9x	0.77	x	12.6	x	46.75	x	0.57	x	0.7	=	162.88	(78)
South	0.9x	0.77	x	12.6	x	76.57	x	0.57	x	0.7	=	266.76	(78)
South	0.9x	0.77	x	12.6	x	97.53	x	0.57	x	0.7	=	339.81	(78)
South	0.9x	0.77	x	12.6	x	110.23	x	0.57	x	0.7	=	384.06	(78)
South	0.9x	0.77	x	12.6	x	114.87	x	0.57	x	0.7	=	400.21	(78)
South	0.9x	0.77	x	12.6	x	110.55	x	0.57	x	0.7	=	385.15	(78)
South	0.9x	0.77	x	12.6	x	108.01	x	0.57	x	0.7	=	376.31	(78)
South	0.9x	0.77	x	12.6	x	104.89	x	0.57	x	0.7	=	365.45	(78)
South	0.9x	0.77	x	12.6	x	101.89	x	0.57	x	0.7	=	354.97	(78)
South	0.9x	0.77	x	12.6	x	82.59	x	0.57	x	0.7	=	287.73	(78)
South	0.9x	0.77	x	12.6	x	55.42	x	0.57	x	0.7	=	193.07	(78)
South	0.9x	0.77	x	12.6	x	40.4	x	0.57	x	0.7	=	140.75	(78)
West	0.9x	0.77	x	7.14	x	19.64	x	0.57	x	0.7	=	38.77	(80)
West	0.9x	0.77	x	7.14	x	38.42	x	0.57	x	0.7	=	75.85	(80)
West	0.9x	0.77	x	7.14	x	63.27	x	0.57	x	0.7	=	124.92	(80)
West	0.9x	0.77	x	7.14	x	92.28	x	0.57	x	0.7	=	182.18	(80)
West	0.9x	0.77	x	7.14	x	113.09	x	0.57	x	0.7	=	223.27	(80)
West	0.9x	0.77	x	7.14	x	115.77	x	0.57	x	0.7	=	228.56	(80)
West	0.9x	0.77	x	7.14	x	110.22	x	0.57	x	0.7	=	217.6	(80)
West	0.9x	0.77	x	7.14	x	94.68	x	0.57	x	0.7	=	186.91	(80)
West	0.9x	0.77	x	7.14	x	73.59	x	0.57	x	0.7	=	145.28	(80)
West	0.9x	0.77	x	7.14	x	45.59	x	0.57	x	0.7	=	90	(80)
West	0.9x	0.77	x	7.14	x	24.49	x	0.57	x	0.7	=	48.35	(80)
West	0.9x	0.77	x	7.14	x	16.15	x	0.57	x	0.7	=	31.89	(80)

Solar gains in watts, calculated for each month

(83)m = Sum(74)m ... (82)m

(83)m=	201.66	342.61	464.72	566.24	623.48	613.71	593.91	552.37	500.25	377.73	241.42	172.63	(83)
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Total gains – internal and solar (84)m = (73)m + (83)m , watts

(84)m=	505.32	643.42	754.32	838.83	879.13	853.65	824.57	788.51	746.04	640.68	523.45	468.76	(84)
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### 7. Mean internal temperature (heating season)

Temperature during heating periods in the living area from Table 9, Th1 (°C)

21 (85)

Utilisation factor for gains for living area, h1,m (see Table 9a)

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	
(86)m=	0.86	0.8	0.72	0.63	0.52	0.4	0.3	0.33	0.47	0.67	0.81	0.87	(86)

Mean internal temperature in living area T1 (follow steps 3 to 7 in Table 9c)

(87)m=	18.27	18.78	19.37	19.98	20.45	20.77	20.9	20.89	20.66	20.02	19.04	18.17	(87)
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Temperature during heating periods in rest of dwelling from Table 9, Th2 (°C)

(88)m=	19.33	19.34	19.34	19.36	19.36	19.38	19.38	19.38	19.37	19.36	19.36	19.35	(88)
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Utilisation factor for gains for rest of dwelling, h2,m (see Table 9a)

(89)m=	0.84	0.77	0.68	0.58	0.45	0.32	0.2	0.22	0.39	0.61	0.78	0.85	(89)
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Mean internal temperature in the rest of dwelling T2 (follow steps 3 to 7 in Table 9c)

## SAP WorkSheet: New dwelling design stage

(90)m=	17.02	17.5	18.05	18.61	19.01	19.27	19.35	19.34	19.19	18.67	17.77	16.93	(90)
	$fLA = \text{Living area} \div (4) =$											(91)	
	0.78											(91)	

Mean internal temperature (for the whole dwelling) =  $fLA \times T1 + (1 - fLA) \times T2$

(92)m=	18	18.5	19.08	19.68	20.14	20.44	20.56	20.55	20.34	19.73	18.77	17.9	(92)
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Apply adjustment to the mean internal temperature from Table 4e, where appropriate

(93)m=	18	18.5	19.08	19.68	20.14	20.44	20.56	20.55	20.34	19.73	18.77	17.9	(93)
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### 8. Space heating requirement

Set  $T_i$  to the mean internal temperature obtained at step 11 of Table 9b, so that  $T_{i,m}=(76)m$  and re-calculate the utilisation factor for gains using Table 9a

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
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Utilisation factor for gains,  $hm$ :

(94)m=	0.82	0.75	0.68	0.59	0.49	0.37	0.28	0.3	0.44	0.62	0.76	0.83	(94)
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Useful gains,  $hmG_m$ ,  $W = (94)m \times (84)m$

(95)m=	412.74	483.32	511.55	492.96	427.64	319.43	228.88	236.45	327.34	398.66	399.85	390.42	(95)
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Monthly average external temperature from Table 8

(96)m=	4.3	4.9	6.5	8.9	11.7	14.6	16.6	16.4	14.1	10.6	7.1	4.2	(96)
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Heat loss rate for mean internal temperature,  $L_m$ ,  $W = [(39)m \times [(93)m - (96)m]]$

(97)m=	876.04	867.46	800.15	676.91	528.37	361.53	245.42	256.29	388.15	571.48	734.06	866.7	(97)
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Space heating requirement for each month,  $kWh/month = 0.024 \times [(97)m - (95)m] \times (41)m$

(98)m=	344.69	258.14	214.71	132.44	74.95	0	0	0	0	128.58	240.63	354.35	(98)
	$\text{Total per year (kWh/year)} = \text{Sum}(98)_{1..5,9..12} =$											(98)	
	1748.49											(98)	

Space heating requirement in  $kWh/m^2/year$

(99)	54.64	(99)
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### 9a. Energy requirements – Individual heating systems including micro-CHP

#### Space heating:

Fraction of space heat from secondary/supplementary system 0 (201)

Fraction of space heat from main system(s)  $(202) = 1 - (201) =$  1 (202)

Fraction of total heating from main system 1  $(204) = (202) \times [1 - (203)] =$  1 (204)

Efficiency of main space heating system 1 88.8 (206)

Efficiency of secondary/supplementary heating system, % 0 (208)

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	kWh/year
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Space heating requirement (calculated above)

344.69	258.14	214.71	132.44	74.95	0	0	0	0	128.58	240.63	354.35
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(211)m =  $\{[(98)m \times (204)]\} \times 100 \div (206)$  (211)

388.16	290.7	241.79	149.14	84.4	0	0	0	0	144.79	270.98	399.04
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$\text{Total (kWh/year)} = \text{Sum}(211)_{1..5,10..12} =$  1969.02 (211)

Space heating fuel (secondary),  $kWh/month$

$= \{[(98)m \times (201)]\} \times 100 \div (208)$

(215)m=	0	0	0	0	0	0	0	0	0	0	0	0	(215)
	$\text{Total (kWh/year)} = \text{Sum}(215)_{1..5,10..12} =$											(215)	
	0											(215)	

#### Water heating

Output from water heater (calculated above)

138.14	120.67	125.55	111.35	107.81	94.95	90.97	101.41	102.53	116.75	124.63	134.9
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Efficiency of water heater 79.5 (216)

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(217)m=	85.92	85.61	85.13	84.3	83.07	79.5	79.5	79.5	79.5	84.12	85.39	86.03	(217)
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Fuel for water heating, kWh/month

(219)m = (64)m x 100 ÷ (217)m

(219)m=	160.77	140.95	147.48	132.1	129.79	119.44	114.43	127.56	128.97	138.8	145.95	156.81		
	Total = Sum(219a) <sub>1..12</sub> =												1643.06	(219)

### Annual totals

	kWh/year	kWh/year
Space heating fuel used, main system 1		1969.02
Water heating fuel used		1643.06
Electricity for pumps, fans and electric keep-hot		
central heating pump:	30	(230c)
boiler with a fan-assisted flue	45	(230e)
Total electricity for the above, kWh/year	sum of (230a)...(230g) =	75
Electricity for lighting		160.68
Electricity generated by PVs		-608.39
Total delivered energy for all uses (211)...(221) + (231) + (232)...(237b) =		3239.37

### 10a. Fuel costs - individual heating systems:

	Fuel kWh/year	Fuel Price (Table 12)	Fuel Cost £/year
Space heating - main system 1	(211) x	3.48	68.52 (240)
Space heating - main system 2	(213) x	0	0 (241)
Space heating - secondary	(215) x	13.19	0 (242)
Water heating cost (other fuel)	(219)	3.48	57.18 (247)
Pumps, fans and electric keep-hot	(231)	13.19	9.89 (249)
(if off-peak tariff, list each of (230a) to (230g) separately as applicable and apply fuel price according to Table 12a)			
Energy for lighting	(232)	13.19	21.19 (250)
Additional standing charges (Table 12)			120 (251)
	one of (233) to (235) x	13.19	-80.25 (252)
Appendix Q items: repeat lines (253) and (254) as needed			
<b>Total energy cost</b>	(245)...(247) + (250)...(254) =		196.54 (255)

### 11a. SAP rating - individual heating systems

Energy cost deflator (Table 12)		0.42	(256)
Energy cost factor (ECF)	[(255) x (256)] ÷ [(4) + 45.0] =	1.07	(257)
<b>SAP rating (Section 12)</b>		85.05	(258)

### 12a. CO2 emissions – Individual heating systems including micro-CHP

	Energy kWh/year	Emission factor kg CO2/kWh	Emissions kg CO2/year
Space heating (main system 1)	(211) x	0.216	425.31 (261)

## SAP WorkSheet: New dwelling design stage

Space heating (secondary)	(215) x	0.519	=	0	(263)
Water heating	(219) x	0.216	=	354.9	(264)
Space and water heating	(261) + (262) + (263) + (264) =			780.21	(265)
Electricity for pumps, fans and electric keep-hot	(231) x	0.519	=	38.93	(267)
Electricity for lighting	(232) x	0.519	=	83.4	(268)
Energy saving/generation technologies Item 1		0.519	=	-315.76	(269)
Total CO2, kg/year			sum of (265)...(271) =	586.77	(272)
<b>CO2 emissions per m<sup>2</sup></b>			(272) ÷ (4) =	18.34	(273)
El rating (section 14)				90	(274)

### 13a. Primary Energy

	Energy kWh/year	Primary factor		P. Energy kWh/year	
Space heating (main system 1)	(211) x	1.22	=	2402.2	(261)
Space heating (secondary)	(215) x	3.07	=	0	(263)
Energy for water heating	(219) x	1.22	=	2004.53	(264)
Space and water heating	(261) + (262) + (263) + (264) =			4406.73	(265)
Electricity for pumps, fans and electric keep-hot	(231) x	3.07	=	230.25	(267)
Electricity for lighting	(232) x	0	=	493.3	(268)
Energy saving/generation technologies Item 1		3.07	=	-1867.77	(269)
'Total Primary Energy			sum of (265)...(271) =	3262.51	(272)
<b>Primary energy kWh/m<sup>2</sup>/year</b>			(272) ÷ (4) =	101.95	(273)